

Are you ready to dive into a world of words and images that can change your perspective in an instant? Imagine this: you're sitting in a cozy corner of your favorite cafe, sipping on a hot latte, when you stumble upon a story that transports you to a remote village high in the Himalayas. The tale of a young girl who defied all odds to bring clean water to her community, inspiring you to think, "What can I do to make a difference?"

Fresher's Party

October 20, 2023, was a day etched in the memory of our newest campus dwellers – the bright-eyed, enthusiastic first-year students.

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THE CHIEF EDITOR

Faith Mbuvi Syombua



Today, I am thrilled to present our latest magazine, the product of boundless creativity and dedication from our remarkable team - The Editorial Board and the entire 10th UESO Student Council. We've come together to create a publication that not only informs and entertains but also challenges you to take action.

Get ready to embark on an adventure like no other – it's a journey through words and stories that will ignite your imagination. With excitement, we present to you our very first edition since taking office. This newsletter is a treasure trove of fresh news, eye-opening insights, and captivating stories from our incredible team of writers and contributors. You'll find an array of articles that cover a wide spectrum of topics – from mind-bending opinion pieces to informative features that will leave you hungry for more knowledge.

The changes we're showcasing here are nothing short of inspiring. These pages will introduce you to visionaries who dared to dream and made it happen. They'll push you to think differently and maybe even inspire you to take action in your own life.

So, dive in and join us on this remarkable journey through the power of words. It all starts with a simple click, and the adventure is yours to explore.



Tracy Kweyu
Editorial Board Member



Titus Wekesa
Editorial Board Member



Special Member In-Charge of Postgraduates and International Students, UESO and Editorial Board Member



James Maatany
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Paul Matsiko
Secretary General, UESO and Editorial Board Member

It doesn't matter how you graduated, only that you did!

Congratulations to the Class of 2023

Congratulations to the bright and talented students of the Class of 2023 on reaching this momentous milestone in your academic journey. Graduating from the campus is a tremendous achievement that reflects your unwavering dedication, hard work, and a thirst for knowledge. As you step out into the world with your well-earned degrees, you carry with you not only a wealth of academic wisdom but also the spirit of resilience that comes from navigating the challenges of higher education.

Your time at the University of Eldoret has been a transformative period of personal and intellectual growth. You've had the opportunity to learn from esteemed educators, engage in thought-provoking discussions, and collaborate with your peers to address real-world issues. You've demonstrated your ability to adapt to new challenges, overcome obstacles, and persevere in the pursuit of your dreams.



Your graduation is not just a celebration of your individual achievements; it's a testament to the power of education in shaping the future. Each of you is now equipped to make a meaningful impact on the world, whether it's in your chosen field, your community, or beyond. Your potential is boundless, and your contributions will be invaluable.

As you move forward into this exciting new chapter of your lives, remember that your education is a gift that keeps on giving. It's a foundation upon which you can build a future filled with purpose and passion. Take the knowledge and skills you've acquired and use them to create positive change, to inspire, and to lead. Keep exploring, keep learning, and keep pushing the boundaries of what you can achieve.

The University of Eldoret community is immensely proud of your accomplishments, and we have no doubt that you will continue to make us proud in all your future endeavors. Congratulations once again, and may your journey ahead be filled with success, fulfillment, and boundless opportunities.



Its my pleasure to welcome you to The University of Eldoret. We are committed to providing you with quality programs, activities, and services that will enhance and enrich your academic experience.

Prof. Thomas Kimeli Cheruiyot
Vice-Chancellor

THE TENTH STUDENT COUNCIL

Buckle up, because it's time to uncover a story that's not just about elections; it's about the power of change and unity. Picture this: a group of students, each with unique dreams and aspirations decide to participate in the elections; that wasn't just about casting votes but shaping the future.

The elections of The 10th Students' Council were concluded on 1st April 2023. The journey began over a month earlier when the Vice-Chancellor appointed the Returning Officer (RO) and her Deputies on February 24th, 2023. The RO and the Dean of Students joined forces, carefully selecting 16 dedicated members for the Students' Electoral Commission (SEC).

It was like assembling a squad of champions, all with one goal in mind - to make a difference. But what makes this tale truly captivating is the way they executed a seamless online election. It was like a symphony of teamwork, final year students, the RO, and the Dean of Students coming together to ensure a fair and transparent process.

And it's not just about an election; it's about the power of collective action to bring about change. So, as you flip through these pages, think about the impact a group of determined students can have. Imagine what you could achieve when you unite with others to make the world a better place. Your journey towards change can begin right here, right now.



FIRST YEARS REPORTING

Get ready to step into a world of new beginnings and boundless possibilities! In the heart of the University of Eldoret, the stage was set for a grand welcoming – the arrival of the bright-eyed and eager first-year students of the 2023/2024 cohort. Like clockwork, they streamed in on the 11th and 12th of September 2023, each with dreams as vast as the African savannah.

The air was electric with excitement as these fresh faces were officially welcomed into the university family. From the School of Science to the School of Arts, every student found their home, meticulously registering for the exciting academic journey that awaited them.



But what's a new beginning without a guiding hand? The week that followed was like a treasure trove of knowledge, as orientation sessions unfolded from the 13th to the 16th of September 2023. Here, students learned the ropes, discovered the secrets of the campus, and built connections that would last a lifetime.

And finally, like the crescendo of a symphony, the orientation process reached its peak on the 22nd of September 2023. It was a day when the Vice-Chancellor himself took center stage, addressing the newest additions to the university with wisdom, inspiration, and the promise of an unforgettable journey ahead.

The University of Eldoret had not just welcomed students; it had embraced them into a vibrant tapestry of knowledge, growth, and camaraderie. It was a moment that marked the beginning of an incredible adventure, and the start of friendships and memories that would be cherished for years to come.

In his keynote address, the Vice-Chancellor Prof. Thomas Cheruiyot focused on the theme 'Education for all as a driver for sustainable development.' Prof. Cheruiyot started by congratulating the first-year students for having secured admission into our esteemed University, a Premier University that nurtures global leaders and innovators. He went ahead and thanked them for selecting the University of Eldoret where they have joined to fan the Flame of our Motto, 'The Flame of Knowledge and Innovation'.

He inspired the students by quoting the words of Ralph Ellison (a writer, literary and scholar) who once said that 'Education is all a matter of building bridges'. He added that the University of Eldoret is a national University having all the faces and communities of Kenya and that the students will interact with people from all walks of life, encouraging the students to use the diversity to enhance sustainable development within their surroundings.

Lastly, Prof. Cheruiyot advised the students to find suitable mentors and role models who will shape them for the better during their stay at the University. He concluded by wishing the students every success and the most fulfilling life experience at this great University.

The International Microorganisms' Day Marked at University of Eldoret on 18th September 2023

where the Department of Biological Sciences joined hands with the American Society for Microbiology (ASM) to craft an unforgettable experience. It all happened on the lush University Grounds on a sunny September 18th, 2023, a day etched in the minds of all who attended.

This was no ordinary day. It was International Microorganisms Day, a celebration of the tiniest heroes in our world, the unsung champions of human welfare. Under the banner of 'Marveling at the Wonders of the Microscopic World,' the event promised a journey into the minuscule realms that shape our lives in remarkable ways.

The objectives were as ambitious as they were inspiring: to ignite awareness about the pivotal role of microbes and microbiology in our daily lives, to showcase the Microbiology course to eager high school students, to foster connections with scientific organizations from across the globe, and to transform learning into a fun adventure for students and all participants.



But beyond that, it was a day of motivation and inspiration, a call to action for the Microbiology students at the University of Eldoret. The message was clear: the world of microbes is teeming with awe-inspiring possibilities, waiting to be explored and harnessed for the greater good.

And so, on that sunny September day, science and wonder danced hand in hand, leaving everyone in attendance with a newfound appreciation for the tiny yet mighty microorganisms that shape our world.



Agribusiness Trade Fair



It was a vibrant and sunlit affair in the 16th Agribusiness Trade Fair, hosted with enthusiasm and zeal by the University at the Pavilion Grounds. Picture this: from Thursday, the 14th, through Friday, the 15th, and right into Saturday, the 16th of September 2023, the grounds buzzed with activity, starting at the bright and early hour of 8.00 a.m. each day.

The theme for this year was nothing short of inspiring: "Promoting Climate Smart Agri-preneurship and Value Addition to Spur Industrialization for Sustainable Development." It was a rallying cry for innovation and sustainability in agriculture.

The ceremony opened by the Trade Cabinet Secretary, Hon. Moses Kuria, as the Chief Guest. With a backdrop of fields and ambition, he underscored the pivotal role of agriculture in the nation, where it not only provides livelihoods to a significant portion of the population but also directly contributes 25% to the National GDP and another 27% indirectly.

The Vice-Chancellor, Prof. Thomas Cheruiyot, welcomed a diverse array of stakeholders to this trailblazing event. He emphasized that even in the face of global challenges like financial turmoil, unemployment, and social tension, there's no room for excuses when it comes to addressing climate change. This fair was a beacon of hope, reminding all that adaptation and progress are not mere aspirations but tangible goals.

But what truly made the event come to life were the thousands of farmers from the North Rift region who flocked in during the three vibrant days of the University of Eldoret Agribusiness Trade Fair. Their energy, passion, and dedication were a testament to the enduring spirit of agriculture and the endless possibilities it holds. It was an event that left everyone touched by the vitality of the agricultural world and the importance of embracing sustainable practices for a brighter tomorrow.





DRAMA CLUB

The University of Eldoret Drama Club made a remarkable impact at the Regional Drama Festivals hosted at Bomet University College from October 13th to 15th, 2023. Their outstanding performances resulted in a glorious sweep of several categories: they secured the top positions in Historical Play (with "Mnyazi"), English Play ("Operation Tandaza"), Kiswahili Play ("Sakata Ya Matata"), Narrative ("Wangiangari"), One-Person Play ("Twisted"), and an electrifying Mash-Up titled "Domestic Violence." Additionally, they proudly claimed the second spot in Choral Verse ("Zilizala"), Street Dance ("Dare Dream"), Comedy ("Mpaka Usiku"), Spoken Word ("Matrix za Maisha"), Solo Verse ("Terms and Conditions"), and Praise Poetry ("Huyu ni Jommo").

Their remarkable achievement didn't end there. Buoyed by their success, the Drama Club continued to the National KUPAA Drama Festival, held at Dedan Kimathi University of Technology from November 3rd to 10th, 2023. At the national level, they showcased their talents in Beauty Pageantry and Fine Art, further solidifying their reputation as a force to be reckoned with in the world of drama and the arts.



University Participates in The 8th Devolution Conference

At the Devolution Conference, the University of Eldoret was one of the 500+ exhibitors. Dr. Wambui Ng'ang'a, the Corporate Affairs and Marketing Manager, and Dr. Georgine Kemboi, the Town Campus Deputy Director of Administration and Marketing, led the exhibition team. They promoted the university by presenting our academic programs and discussing the upcoming 2023 Agribusiness Trade Fair with the attendees and fellow exhibitors. Additionally, they handled inquiries and provided information about ongoing Inter-University Transfers. The exhibition featured the Eldo-Baraka wheat variety, known for its resistance to wheat rust, and value-added Beetroot Powder. The University Stand garnered significant interest from numerous delegates and exhibitors who were eager to learn about the institution. This event served as an excellent opportunity for networking and establishing potential future connections.





University Held The Kenya-UK-LMIC Partnership Networking Workshop to Address The Global Challenge of Antimicrobial Resistance

In a remarkable event, the University of Eldoret, in collaboration with the Directorate of Research and Innovation and the Department of Biological Sciences, hosted a two-day Workshop from October 30th to 31st, 2023, right within the cozy Forestry Building. The stage was set for an exciting research gathering as the workshop was orchestrated by the Kenya-UK-LMIC Networking and Collaborative Research Partnership. Their mission? To harness the power of fish microbial genomics, enhancing food safety while curbing the spread of antibiotic resistance across the entire food supply chain.



The curtains were raised by the distinguished presence of Deputy Vice-Chancellor (PRE), Prof. Phillip Raburu, standing in for the Vice-Chancellor. The workshop was a harmonious blend of knowledge and innovation, setting the pace for a promising future.



Alumni Corner



Esther Kimani, UoE Graduate

University of Eldoret Alumna, Esther Kimani, secures a substantial grant for groundbreaking innovations that promise to bring about life-changing advancements.

Ms. Esther Kimani, a trailblazer in her own right, has clinched the prestigious Waislitz Global Citizen Disruptor Award. As the CEO of Farmer Line Technologies, she pioneers the use of solar-powered, AI-driven devices for crop pest and disease detection, all with a noble vision: to alleviate hunger among over a million smallholder farmers. Her journey is a deeply personal one, sparked by her childhood experiences of grappling with farm losses due to pests and diseases in the breathtaking Aberdare mountains. Today, her groundbreaking technology has made a profound impact on the lives of over 60,000 Kenyan farmers.

In recognition of her remarkable achievements, Esther Kimani was bestowed with a generous cash prize of \$75,000 (equivalent to approximately Sh10.7 million). This invaluable support will empower her company to reach out to over 200,000 farmers and embark on an expansion journey that extends to other African nations, including Namibia, Uganda, Nigeria, and Rwanda. It's noteworthy that Esther Kimani once graced the halls of the University of Eldoret, pursuing her BSc. in Computer Science. Her journey is a testament to the power of innovation and dedication in transforming lives and communities.



University Hosted a Public Lecture on The Question of Intelligent Design

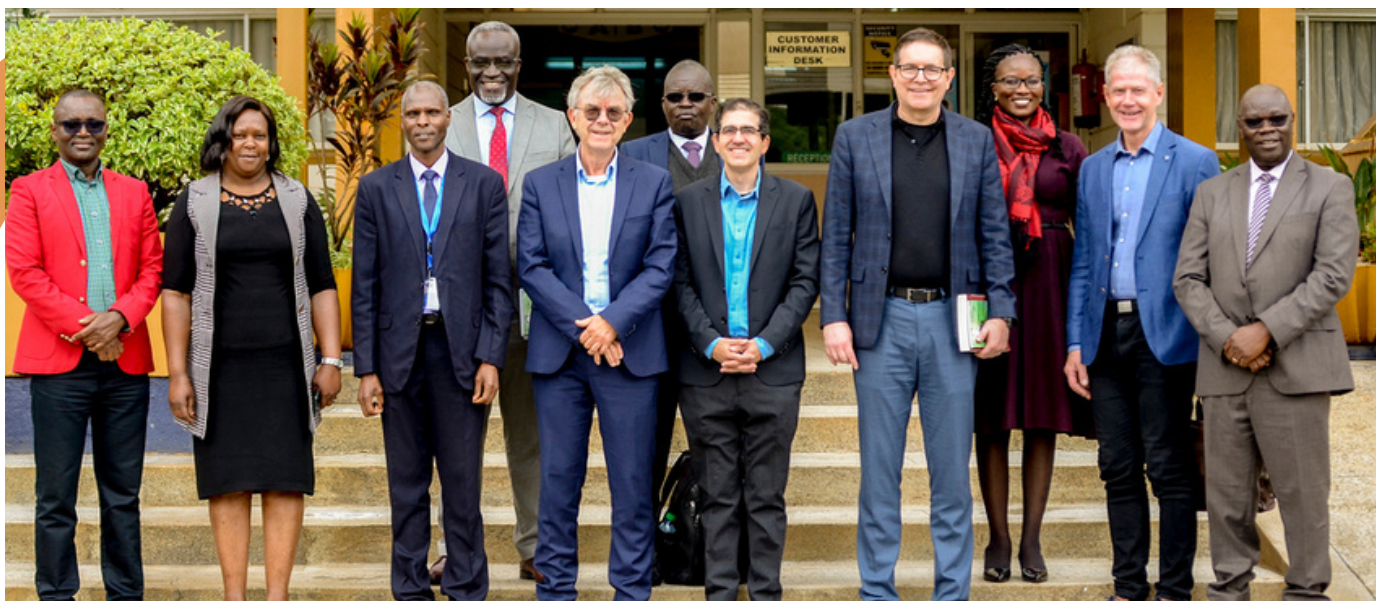
Step into the world of intellectual exploration where questions ignite the spark of knowledge. On a memorable day, the University came alive with a captivating event. The Directorate of Research and Innovation, in collaboration with the School of Arts and Human Development, Department of Humanities, hosted a public lecture that left minds buzzing with curiosity.

On the 11th of September, 2023, the Kerio Hall was the stage for a thought-provoking journey. The theme, 'The Question of Intelligent Design: We Follow the Evidence Where it Leads,' was like a beacon guiding seekers of knowledge. It was a day where skepticism met open-minded inquiry, and everyone was encouraged to follow the trail of evidence, wherever it might lead.

Among the audience were distinguished guests that included the University Management Board members, led by the Vice-Chancellor, Prof. Thomas K. Cheruiyot.

They were joined by luminaries like Mr. Dag Kr. Norli, Chair/CEO BioCosmos Africa, and Dr. Richard Ochieng, Chair BioCosmos Kenya, as well as the esteemed Reuben Kigame HSC. Over 500 eager minds gathered to soak in the wisdom of two brilliant scholars, Dr. Casey Luskin and Dr. Brian Miller, representing the Discovery Institute.

As the public lecture drew to a close, it left a lasting impact. It wasn't just about questions; it was about the pursuit of knowledge. The event was a celebration of intellectual curiosity, and to crown the day, certificates were awarded to the 22 students who formed the 1st Cohort of CID BioCosmos Kenya. It was a nod to the future, where questions continue to drive us forward, unearthing new horizons of understanding.



University Held Its 5th Annual Innovation Week And Public Lecture



Picture a university where innovation flourishes like a lush garden, cultivating the next generation of global leaders and innovators. The University of Eldoret, driven by this grand vision, recently concluded its 5th Annual Innovation Week and Public Lecture. From November 1 to 3, this academic institution transformed into a hotbed of creativity, exploring the theme 'Innovating for a Greener and Sustainable Future.'

The message was clear: the environment demands our attention, and innovation is our answer. During this week-long extravaganza, students, staff, and partner organizations showcased their groundbreaking innovations. Imagine the energy as five student teams presented their visionary solutions for 'Sustainable Solid Waste Management in Kenyan Urban Centers.'

The Deputy Vice-Chancellor, Professor Wilson Ng'etich, set the stage on fire, officially opening the Innovation Week on November 2, 2023. This was no ordinary gathering; it was a powerhouse of minds and ideas. A riveting panel discussion explored the vital concept of 'Leveraging on Partnerships for Green and Sustainable Innovations.' In attendance were former and current student innovators, incubators, industry titans, partners, financial institutions, and even farmers, collectively crafting the roadmap to a sustainable future. Representatives from esteemed universities like Moi University and Turkana University added their voices to the chorus of innovation. Notably, the National Bank of Kenya emerged as the primary sponsor, fueling this extraordinary event.

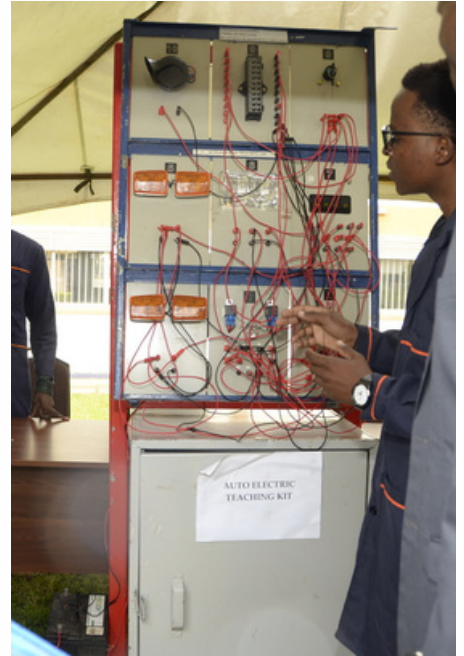
On the concluding day, November 3, 2023, the Innovation Week reached its zenith with a thought-provoking Public Lecture. Professor Tom Migun Ogada, the Board Chairman of the Kenya National Innovation Agency, took center stage. His topic? The 'Opportunities and Challenges for Intellectual Property Commercialization for Universities.' It was a revelation into the world of intellectual property and its role in fueling innovation.

A momentous closing ceremony saw the brightest innovations and winners of the Innovation Challenge acknowledged and celebrated. The week was nothing short of a spectacle, featuring over 40 ingenious innovations that dazzled the eyes of more than 500 attendees. The participants hailed from diverse institutions, including the Eldoret National Polytechnic, Egerton University, and various public and private organizations.

The Annual Innovation Weeks at the University of Eldoret serve as a vibrant testament to our unwavering commitment to nurturing creativity and fostering in-depth dialogues. Our mission is simple: to inspire, create, and promote ideas that not only uplift our nation but also resonate on a global scale. Let's innovate for a greener, more sustainable future, hand in hand.



Gallery: 5th Annual Innovation Week





Gallery: 5th Annual Innovation Week





Gallery: 5th Annual Innovation Week



University of Eldoret
OFFICE OF THE DEPUTY VICE-CHANCELLOR (PRE)
DIRECTORATE OF RESEARCH AND INNOVATION
THE 5th INNOVATION WEEK 1st - 3rd November 2023
Theme: 'Innovating for Greener and Sustainable Future'



8th International Interdisciplinary Conference

The University of Eldoret recently hosted its 8th International Interdisciplinary Conference, centering discussions around the theme "Sustaining Human Development in an Emerging Digital Era" on 9th-10th November 2023. This conference provided a platform for scholars, researchers, and professionals from diverse fields to engage in a meaningful exchange of ideas and insights.

The choice of theme reflects the university's commitment to exploring and addressing the multifaceted challenges and opportunities presented by the rapidly evolving digital landscape. The event served as a crucible for interdisciplinary collaboration, fostering discussions on innovative approaches and strategies to ensure the sustainable development of human societies in this dynamic era of digital transformation.

Through this conference, the University of Eldoret continues to be a driving force in promoting knowledge exchange and contributing to the global discourse on navigating the complexities of our ever-evolving digital world.

University of Eldoret Nandi County Student Association



It was a day of excitement, camaraderie, and the promise of new beginnings. On the 1st of October 2023, the Nandi County University of Eldoret Student Association donned their best smiles and finest attire for an event that was nothing short of spectacular. It was the Leadership Swearing In and Handover Party, a day that marked the transition to the 3rd Regime.

Amidst the sea of eager faces, notable figures like their esteemed 1st Patron, Dr. Chepkosgei Seraphine, graced the event. The atmosphere was filled with a sense of unity and anticipation as former student leaders like Kiplimo Araap Lagat, Nicholas K Kibbet, and Eli Koech, among other luminaries, gathered to embrace the new chapter.



Fresher's Party

October 20, 2023, was a day etched in the memory of our newest campus dwellers – the bright-eyed, enthusiastic first-year students. It was a day that whispered promises of unforgettable moments, all thanks to the Student Leaders, with a special shoutout to Elvis Barseen, the mastermind behind Games, Sports, and Entertainment.

The Freshers Party was the ultimate welcome gift, a grand spectacle that lit up the campus. Imagine a sea of excited freshmen and women, dancing to the rhythm of good music, and cheering on captivating shows. It was like a carnival of laughter and joy, a symphony of youthful spirit.

But the highlight of the evening? Live performances by none other than the sensational Kenyan music icon, Dufla Diligon. His music is a sensation in Kenya's music scene, and the campus reverberated with his beats and lyrics. It was a night where dreams began to take shape, friendships were forged, and the thrill of university life came alive.

So, as the night sky glittered with stars, these new students found their own stars in the making. The Freshers Party was just the beginning of a journey that promised excitement, growth, and a soundtrack that would be the backdrop to their college adventures.



University of Eldoret Engineering Students at The President's Dinner

In the heart of Kenya's North Rift, where innovation and expertise converge, the Institution of Engineers of Kenya (IEK) North Rift Branch orchestrated a splendid soirée that will be etched in the annals of engineering history. The air was charged with anticipation as distinguished engineers and visionaries gathered for the prestigious President's Dinner.

Amidst the shimmering lights and the gentle rustling of leaves, the very embodiment of leadership, Eng Ohaga, the President of IEK, graced the occasion with his presence. With his formidable knowledge and charismatic demeanor, Eng Ohaga brought an air of excitement and inspiration, setting the tone for an unforgettable evening.

But this event was not just about one remarkable individual; it was a collective celebration of engineering excellence. Alongside Eng Ohaga, a constellation of brilliant minds from IEK, each a luminary in their own right, illuminated the gathering with their wisdom and experience. The room buzzed with the electric energy of innovation as these engineers exchanged ideas and pushed the boundaries of possibility.

The stage for this memorable evening was none other than the esteemed Sirikwa Hotel, a bastion of elegance and opulence. The venue added an air of grandeur to the event, with its luxurious ambiance and tantalizing cuisine serving as the perfect backdrop for intellectual discourse and camaraderie.

Adding an extra layer of promise to this event was the presence of our Student Engineers, the torchbearers of the future of engineering. Their enthusiasm and zeal were palpable, as they looked up to their accomplished counterparts with admiration and aspiration. This night was a bridge between the past and the future, with knowledge flowing seamlessly between generations.

As the stars adorned the night sky, the Institution of Engineers of Kenya's President's Dinner transformed into an enchanting spectacle of shared wisdom, camaraderie, and limitless potential. It was an evening when the old and the new, the experienced and the eager, came together in the spirit of engineering excellence, leaving all in attendance with an indelible sense of belonging to a legacy that shapes the world through innovation and collaboration.



University of Eldoret Engineering Student Association at the ACEK Second Annual Conference

In the heart of Eldoret, a city where innovation meets tradition, the Association of Consulting Engineers of Kenya (ACEK) set the stage for their much-anticipated second annual conference. This event wasn't just about discussions and presentations; it was a captivating journey through the corridors of expertise and a celebration of the limitless possibilities in the world of consulting engineering.

Amidst the bustling excitement, the University of Eldoret Engineering Student Association brought their enthusiasm to the forefront, thrilled to be a part of this illustrious gathering. Their presence added a dynamic edge to the conference, infusing fresh energy and promising potential into the atmosphere.

But that wasn't all; these eager young minds were in for a remarkable surprise. They seized the opportunity to engage in meaningful one-on-one interactions with the ACEK Future Leaders – a group of visionary professionals at the forefront of innovation in consulting engineering. This exchange of ideas and experiences was nothing short of an intellectual whirlwind, as knowledge and insights flowed freely, creating a unique synergy that promises to shape the future of the engineering landscape.

In a fitting twist of fate, the University of Eldoret Engineering Student Association found themselves not only participants but also adoptees of the ACEK Future Leaders program. This transition symbolizes a passing of the torch, as the seasoned professionals have welcomed the budding talents into their fold, igniting a journey of mentorship, collaboration, and boundless opportunity.

The second annual ACEK conference wasn't just an event; it was a transformative experience, where tradition met innovation, and the promise of tomorrow embraced the wisdom of today. As the sun set on this remarkable day in Eldoret, a sense of excitement and endless possibilities lingered in the air, reminding us all that the world of consulting engineering is ever-evolving and that the future is in the capable hands of these passionate, emerging leaders.



*UEESA
at Kapsabet
High School*

After an inspiring mentorship program held at Kapsabet High School, a collaborative effort between the Institution of Engineers of Kenya North Rift Branch, the event continued with the company of enthusiastic engineering students and the esteemed presence of the School of Engineering's Dean. This unique gathering marked the convergence of experience and ambition, setting the stage for an enriching and enlightening experience for all involved.



BOOTCAMP

In a thrilling rendezvous of athleticism and leadership, students from the University of Eldoret, together with their dedicated student leaders, and other students from different universities embarked on an exhilarating journey to Taita Taveta University for the KUSF (Kenya University Sports Federation) Students Bootcamp. From October 26th to October 29th, 2023, the sprawling Nyerenyi Campus of Taita Taveta University became the epicenter of energy and excellence, where young minds converged to ignite their passion for sports and leadership. It was a four-day odyssey brimming with enthusiasm, camaraderie, and the promise of honing skills that will undoubtedly shape the future.



Go Green

On Saturday, November 4th, 2023, something truly remarkable unfolded. The Nandi County University of Eldoret Students Association, in collaboration with the University Environmental Club, embarked on a transformative journey deep within the lush heart of Kimondi Forest in Nandi County. Nestled among the five magnificent forest stations that grace Nandi County, Kimondi Forest stretches over an expansive 6000 acres of pristine land. It's not just a forest station; it's a sanctuary, where nature thrives.

The students, fired up with the vision of planting 50 billion trees, set to work with unwavering determination. They didn't just plant a few trees; they planted 2000 trees, breathing life into the soil and making a tangible impact. But this is only the beginning. The horizon holds the promise of more extraordinary endeavors. The team is steadfast in their commitment to extend their influence and take the cause of environmental conservation to even greater heights. The future is green, and they're leading the way.



Go Green

On the 13th of November 2023, the dedicated staff of the University of Eldoret actively participated in a commendable tree planting initiative. This environmentally conscious effort was not only a testament to the university's commitment to sustainability but also a collaborative endeavor supported by the Department of Forestry & Wood Science.

Generously providing the seedlings for this significant exercise, the department, in collaboration with the Environmental Sustainability Committee, played a pivotal role in ensuring the success of the tree planting event. Following this hands-on engagement with nature, the occasion was graced by an address from the esteemed Vice-Chancellor.

This combined effort not only contributed to the university's green footprint but also underscored the institution's holistic approach to fostering environmental stewardship and sustainable practices among its staff and the broader community.



On the 12th of November 2023, the University of Eldoret Student Organization took a significant step towards inclusivity and awareness by organizing a dedicated day for Persons with Disabilities. The initiative, spearheaded by the Special Member Incharge of Persons with Disability, aimed to raise awareness about the challenges faced by this community and foster a more inclusive campus environment.

The event garnered substantial support, with students turning out in large numbers to ensure its success. Through various activities and discussions, attendees actively participated in broadening their understanding of the issues faced by Persons with Disabilities.

This awareness day not only underscored the University of Eldoret's commitment to diversity and inclusivity but also highlighted the proactive role students played in creating a more supportive and understanding community within the university.

Environmental Day

On the 11th of November 2023, the Student Council of the University of Eldoret took a proactive stance towards environmental stewardship by organizing a Clean-Up Day in the surroundings of Sogomo. Spearheaded by the effective management of the organization's treasurer, Sau Suleiman, the event achieved remarkable success. The students of the University of Eldoret demonstrated unwavering commitment to the cause of maintaining a clean environment.

Their dedication was evident in the thorough cleanup activities undertaken. To express gratitude and motivate the participants, tokens, T-shirts, and refreshments were generously provided. This initiative not only showcased the students' civic responsibility but also highlighted the University of Eldoret's commitment to instilling values of environmental consciousness and community engagement among its student body.



SORUESA BOMET TOWN CLEAN UP.

On November 11, 2023, the Southrift Student Association of the University of Eldoret took a commendable initiative by actively participating in a community cleanup effort in Bomet Town. Demonstrating a strong commitment to civic responsibility, the students dedicated their time and effort to enhance the cleanliness and environmental well-being of the local community. Engaging in such activities not only contributes to the immediate improvement of the town's aesthetics but also fosters a sense of pride and responsibility among the student body. The event showcases the positive impact that university students can have when they come together to address and contribute to the well-being of the communities they are a part of.



Safety Starts With YOU!



In an impactful collaboration, the University of Eldoret partnered with the Anti-terrorism Unit to host an extensive two-day counter-terrorism awareness training on November 6th and 7th, 2023, held within the premises of the Education Complex. Facilitated by seasoned experts from the Anti-Terror Police Unit, this event saw the participation of distinguished individuals, including the Principal Security Officer, Registrar of Administration, Chairpersons of various student associations, and Student Council members.

The training comprehensively covered a wide range of critical topics, spanning from the fundamentals of counter-terrorism to the complexities of international legal frameworks and human rights. It provided a significant opportunity to enhance awareness and preparedness in the ever-evolving landscape of counter-terrorism.

During the training, the Anti-Terrorism Unit emphasized the paramount importance of personal safety. They emphasized that safety begins with the individual, urging everyone to remain vigilant about their surroundings, avoid predictable routines, and always seek secure locations to mitigate security risks. This valuable advice serves as a reminder of the role we all play in ensuring a safer environment.

Games and Sports

The University of Eldoret stands out as an institution that not only values academic excellence but also recognizes the importance of wholistic student growth. One of the ways it achieves this is by actively promoting games, sports, and entertainment as integral components of the student experience. The university boasts a vibrant sports culture, offering a wide range of sporting activities that cater for diverse interests.

Among the sports available are hockey, basketball, football, handball, and badminton, to name just a few. Students have the opportunity to engage in these sports, and the university has a proud history of excelling in various competitions. It's not just about participating; it's about striving for excellence. The university's teams have demonstrated their prowess by consistently performing well and often clinching victory at different levels.

This commitment to sports and games at the University of Eldoret not only promotes physical fitness but also fosters team spirit, discipline, and a sense of camaraderie among the student body. These values extend far beyond the playing field and into the students' lives, enriching their personal and academic development.

In providing such a well-rounded educational experience, the University of Eldoret ensures that its students are prepared not just for success in their chosen careers but for life in its entirety. It's a testament to the university's dedication to nurturing not only bright minds but also strong, healthy bodies and a vibrant campus community.



*FUN DAY
for
Baringo Student
Association*

October 14, 2023, was a day that pulsed with excitement and camaraderie as the Baringo Student Association of the University of Eldoret joined forces with their counterparts from Moi University's Baringo Student Association for a joint fun day event at Moi University, Kesses. The sun-drenched day unfolded with an air of anticipation, as these two vibrant student communities came together for a day of laughter, bonding, and shared experiences in a setting as beautiful as their newfound friendships.



Student Article

The Beauty of Campus Cohabitation: Fostering Inclusivity and Unity

Campus life is a bustling ecosystem where diversity reigns, with countless students, each with a unique background and a perception of life, coming together for a common purpose - education. This cadre of folks when blended harmoniously creates the essence of campus cohabitation. In this article, we will delve into the significance of campus cohabitation and explore ways to cultivate a vibrant and inclusive community.

Diversity is the lifeblood of campus cohabitation. A campus is a microcosm of the world, a place where people from all walks of life converge. It is this diversity that enriches the learning experience, exposing students to a multitude of perspectives and ideas. An environment where students from various cultural, social, and academic backgrounds come together to create an atmosphere ripe for cross-cultural exchange and personal growth.

In order to foster a thriving campus cohabitation, it is crucial to prioritize blatant dialogue and mutual respect. Open dialogue serves as the bridge that connects different individuals, allowing them to share their thoughts, engage in meaningful discussions, and appreciate alternative viewpoints. Respect is the cornerstone upon which harmonious cohabitation is built, promoting empathy and understanding among students.

One of the key elements in nurturing a sense of oneness in a community is the physical environment. Campus facilities and spaces should be designed to encourage interaction and collaboration. Common areas, such as libraries, cafeterias, and study lounges, should be welcoming and conducive to both individual study and group discussions. These spaces should be equipped with the necessary resources to facilitate intellectual exploration.

In the digital age, technology can be harnessed to connect students even further. Online platforms, discussion forums, and social media groups create spaces for students to engage outside of the physical campus. These digital tools can be instrumental in strengthening relationships, sharing information, and fostering a sense of belonging.

To encapsulate, campus cohabitation is more than the coexistence of students in the same physical space; it is about the active cultivation of an inclusive and vibrant community. It is about creating an environment where diversity is celebrated, dialogue is encouraged, and mutual respect is cherished. A campus that successfully fosters cohabitation is a place where every student feels valued, supported, and inspired to excel. This sense of belonging not only enriches the college experience but also prepares students for a world where inclusivity and unity are paramount. Let's live to embrace 'ubuntu' I am because you are and since you are therefore I am.

by **Tony Ojuok**

Student Article

Taking Things Personally

The desire for respect is as intrinsic as breathing, for we, as social beings, yearn for the warm embrace of recognition and appreciation from our tribe. Thus, it's no surprise that criticism, like an unexpected sting, can inflict emotional wounds. While some comments are undeniably hurtful, if you find yourself frequently nursing wounded feelings or assuming malicious intent where there may be none, you might be treading the treacherous path of taking things too personally.

Recognize the signs: When your happiness hangs precariously on the thread of other people's approval, when you find yourself constantly apologizing, and when the role of the people pleaser becomes second nature, beware. When you struggle to set and uphold boundaries, when you accept harsh comments about yourself as unshakable truths, and when a simple misstep in behavior feels like an attack on your character, it's clear you've fallen into the trap of taking things personally.

Now, how to navigate these emotional minefields? After a run-in with hurtful words, consider these techniques to ensure you don't trudge home under the weight of upset feelings. Build emotional resilience, the armor against negativity. Extend a hand and offer others the benefit of the doubt, for sometimes, misunderstanding lies at the root. Liberate yourself from the chains of others' opinions, for what truly matters is how you perceive yourself.

Recognize your own strengths, and let mindfulness be your guiding star, helping you stay rooted in the present and alleviating stress. Pour your thoughts onto the pages of a journal, and whisper positive affirmations to yourself in the quiet moments. In the grand symphony of life, the ability to not take everything personally is the tune of resilience. It's the wisdom to distinguish between the noise of the world and the symphony of self-worth. It's the path to emotional freedom and a more tranquil heart.

by Titus Wekesa

Student Article

The Intersection of Science and Art in University Education

In a rapidly changing world, the boundaries between disciplines are becoming increasingly intermittent, and hard nut to crack. The intersection of science and art represents a dynamic, a scope of relativity, and innovative space within university education, where creativity meets critical thinking. Science and art, seemingly distinct fields, share a common foundation in creativity, in faucets of foundations and cross-referencing. Combining these disciplines encourages students to think outside traditional silos and develop innovative solutions to complex problems.

Combining the two, results in a synergized unique vision of exploration and curiosity. The synthesis of science and art challenges university students to approach problems from multiple perspectives. This nurtures critical thinking skills, enabling them to tackle real-world issues with a holistic view. There will, eventually, arise a bridge of the gap between the two disciplines by adopting an interdisciplinary education hence promoting a more well-rounded understanding of the world.

Delving more into a university setting, art can be a powerful medium for students to communicate complex concepts. Visualizations, data art, and scientific illustration enable the effective dissemination of research findings. Artists benefit from scientific rigor, too. Understanding the principles of physics, biology, and psychology can deepen their work, enabling new forms of artistic expression.

Universities serve as hubs of collaboration, if art and science are given a profound space in the curriculum. Interdisciplinary programs encourage students from diverse backgrounds to collaborate on projects, leading to holistic, innovative solutions since science and art often involve problem-based learning, where students tackle real-world issues. This prepares them for a future where complex challenges require multifaceted approaches.

In an age of rapid technological advancement, graduates need to be adaptable and innovative. The integration of science and art within a university setting offers students a unique opportunity to develop skills, principled ideas, and innovative thinking that are vital to sustaining livelihoods in the 21st Century. By fostering creativity, and enhancing critical thinking, universities can prepare students to be all-rounded individuals who are dependable, adaptable, and innovative in the wake to address the complex challenges of our ever-evolving world.

This interdisciplinary approach represents a cornerstone and foundation of education that empowers individuals to shape a brighter future after their tertiary education.

by **Borusei Kipkirui**

Student Article

Brotherhood in Grieving at The University

Life is an intricate journey, a tapestry of challenges, solutions, and the sweet taste of success that follows. It's a peculiar quirk of human nature to steer clear of challenges, even though it's in grappling with them that we truly learn and grow. Amidst the ebb and flow of life, one inevitable challenge we all face is loss, and the process of navigating the emotional turbulence that follows. Grief, a complex emotional journey, is the natural response to loss. It's a pathway that winds through denial, anger, bargaining, depression, and ultimately acceptance.

As fellow scholars, we share not just in the pursuit of knowledge but also in the bonds of humanity. It is our collective duty to be attuned to the well-being of ourselves and those around us, especially during times of darkness and bereavement. In these moments, the need for friends is most pronounced. Bereavement, the period of mourning following a loss, can be a deeply isolating experience. Loss, on the other hand, represents a separation from something or someone of great value.

If not approached with care and compassion, these experiences can transform into social challenges with far-reaching consequences. Social challenges encompass a wide spectrum, from the grief of losing loved ones to the pain of rejection, the weight of poverty, and the injustice of unequal opportunities. These challenges can wreak havoc on our psychological well-being, manifesting as intense pain, disruptions in daily routines, diminished self-esteem, poor academic performance, and even bitter resentment.

Addressing these challenges is not just a matter of social responsibility; it is an act of profound compassion. Grieving is a deeply personal journey, but we can lend support to our friends as they navigate each step. Counseling and moral support are potent tools in this journey, acknowledging their loss without delay and letting them know they are not alone. Listening, without judgment, is a healing balm. Offering the gift of your time, patience, and genuine interest can provide solace in the darkest of hours.

Choose your words carefully, for there are no magical phrases to erase grief. Simply let them know you're there, a steadfast presence in their time of need. Avoid placing the burden of action on their shoulders. Be proactive, offering support without waiting for their request. Instead of asking them what they need, anticipate and provide it. Join them in their struggle, rearranging your schedule to share their load.

In conclusion, grief is a deeply personal and emotional response to significant loss. It's not something that can be whisked away by words of wisdom. It takes time and patience, and what we can offer is our unwavering presence and thoughtful actions. Grief is a journey, and as fellow travelers in this vast tapestry of life, we can make the path a little less arduous for those who walk it.

by **Fadhilah Nasiali Opanda**

Student Article

The Art of Showing Gratitude

In the grand tapestry of human existence, the threads of help and mutual support run deep. It's a universal truth that none of us can claim to have journeyed through life's labyrinth solely through our own efforts. This interconnectedness, this innate inclination to assist one another, is the heartbeat of our humanity. But the act of extending a helping hand takes on many shades, two of the most profound being "Pay Back" and "Pay Forward."

When we pause and reflect, we discover that gratitude is the cornerstone of this intricate dance of giving and receiving. It's the catalyst for a beautiful cycle of goodness. Gratitude is the seed we plant, and the moment we slow down, we unlock its power. It's about acknowledging the goodness that already envelops us, often unnoticed in the whirlwind of life. Take a moment, right now, to focus on something in your immediate vicinity. It might be the everyday, the seemingly mundane. Immerse yourself in its details and let the surprise of its presence wash over you.

The true magic of gratitude lies in its consistency. It's not a sporadic visitor; it's a steadfast companion on our journey. Through regular practice, it embeds itself in our very perception of the world. So, as a tribute to this practice, as a reminder of its importance, tie a simple charm to your wrist with a piece of string – your gratitude bracelet. Let it be a visual cue, a prompt for your daily practice of gratitude. And when, eventually, it falls away, may it serve as a gentle nudge to continue cultivating gratitude, not as an occasional guest but as a cherished resident in the house of your heart.

by **Brenda Jeruto**

Student Article

Dress As You Want To Be Adressed

Before you say a single word, your clothes have already written the opening lines of your story. The way you dress and present yourself is more than a mere ritual; it's the prelude to the narrative you're about to unfold. In a matter of seconds, people forge their initial judgments. And this doesn't change in the virtual realm. It's time for you to grasp the incredible influence of that very first encounter, as if the opening scene of a movie. Your attire conveys volumes before you even get to utter a greeting. **YOUR CLOTHING SCRIPTS YOUR INTRODUCTION BEFORE YOU DO."**

It's a timeless truth that our visual image, our appearance, is the painter's brush that strokes the canvas of our professional identity. In the blink of an eye, within those initial fleeting moments, others craft their perceptions based on what they see. And don't be mistaken; the virtual realm is no exception. It's high time that we grasp the profound impact that these first impressions wield, both in the immediacy of a first encounter and in the enduring echoes they leave in others' minds. Remember, your clothing isn't merely a silent companion; it's a chatterbox of its own, speaking volumes about you.

So, the question that beckons is this: What stories do you want your wardrobe to tell, and, just as crucially, what tales should it remain silent on? Your attire, like a skilled orator, conveys an array of messages. It divulges your position within an organization, your hunger for business, your attention to detail, and your innate values and upbringing. It even hints at the notes of your personality, like a well-composed symphony. Your wardrobe is more than just a collection of fabrics; it's a storyteller, narrating your wisdom, status, wealth, and revealing glimpses of your character.

It whispers whether you're a daring risk-taker or one who treads cautiously. And here's the twist - while you're reading this, you're probably forming your own impression of someone based on their attire. As the saying wisely goes, "You can achieve anything if you dress for it." Your clothing isn't just a covering; it's a costume, a statement, and a silent narrator of your journey. It holds the power to open doors, to bridge gaps, and to introduce you before you've even spoken. So, what story do you want your outfit to tell the world today? The choice, my friend, is in your hands, or should we say, on your hanger.

Student Article

Africa Must Rise

In the echoes of history, there's a resounding call to action. Research by the venerable Pan-African research network, AfroBarometer, has illuminated a disquieting reality - 35% of Kenyan youths have contemplated leaving their homeland in search of a brighter horizon. But in the depths of these numbers lies a truth that resonates far beyond Kenya's borders. If Africa's youth are looking elsewhere, we can't help but wonder, what about the rest of this incredible continent?

Unemployment, corruption, deception, the scars of wars, and the shadows of leadership failures have etched dissatisfaction into the hearts of our youth. The tantalizing allure of opportunities across the seas, whether legal or not, has kindled appetites for a life in the so-called first-world countries. The empathy is genuine, but there's a question that lingers in the African breeze - to what end must we sell ourselves?

Africa's past is a tapestry of resilience, woven with the threads of struggle and sacrifice. Our forefathers fought, bled, and persevered to free this land from the grip of colonial oppression. They paid with their lives, enduring jail, torture, and enslavement, so that we could enjoy freedom. One by one, they wrested independence for African states, but in their absence, the colonizer's influence still lingers in our minds. The dream of a united Africa, with one currency and one capital city, remains elusive, as we fall prey to the siren calls of greed and power.

Our disunity has left us unrecognized on the global stage, with no African country wielding veto power among the G7. We are content with small national sovereignties, while a grand African sovereignty eludes us. The colonizer's legacy still thrives, sowing division among us, instigating wars and competition, and stealing our precious resources. They keep us in debt, like a cruel cycle of dependence. The question lingers - when will our eyes and minds open?

Africa, it's time to awaken! As the youth, we must rise to the call and honor the sacrifices of our forefathers. Africa is rich not just in minerals but in human potential. Let's put aside our differences, end the division, and unite for the greater good. We must break free from the colonizer's influence and decolonize our minds. Africa's future rests on our shoulders, and it's time to embrace our heritage, chart our own path, and make it count. This is the dream of Africa - a continent reawakened, united, and destined for greatness.

by Rhema Omuleki

Student Article

Student Era: Lost But Within

When parents entrust their beloved sons and daughters to the halls of learning, optimism fills the air. High school teachers shape morals, but on campus, adulthood takes root, and rules exist like whispers in the wind of freedom. The University of Eldoret, recently enforcing regulations like dress codes, stirred a symphony of opinions. Picture students at the gates, advised to change.

Personally, I saw it as an antidote to moral decay. Many students lead double lives, losing sight of codes meant to shape them. They're lost, but not without hope—it's a shared journey. Campuses, hotbeds of irregularities, entangle students in challenges from drug abuse to exam irregularities. Society looks to us for solutions, but our indulgences contribute to the challenges.

It's a dilemma where we find ourselves lost more often than found. The impact is substantial; we are society's torchbearers, and our path shapes the fabric of society. This article seeks solutions, not blame. We must remind, even if they know, introducing strict yet friendly rules to safeguard the nation's future. The University of Eldoret recognizes the importance of nurturing moral development through recent reforms.

Those in higher learning should be role models. Losing direction contradicts this ideal. The ultimate goal is to eradicate societal problems, not become part of them. Losing oneself in an institution meant for knowledge and innovation is a profound paradox, calling for reflection and change.

by **George Adongo**

Student Article

Grow Creativity

Creativity transcends mere imagination; it embodies the ability to generate distinctive and valuable outcomes for both individuals and society. This process harnesses a set of knowledge and skills to explore novel possibilities, allowing individuals to adapt to new situations and devise innovative solutions in the face of challenges. The recent shift in the education system towards a competence-based curriculum reflects a commitment to nurturing students' talents, skills, and creativity, addressing the pressing issue of youth unemployment by encouraging specialization in areas aligned with individual aptitudes.

Unearthing personal talents empowers individuals to chart their career paths, striving for mastery and excellence driven by passion and interest. College and university students should recognize that education extends beyond government employment, urging them to apply their knowledge and skills in real-world contexts through risk-taking exploration and problem-solving. The combination of personal talents and acquired skills opens avenues for opportunities, fostering a culture of creativity.

The government's implementation of a competence-based curriculum aims to mitigate unemployment and inspire students to explore innovative ideas based on their acquired knowledge and skills. Universities contribute to this initiative by establishing programs that nurture creativity, including drama clubs, seminars, and interactive assessments and debates. Campuses, as incubators of creativity, focus on the future, recognizing that creativity not only brings joy but also promotes active engagement in the learning process.

by **Viola Jelagat**

Student Article

Silence

In the symphony of life, silence unveils profound insights that time and tides carve into our existence. Life's daily encounters, laden with arguments and the aversion to admitting mistakes, have taught me the transformative power of silence. Not the ordinary silence that whispers humility, but a strategic silence that saves us from the aftermath of heated exchanges. It acts as a guardian, preserving friendships and nurturing healthy bonds.

In the hush of contemplation, I've gleaned essential lessons. Silence becomes a canvas on which we learn from others' mistakes, avoiding the scars that often accompany our own stumbles. The wisdom of elders, echoing through quiet moments, guides us away from slippery paths, where falls are inevitable. Success, it seems, thrives in the company of understanding voices, steering clear of unholy alliances.

To be truly powerful, one must not only hear but comprehend. The depth of our relationships is unveiled in the silent spaces where understanding echoes louder than words. Silence, then, becomes a conduit for wisdom and a vessel for understanding. It invites us to discern, to listen to the voices around us, and to respond thoughtfully. In navigating life's journey, adherence to the path of the upright is the linchpin for flourishing. Character, molded by the universal and relative values we hold, anchors us in the vast sea of morality that spans regions, communities, and nations.

by Gloria Chepngeno Lelgo

Student Article

You Are More Than What You Think You Are

Often, we underestimate ourselves, perceiving incompetence and inequality compared to our peers in various fields. This mindset limits our potential, and we settle for the bare minimum. Achieving targets or significant accomplishments seems almost miraculous due to these self-imposed restrictions. The belief that certain things are reserved for specific individuals deprives us of opportunities and prestige.

In reality, there are no exclusive opportunities meant for specific people. What truly matters is how we perceive ourselves. Whether we believe we're equal to a task or unfit for a position influences our emotions, actions, and outcomes. The world doesn't raise the price for those who undervalue themselves, emphasizing the importance of self-perception.

Self-image goes beyond looks; it encompasses multiple dimensions, including psychological, intellectual, skills, moral, and sexual dimensions. A positive self-image breeds confidence, attractiveness, intelligence, and happiness, while a negative one fosters feelings of undesirability, unattractiveness, and unhappiness. Poor self-image can lead to loneliness, depression, and, in severe cases, borderline Personality Disorder (BDD).

External factors like background, physical appearance, and media contribute to shaping self-image. It's crucial to recognize that you are in control and can choose which factors and experiences uplift or hinder you. Celebrate yourself, embrace your flaws, and cultivate self-love as the foundation of true confidence. Positive thinking and avoiding comparisons with others fuel the journey to becoming your most confident, influential, and prosperous self.

by **Darlene Kayeli.**

Student Article

A Call For Humanity

In a world of endless divisions and shadows, there emerges a clarion call—a call for unity, one that transcends the barriers of race, creed, and culture. It is a call to embrace the collective essence of "all humanity," to weave together the mosaic of our existence with threads of humanism, respect, and inclusion. In this narrative of togetherness, we find ourselves on a quest, not for an elusive perfection, but for a world that celebrates our shared humanity. Imagine a world where humanism is not a mere concept but a guiding principle. In this tapestry of existence, we recognize that our common bonds far outweigh our differences.

With empathy as our compass, we navigate the complexities of our global society. This is not a call to erase diversity but to embrace it. For it is in the diversity of our perspectives and experiences that we find our collective strength. Let us stand on the precipice of respect, acknowledging that every voice has value, and every life, has inherent worth. In a world where shadows of discrimination have obscured the light of unity, it is respect that can illuminate our path forward. We must engage in conversations that are more than mere exchanges of words; they are exchanges of understanding, of acceptance.

In this narrative, inclusion is not just a concept but a profound truth. It is a call to extend our hands to those who have been marginalized and to welcome them into the fold of our shared story. For it is in inclusion that we find the essence of a true society, a society that stands as a testament to our capacity for unity. The journey of unity is not a simple one. It is a paradoxical quest, marked by obstacles and opportunities. Like the heroes of old, we are called to rise above the shadows of prejudice and hatred and embark on a journey where narratives of division yield to stories of harmony.

As we step onto this narrative, the richness of metaphor, symbol, and allegory will continue to guide our way. Our unity is a metaphorical note, resounding with alliteration and assonance, creating a harmonious crescendo. It is a tale of unity where we, as the protagonists, embrace the allusion to a better world and become the authors of a narrative that celebrates our shared humanity. This is our call—a call to unity. It is an allegorical quest where we, as a collective, seek to illuminate the darkness of division and replace it with the radiance of harmony.

It's a narrative that celebrates our diversity but also reminds us that we are, fundamentally, one humanity. The journey is ongoing. And as we embark upon this narrative, let us be the torchbearers of unity, creating a tale worthy of the ages—a narrative of inclusion, respect, and humanism, where our shared story resounds as a testament to the beauty of our existence. This is our narrative of unity—a narrative that resonates with all of humanity.

by SAMMY INDIAZI

Student Article

Impossible is for Unwilling

Hope, the lifeblood of existence, becomes our compass in the unpredictable and often tumultuous journey of life. Amidst the war zone that life can resemble, hope not only provides strength to endure pain but also makes the path to the future more manageable, keeping us anchored in positivity. True belief, resilient and disciplined, acknowledges the ebb and flow of good and bad days.

Consider the seemingly impossible – running a marathon in two hours. Eliud Kipchoge Keino shattered this barrier, proving that the impossible is only a matter of perspective. Kipchoge's mantra, "No one is limited," speaks to an unwavering spirit dedicated to breaking boundaries. He didn't set limits; he repeatedly tested and surrounded himself with the right support.

Having the right plan, team, and mindset, as per Kipchoge's philosophy, aligns with achieving our desires. Life, despite its challenges, need not surrender. Believing in the limitless potential of individuals, students shouldn't confine their thoughts but should embrace hard work and discipline. Challenges, often labeled as insurmountable, are transient and hold opportunities for growth. Testing limits requires real work, planning, and sacrifice, contributing to the journey of success.

The pursuit of excellence demands unwavering commitment, turning success into a deliberate outcome rather than a stroke of luck. In the realm of possibilities, limits are self-imposed. Accepting and testing these limits propels us to reach higher. The sweet essence of hope inspires us to live life fully, aiming at the core purpose of our existence. Success, far from being a product of chance, emerges as the fruit of relentless hard work and unwavering determination.

by FAITH RUTTO

Student Article

Maadili na Maisha ya Vijana Katika Vyuu Vikuu

Ukengeushi wa maadili ni tabia au vitendo ambavyo vinakiuka au kukiuka kanuni, maadili, au maazimio ya kimaadili yaliyokubalika katika jamii au taasisi fulani. Inahusisha kufanya mambo ambayo yanachukuliwa kama batili au yasiyo sahihi kulingana na viwango vya maadili vinavyotambulika. Ukengeushi wa maadili ni suala linaloweza kuathiri maisha ya vijana katika vyuu vikuu kwa njia nyingi.

Ukengeushi wa maadili unaweza kusababisha kupoteza uaminifu na uwajibikaji miongoni mwa vijana. Wanaweza kuona kuwa jambo la kawaida kufanya udanganyifu au kukiuka sheria na kanuni, na hivyo kuathiri uwajibikaji wao. Vijana wanaojihusisha na ukengeushi wa maadili wanaweza kupata mafanikio ya kielimu kwa njia za udanganyifu badala ya kujifunza na kuendeleza ujuzi wao wa kweli.

Hii inaweza kuathiri uwezo wao wa kufanikiwa katika maisha baadaye, kwani tajriba yao ya kikazi haitakuwa ya kuaminika asilani. Vijana wanaweza kujisikia shinikizo kubwa la kiakili na kiemosheni wanapojihusisha na ukengeushi wa maadili. Wanaweza kujisikia hatia au wasiwasi kuhusu kufichua tabia zao za udanganyifu, ambayo inaweza kuathiri afya yao ya akili. Hii huchangia pakubwa mzongo wa mawazona hata kifo baadaye.

Ukengeushi wa maadili unaweza kuathiri maadili ya kijamii kwa kueneza tabia za udanganyifu na kukosekana kwa uwajibikaji katika jamii. Hii inaweza kuwa na athari mbaya kwa jamii na jamii nzima, kwani vijana wanaotegemewa kuendeleza jamii yao wamegubikwa na anasa za ulimwengu hawajali hawabali. Ukengeushi wa maadili unaweza kusababisha kutokuaminiana na kushuka kwa heshima miongoni mwa wanafunzi wa chuo kikuu na pia kati ya wanafunzi na walimu.

Ukengeushi wa maadili katika vyuu vikuu ni suala la kina na linaloathiri sifa na mustakabali wa vijana. Ni muhimu kwa taasisi za elimu, wazazi, na jamii kwa ujumla kuchukua hatua za kuzuia na kupambana na ukengeushi wa maadili ili kulinda maadili ya vijana na kuhakikisha maendeleo yao ya kitaaluma na kijamii. Kufanya hivyo, tutakuwa tumeiweka mustakabali wa jamii ya kesho katika katika hali inayokubalika na inayosawasisa jamii ya binadamu.

Mwandishi: Collins Kimutai

Student Article

The Campus Tightrope: Navigating Academics, Employment, and Passion Pursuits

In the kaleidoscopic world of campus life, students find themselves on a precarious tightrope, delicately balancing the demands of academia, employment commitments, and the pursuit of passion projects. This juggling act, akin to a masterful circus performance, requires skill, resilience, and a touch of daring.

The Academic Odyssey: Where It All Begins

For many, the journey starts with the academic labyrinth — a demanding yet rewarding maze of lectures, assignments, and exams. The pursuit of knowledge, fueled by insatiable curiosity and the desire to excel, lays the foundation for the grand performance. But as the curtains rise on this academic spectacle, the challenge intensifies.

Enter the Workforce: Tightening the Rope

In the grand circus of campus life, the next act unfolds with the introduction of part-time jobs, internships, and co-op opportunities. The demands of the real-world workforce enter the arena, adding weights to the balancing act. The goal is clear — gain practical experience, build a professional network, and perhaps, fill the coffers a bit. Yet, the students are careful not to let the work component overpower the central narrative of their academic journey.

Extracurricular Extravaganza: The Passion Project Unleashed

As the spotlight shifts to the third act, the extracurricular dimension takes center stage. Clubs, societies, sports, and creative pursuits become the heartbeat of the performance. The desire to explore passions, hone skills, and contribute to the community propels students to dedicate their time and energy to these endeavors. This act injects a vibrant, dynamic energy into the overall campus spectacle.

The Art of Juggling: Secrets to a Successful Performance

Amidst the chaos of spinning plates, the question arises — how does one master the art of juggling these diverse elements without letting any fall to the ground? The answer lies in meticulous planning, effective time management, and the ability to prioritize. Students who thrive in this balancing act often emphasize the importance of setting realistic goals, maintaining open communication with professors and employers, and knowing when to seek support.

The Tightrope's End: Graduation and Beyond

As the grand performance nears its conclusion, students face the ultimate test — successfully completing the campus tightrope walk and stepping into the next stage of life. The experiences gained from this intricate juggling act, the lessons learned from academic challenges, professional responsibilities, and passion pursuits, form the stepping stones to a brighter future.

Final Bow: A Standing Ovation for the Campus Jugglers

In the grand finale, as students take their final bow, the audience rises in applause. The campus jugglers have navigated the intricate dance between academics, work, and extracurriculars with finesse. Their journey serves as an inspiration for incoming performers, proving that with determination, balance, and a touch of daring, one can indeed master the art of the campus tightrope. The curtain falls, but the lessons learned and the skills acquired linger, transforming these performers into capable individuals ready to face the next big stage — life beyond campus.

by

Tracy Kweyu

Student Article

Tomorrow's Campus: A Glimpse into the Future of Technology in Higher Education

As the academic landscape evolves in tandem with technological advancements, the campus of the future is poised to become an innovation hub, a dynamic space where cutting-edge technology intertwines seamlessly with the pursuit of knowledge. In this era of perpetual change, what can we anticipate on the horizon of campus technology? Let's embark on a journey through the digital realm, exploring the trends and predictions that promise to redefine the student experience.

The Rise of Immersive Learning Experiences: Picture stepping into a lecture hall where textbooks and slides transform into immersive virtual reality environments. The future of campus technology holds the promise of heightened engagement through immersive learning experiences. From virtual field trips to realistic simulations, students will find themselves at the nexus of education and entertainment, transcending traditional classroom boundaries.

Artificial Intelligence: The Academic Ally: In the not-so-distant future, artificial intelligence (AI) is set to revolutionize the academic landscape. Imagine having a personal AI assistant that understands your learning patterns, customizes study materials, and provides real-time feedback. AI-driven chatbots could be the go-to resource for instant academic support, offering students a personalized learning journey tailored to their unique needs.

Blockchain in Education: A Revolution in Credentials: Bid farewell to traditional transcripts; the future heralds a new era of educational credentials secured by blockchain technology. This decentralized, tamper-resistant system promises to streamline the verification process for academic achievements, ensuring that credentials are not only secure but also easily accessible and transferable across institutions.

Tech-Enhanced Collaboration: Breaking Down Physical Barriers: Collaboration knows no bounds in the future of campus technology. With the rise of virtual collaboration tools and augmented reality interfaces, students and educators will transcend geographical constraints, fostering global connections and diverse perspectives. The classroom becomes a virtual agora, where ideas flow freely, unencumbered by physical distance.

Cybersecurity: Safeguarding the Campus of Tomorrow: As technology becomes more integral to campus life, cybersecurity takes center stage. The future campus is fortified with robust cybersecurity measures, protecting sensitive data and ensuring the privacy of both students and faculty. Biometric authentication, advanced encryption, and continuous threat monitoring will be the guardians of the digital campus realm.

Conclusion: Embracing the Digital Frontier

As we peer into the future of campus technology, it becomes evident that the digital frontier is not a distant horizon but a landscape unfolding before our eyes. The marriage of education and technology propels us towards a future where innovation, connectivity, and personalization converge to redefine the very essence of learning. The campus of tomorrow is not just a physical space; it's a digital ecosystem where the pursuit of knowledge is amplified by the limitless possibilities of technology. Brace yourselves; the future is here, and it's digital.

by

Wallace Murage

Student Article

The Power of Networking, Navigating Career Opportunities, and Building a Robust Professional Profile

Embarking on the labyrinthine journey of academia, students quickly realize that textbooks alone won't pave the road to success; it's the nuanced dance of networking that propels them forward. The power of networking is the alchemy that transforms lecture halls into vibrant hubs of opportunity. It's the cord connecting ambitious undergraduates to seasoned professionals, a lifeline for graduates navigating the intricate maze of career options.

Networking is the secret code whispered in crowded conference halls and exchanged in the virtual realm, where the exchange of ideas becomes the currency of success. Navigating career opportunities is akin to setting sail on uncharted waters, and networking is the compass that ensures students chart their course with purpose. Conferences become treasure troves of possibilities, workshops the crucibles where aspirations take shape.

For graduates, networking transforms employment landscapes into personalized playgrounds where internships, collaborations, and dream jobs materialize. The strategic mingling at these career crossroads opens doors that textbooks never mention, creating a synergy that transcends the theoretical into the tangible. In this digital age, building a robust professional profile is the modern-day art of self-portraiture.

LinkedIn, the canvas where academic accolades, skills, and aspirations converge, is the palette for creating a lasting impression. Each connection, endorsement, and shared insight is a brushstroke, contributing to a dynamic narrative that extends beyond the classroom. A well-crafted profile not only attracts the curious gaze of recruiters but also weaves an interactive tapestry of collaborative potential.

Networking, navigating career opportunities, and building a robust professional profile are the chapters in a compelling story of self-discovery and success, where the plot unfolds not in isolation, but in the rich tapestry of connections forged.

by **Purity Musoma**

Student Article

Women Empowerment

In the kaleidoscope of societal evolution, women's empowerment emerges as the transformative prism through which the brilliance of diversity and equality is refracted. Beyond a mere concept, it embodies a seismic shift in perspectives, challenging ingrained norms and propelling women into the forefront of their own narratives. It is a rallying cry, echoing the resilience of women who have shouldered the weight of discrimination for too long.

True women empowerment extends beyond token gestures; it demands dismantling institutional barriers, rewriting archaic scripts, and fostering an environment where every woman, regardless of background, can unfurl her wings of potential without constraint.

At its core, women empowerment is not a zero-sum game but an investment in collective prosperity. Elevating women in education, leadership, and economic participation isn't just an ethical imperative; it's a strategic imperative for a thriving society.

The empowerment of women catalyzes a ripple effect of positive change, touching every facet of communal existence. It's about recognizing that when women are empowered, communities flourish, economies surge, and the entire fabric of society is rewoven with threads of resilience and progress. Embracing women empowerment isn't a passive nod to equality; it's an active commitment to shaping a future where every woman's potential is not just acknowledged but celebrated.

In the tapestry of human rights, women empowerment is the vibrant thread that weaves resilience into the fabric of society. It is an acknowledgment of the countless stories of women who have defied the odds, shattered glass ceilings, and stood tall against systemic injustices. True empowerment isn't a gift bestowed; it is a right reclaimed. It is an unwavering belief that the strength, intellect, and capabilities of women are not constrained by societal limitations.

Women empowerment is not just a goal; it's an ongoing journey where each step forward dismantles another layer of inequality, leaving a legacy of empowerment for generations to come.

by **Ben Harrizon**

Student Article

Ahead of Time

Being ahead of time is like catching a glimpse of tomorrow while everyone else is still flipping through today's pages. It's not about having a crystal ball but possessing an innate ability to see possibilities beyond the horizon. Imagine being the one who sets the trends rather than follows them, who introduces ideas that seem radical now but become the norm later. It's about having a mind that's not tethered to the present but dances on the fringes of the future.

Those ahead of time are the architects of change, not afraid to color outside the lines of convention. They are the ones who embraced smartphones before they were smart and championed renewable energy when it was still a distant dream. It's not just about predicting the future; it's about shaping it. Yet, this journey is not a solitary one. Often, it's met with puzzled looks and skepticism from those comfortably settled in the familiarity of the current moment.

Being ahead of time requires the courage to swim against the current, but it's in these uncharted waters that new possibilities emerge. In essence, being ahead of time is an invitation to dance with innovation, to let curiosity lead the way, and to be unapologetically bold in envisioning what could be. It's a reminder that progress is not a spectator sport; it requires active participants who are willing to take that extra step, even if it means stepping out of sync with the rhythm of the present.

So, the next time you find yourself ahead of time, consider it an opportunity to leave footprints on the shores of tomorrow, beckoning others to join the dance of progress.

by **Faith Mbuvi**

Student Article

Familiarity Breeds Contempt

The age-old adage, "familiarity breeds contempt," whispers a profound truth about human relationships. It suggests that the more intimately we know someone or something, the more likely we are to discover flaws or aspects that might lead to contemptuous feelings. At first glance, familiarity may feel like a comforting embrace, fostering closeness and understanding.

However, as we delve deeper into the intricacies of any connection, the idiosyncrasies and imperfections that were once overlooked may begin to surface, subtly seeding the ground for contemptuous sentiments. In the realm of interpersonal relationships, this phenomenon is often observed when close friends, family members, or romantic partners, who were once held in high regard, start revealing their human imperfections.

The quirks we once found endearing might transform into sources of annoyance, and the familiarity that once bred warmth can give way to a chilly undercurrent of contempt. It's a delicate dance between intimacy and disillusionment, reminding us that maintaining a balance between closeness and accepting imperfections is crucial to preserving the sanctity of any relationship.

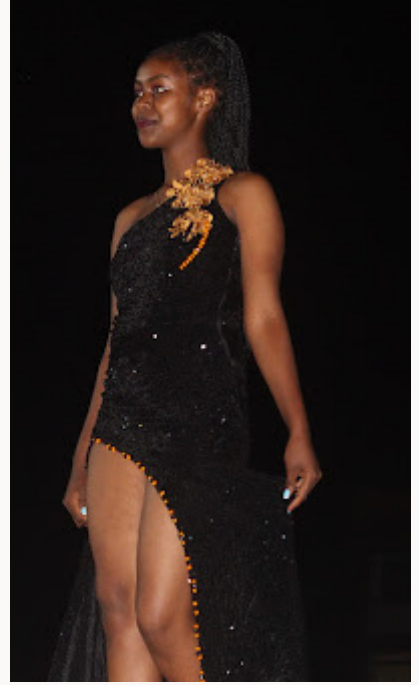
While the saying "familiarity breeds contempt" holds a cautionary note, it also prompts reflection on our own capacity for empathy and tolerance. The challenge lies in embracing familiarity without allowing it to overshadow the qualities that initially drew us close. It encourages us to navigate the complexities of relationships with a mindful awareness, appreciating the nuances that make each individual unique and understanding that a touch of mystery and acceptance can be the antidote to contempt in our most cherished connections.



Gallery: Fresher's Party



Gallery: Fresher's Party



Gallery: Fresher's Party



**Gallery: NACUESA
Swearing-In**



*Gallery: Awarding of
the Drama Club*





Gallery: NACUESA Tree Planting



Gallery: Sogomo Clean-Up



Gallery: Sogomo Clean-Up



WHY STUDY AT UOE

An Online Monthly Publication from The Office of UESO Editorial Board

AMPLE ENVIRONMENT

UoE is located off-town where it offers a conducive environment for quality training, research and innovation to students.

ADEQUATE SECURITY

The University has put in place measures and personnel to ensure protection of school resources and students to prevent any risk or loss.

ADEQUATE RESOURCES

The University of Eldoret is adequately equipped with enough lectures halls a library, health clinics, computer, laboratory and lecture parlor.

ASSURED TIMELY COMPLETION OF STUDIES
UoE offers timely completion of studies .Teaching and learning is going on in university through

various modes including blended mode of learning .

QUALITY EDUCATION

Teaching is done by highly qualified academic staff with digital resources to offer the best learning experience to students.

NURTURE TALENTS

The University offers opportunity to all students to discover their talents through various activities.

STUDY TOP RANKED SUBJECTS

The university is committed to providing academic programs which are relevant and have practical application to ever changing need of the environment in line with vision 2030 and sustainable goal and development goals.

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