

## Students Cultural Week

The event was a great success, with students and staff coming together to celebrate their diverse cultures and talents.

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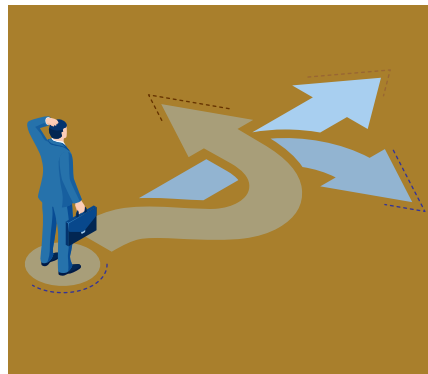


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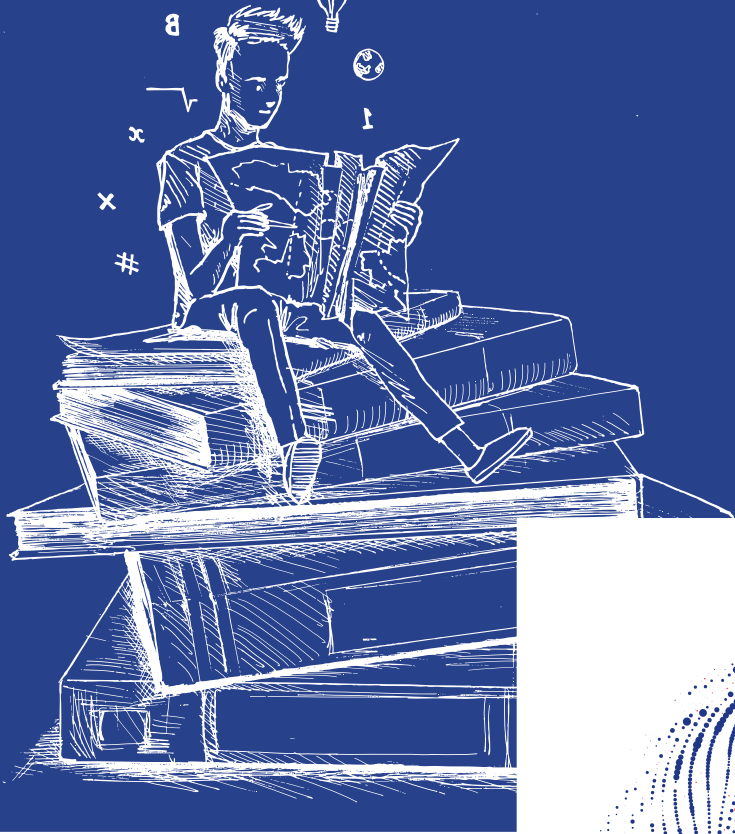
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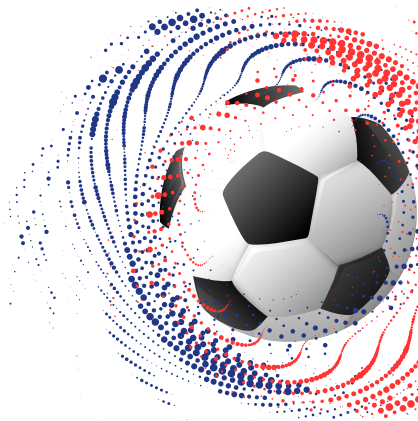
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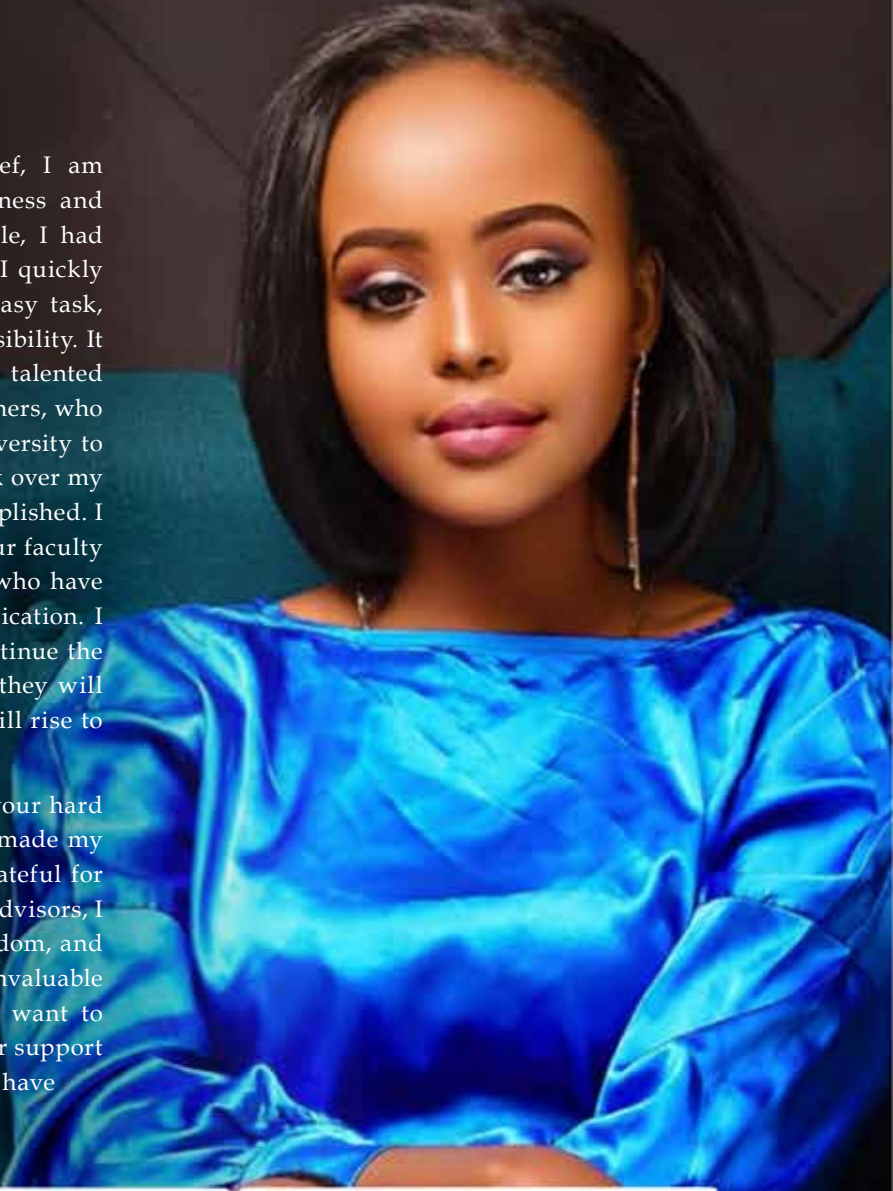


# THE CHIEF EDITOR

NOELINE MARU

As my term ends as the Editor-in-Chief, I am filled with mixed emotions of both sadness and excitement. When I first took on this role, I had no idea of the challenges that lay ahead. I quickly realized that being an editor is not an easy task, but it is one that comes with great responsibility. It has been a privilege to work with such a talented team of writers, photographers, and designers, who have helped me bring the best of our University to life through our publication. As I look back over my tenure, I am proud of what we have accomplished. I am grateful for the support of my team, our faculty advisors, and the school administration, who have all contributed to the success of our publication. I am confident that the next editor will continue the great work we have started. I know that they will face challenges, but I am sure that they will rise to the occasion, just as I did.

To my team, I want to say thank you for your hard work, dedication, and support. You have made my job as editor a true pleasure, and I am grateful for each and every one of you. To our faculty advisors, I want to thank you for your guidance, wisdom, and encouragement. Your support has been invaluable to me. To the entire school community, I want to express my sincere gratitude. Without your support and readership, our publication would not have



**PAULINE NYABOKE**  
BOARD MEMBER



**MERCY NYAKIO**  
BOARD MEMBER

been possible. Thank you for allowing me to serve editor, and for the memories that I will cherish for a lifetime.

As I step down, I want to take this opportunity to share with you some words of wisdom to UoE Students. Your time at the University of Eldoret is a unique opportunity to learn, grow and explore. It is a time to discover your passions and to prepare for your future careers. During your time here, you have had the chance to meet new people, engage in extracurricular activities, and participate in various programs and events. All of these experiences have shaped who I am today and helped me grow into the person I am becoming. As you move forward, I encourage you to continue to embrace new experiences and to never stop learning. Always seek out opportunities to challenge yourself and to push beyond your limits. Remember that failure is not a setback, but an opportunity to learn and grow.

It is my great pleasure to welcome you to the latest edition of our publication. We are thrilled to share with you the latest news, insights, and stories from our team of talented writers and contributors. In this edition, you will find a range of articles that cover a diverse array of topics. From thought-provoking opinion pieces to informative feature stories, we hope that our publication will provide you with plenty of food for thought.



**Your time at the University of Eldoret is a unique opportunity to learn, grow and explore. It is a time to discover your passions and to prepare for your future careers. Stay focused, remain confident, and trust in your abilities.**



**ANAB ALI  
BOARD MEMBER**



**MARTIN KIPRUTO  
BOARD MEMBER**



**TONNY BLAIR  
BOARD MEMBER**

# THE NINETH STUDENT COUNCIL



Dear fellow students,

As we come to the end of our term as the University of Eldoret's 9th Students Council, we want to leave you with a message. We have had the honor and privilege of serving as your leaders for the year 2022/2023, and we have seen firsthand the challenges and aspirations that you face as students. We hope that our leadership has been able to impact you positively, and we urge you to continue striving for excellence, even after our departure. Our message to you is that believe in yourself and embrace change. You are here because you are the best of the best, and you have the potential to achieve anything you set your mind to. Whether it is in academics, sports, or extracurricular activities, you have the power to excel and make a difference in your chosen field.

In the same vein, we urge you to embrace change. We know that change can be difficult, but it is a necessary part of growth and development. With technology and globalization changing the way we live and work, it is essential to keep up with the

times and be open to new ideas and ways of doing things. As students, you are at the forefront of this change, and we implore you to be the change agents of tomorrow.

Finally, we want to thank you for entrusting us with the responsibility of leading you. We have learned a lot from this experience, and we hope that we have impacted your lives positively in one way or another. Remember that our leadership does not end here; we will continue to advocate for your rights and interests even as we leave office. We believe in you, and we have faith that you will continue to make us proud.

Thank you, and God bless you all.

# GREETINGS FROM THE VC

I hope this message finds you well. I want to take this opportunity to extend my warmest greeting and to remind you that you are integral part of our University community. Your hard work and dedication inspire us, and we are committed to supporting you in achieving your academic and personal goals.

Prof. Teresa A. O. Akenga, MRSC, MBA, MBS  
Vice-Chancellor



# SUCCESS TO THE CLASS OF 2023

**Hard work and dedication have never gone unnoticed! The future is bright, and we have no doubt that you will make significant contributions to society.**

On behalf of the editorial board, we would like to extend our heartfelt wishes to the class of 2023 at the University of Eldoret for success in their final exams. We understand that this class has faced numerous challenges, especially during the Corona pandemic, and we commend their perseverance and hard work throughout this journey. We have no doubt that they will perform exceptionally well in their exams and make their families and university proud. As they prepare for this important milestone, we encourage them to stay focused, remain confident, and trust in their abilities to succeed. Once again, we wish them all the best and a bright future ahead. We also want to recognize the efforts of the faculty and staff at the University of Eldoret in supporting and guiding the class of 2023 throughout their academic journey. Their dedication and commitment have played an integral role in preparing these students for their exams and future careers.

determination in the face of unprecedented challenges, and they should be proud of their achievements thus far. The future is bright, and we have no doubt that they will make significant contributions to society.

As they take their final exams, we want to wish them good health, peace of mind, and success in all their endeavors. Remember, success is not just about the destination but the journey itself. We believe in them, and we know they have what it takes to succeed.

To the class of 2023, we want to remind them that their hard work and dedication have not gone unnoticed. They have demonstrated resilience and





# STUDENT'S CULTURAL WEEK



The University of Eldoret recently held a cultural week from the 21st to the 23rd of March. The event was a great success, with students and staff coming together to celebrate their diverse cultures and talents. The sports director, Vincent Kiplimo, played a key role in organizing the event.

On the first day of the cultural week, 21st March, there was a talent show where students showcased their various talents. This included music, dance, poetry, and drama. The performances were judged by a panel of experts, and the winners were awarded prizes.

The second day of the cultural week, 22nd March, was dedicated to celebrating the various cultures represented at the university. Students dressed up in their traditional attire and participated in various cultural activities. There was also a food fair where students sampled different cuisines from different cultures.

The climax of the cultural week was on the final day, 23rd March, where there was a contest to crown Mr and Miss UoE, as well as Mr. Flex.

The contestants went through various rounds of competition, including talent shows, question and answer sessions, and fashion displays. The winners were selected based on their overall performance, and they were awarded prizes and certificates.

Throughout the three-day event, the atmosphere was electric, with music and dance performances from various artists. The event was hyped by the popular DJ Joe Mfalme, who kept the crowd entertained with his mixes.

Overall, the University of Eldoret Cultural Week was a huge success. It was a great opportunity for students and staff to come together and celebrate their diverse cultures and talents. The event was well organized, and the participation was impressive. It is hoped that similar events will be organized in the future to continue promoting diversity and cultural awareness within the university community.





Gallery: Student's Culture Week page 68 - 81





Gallery: Student's Culture Week page 68 - 81



# UOE@10 CELEBRATIONS

**University Celebrated A Decade of Knowledge and Innovation. The University of Eldoret was chartered on the 11<sup>th</sup> of February, 2013 as a public University**

The University of Eldoret was chartered 10 years ago on the 11th of February, 2013 as a public University. With the vision of being a premier University that nurtures global leaders and innovators, the University has made great strides in achieving its set national and international goals in providing quality training, research, consultancy, and outreach geared toward meeting the needs and aspirations of a dynamic society. To commemorate and celebrate a decade of our existence within the hierarchy of the Higher Education sector in Kenya, the University planned a range of activities from 18th - 24th March 2023. These activities included; Cross Country, Vice-Chancellor's Cup semifinal and finals, Scientific Conference, Public Lecture, Panel Discussion, Talent/Cultural Show, Open Day, Exhibitions, and Interdenominational Thanksgiving Prayers among others.

The Open Day which was held on 23rd March 2023 and the interdenominational thanksgiving prayer held on 24th March 2023 were the climaxes of these activities. The celebrations took place at the University Charter Grounds where we were awarded Charter ten (10) years ago.

During the Open Day celebrations, the University welcome several guests with the Chief Guest being the Cabinet Secretary (CS), Ministry of Education, Hon. Ezekiel Machogu who was represented by the Principal Secretary (PS), State Department for University Education and Research, Hon. Dr. Beatrice M. Inyangala. In her remarks, Dr. Inyangala stated that she aspired to see universities touch communities with solutions to societal problems. She further added that the University was doing well in the area of Agriculture and the Blue Economy and promised support from the Ministry of Education. She assured the public that the government is opening up opportunities through the Bottom-up Economic Transformation Agenda (BETA) to promote investments of ordinary Kenyans to spur the economy.

The Governor of Uasin Gishu County Government of H.E. Hon. Jonathan Chelilim who also graced the celebrations congratulated the University on the provision of much-needed skills and modernization of the University through state-of-the-art infrastructure. He mentioned that he was a proud alumnus of the premier institution



which played a pivotal role in his life and career and noted that the institution had transformed to become an icon in nurturing talents focusing on technology and innovation. He called for a collaborative approach to building a robust county and country rich in skilled manpower.

The University Chancellor Amb. Prof. Judith Mbula Bahemuka on her part appreciates the leadership of the University and acknowledged the role they have played in placing the university where it is. She outlined four elements that captured her speech. These include; the edifice of the University; the content, the team, and the nexus. She emphasized that these four elements are connected by knowledge. She concluded by encouraging leaders to be governed by a moral commitment to the common good and be people of integrity and character who value the dignity of every human being.

The first Chairperson of the University of Eldoret Endowment Trustees Board Prof. Margaret Kamar was also present during the celebrations. She congratulated the university for its immense growth, she highlighted that the Annual Agribusiness Trade Fair has marketed the University greatly and that we should continue to build on it. She reiterated that the University should lead in terms of providing direction to farmers to grow crops that will make the country food secure.

The Chairman of the University Council Dr. Ismail Buro Hassan on his part congratulated all for the part they have played to realize this milestone. He stated that the University has witnessed tremendous growth and development in academics, infrastructure, and human capital.

Dr. Hassan stated that in the last ten years, the University made the conscious decision to prosper, transform our future and build a legacy for the coming generations.

Finally, the University Vice-Chancellor Prof. Teresa Akenga who had steered the University to this milestone appreciated all the stakeholders for joining in the celebrations. She outlined that University has positioned itself as a center of Blue Economy, Agriculture, Applied Sciences, Technology, and Innovation and called upon the University leadership to continue raising the bar. She thanked the Government through the parent ministry for supporting the University and appreciated the local government for creating a conducive atmosphere for the University to excel. She further called upon the University staff and students to be the needed ambassadors towards fanning the Flame of Knowledge and Innovation.

The interdenominational thanksgiving prayer which was held on 24th March 2023 was graced by religious leaders from different denominations. The religious leaders took turns to thank God for the past 10 years and prayed for blessings in years to come. The sermon titled 'Ten (10) is better than Zero' was delivered by Bishop Boniface Runji of Happy Church Ministries International.

The celebrations culminated with the launch of the ISO 27001 Information Security Management System (ISMS) documents.



Gallery: UoE@10 Celebrations page 82 - 85



**Gallery: UoE@10 Celebrations page 82 - 85**



# UOE DRAMA CLUB

## **Eagles' performance of Maryann was a brilliant display of creativity and talent, showcasing the rich history and culture of the Kenyan people**

The University of Eldoret Drama Club, also known as Eagles, put up an exceptional performance of their award-winning play "Maryann" during the Kenya Universities Performing Arts and Film Association (KUPAFA) regional festival held at Egerton University between the 14th and 16th of October 2022.

The play, which won several awards at the regional level, including the Best Historical Play and Best Dramatized Solo Verse, narrates the story of Kimnyolei, a tribal leader who sends his gifted sons to fight in several battles, including against Luanda Magere. Despite their efforts, they repeatedly fail to defeat Luanda Magere, who remains unbeatable.

Sambini, Kimnyolei's brother, who has always desired to be the clan's chief, sees this as a chance to offer a solution and finally be the hero he desires to be. He sends his daughter Maryann to spy on Luanda Magere's clan to uncover the secret of his invincibility, hoping to use it to defeat him and gain power.

Maryann stays with Luanda Magere for several seasons, desperate to find the secret and gain favor with her father. When she eventually discovers the secret, she hesitates to reveal it to her people, but is eventually persuaded by her mother to do so. Finally, Luanda Magere is defeated, marking the end of his reign.

The play received accolades at the regional event, including the first runners-up in Coral Verse, Narrative, and Spoken Word, as well as the second runners-up in Best Modern Dance and Play categories. The University of Eldoret Drama Club continued their success at the nationals held at Jaramogi Oginga Odinga University of Science and Technology, where Maryann was awarded the Best Historical Play and several other awards.

Overall, Eagles' performance of Maryann was a brilliant display of creativity and talent, showcasing the rich history and culture of the Kenyan people. The play's success at both the regional and national levels is a testament to the hard work and dedication of the cast and crew behind it.



# Done With Love



# WORLD WETLAND DAY

**DID YOU KNOW: Wetlands support 40% of the ecosystem and biodiversity of all plants and animal species that live or breed in wetlands. They are the World's water towers that play a critical role in the ecological water cycle.**

The University of Eldoret in collaboration with other stakeholders celebrated the World Wetlands Day 2023 on **2nd February 2023** at the Pavilion Grounds. The theme of this year's event was "*Wetlands Restoration*" and the aim was to raise awareness and increase people's understanding of the critical importance of wetlands. Wetlands support 40% of the ecosystem and biodiversity of all plants and animal species that live or breed in wetlands. The World Wetlands Day was celebrated to remind us of the cultural and biological diversity of wetlands which represent a natural wealth and prestigious natural resource that maintains the ecological balance in its locality.

Wetlands are the suppliers and regulators of water for extensive river and lake basins. They are the World's water towers that play a critical role in the ecological water cycle.

The event commenced on 1st February with a clean-up of the river Sosiani where several stakeholders participated. These included University of Eldoret staff and students (Environmental Club), Uasin Gishu County staff, School of Public Health, Moi University, KEMSA among others. Pyramid Company donated the bin bags that were used to collect and dispose debris retrieved from the river and surrounding environment. The clean-up activity was followed by a Symposium at the University. Several partnering stakeholders participated in the panel discussion with various presentation focusing on wetlands restoration. These proceedings can be found on the University of Eldoret YouTube Channel.

The official celebration was at the University Pavilion. The Chief Guest was H.E. Johnathan Bii Chelilim who was represented by the CECM Water, Sanitation, Energy, Environment Natural Resources and Climate Change, Dr. Abraham Serem. In his speech, Dr. Serem said that there was need to actively engage all the stakeholders within the County and leverage on efforts to restore the wetlands which were being degraded at an alarming rate. He reiterated that the County Government is ready to work with the University in matters environment for mutual benefit.

The Deputy Vice-Chancellor (PRE), Prof. Phillip Raburu, representing the Vice-Chancellor welcomed the attendees to this year's World Wetlands Day celebrated all over the world. In his remarks, he thanked all entities for supporting and participating during the celebrations. He further stated that Kenya is a signatory to the Ramsar Convention on Wetlands of international importance, and therefore it is important for all to participate reflecting on what is affecting wetlands and what can be done to ensure wetlands are conserved and sustainably utilized.

The guests paid a courtesy call at the Vice Chancellor office and thereafter planted ceremonial trees at the Marura wetlands to commemorate the day. More trees will be planted at the onset of planting season.

The Chief Guest was accompanied by the Ag. Chief Officer Water, Sanitation, Energy, Environment Natural Resources and Climate Change, Mr. Stephen Barno; UG County Secretary, Mr.

Edwin Bett among other officials. Other guests present at the celebrations included; Mr. Odidi Otieno representing the County Commissioner; Director, NEMA Ms. Sally Kiboss; Manager, Water Resources Authority (WRA); Chief Conservator, Kenya Forest Service (KFS) Joseph King'ori. Other organizations represented included; International Cranes Fund (ICF), Moi Teaching and Referral Hospital, Moi University School of Public Health among others.

The University was represented by members of UMB, DVC (AF) Prof. Wilson Ng'etich, Registrar Planning Dr. Bem Mwasi. Deputy Registrar Mr. Benjamin Rono, Chair of the Stainability Environmental Committee Dr. Thomas Munyao, Director Research and Innovation Prof. Lizzy Mwamburi, Corporate Affairs and Marketing Manager, Dr. wambui Ng'ang'a among others.



# UEESA CLEAN UP IN KITALE

**UEESA is a students' association predominantly constituted of students Studying in University Of Eldoret . Hailing from this University they instinctively felt the need to make a positive impact on the society; which was effectively done through a volunteer clean up exercise in the central business district of Kitale Municipality.**

UEESA is a students' association predominantly constituted of students Studying in University Of Eldoret . Hailing from this University they instinctively felt the need to make a positive impact on the society; which was effectively done through a volunteer clean up exercise in the central business district of Kitale Municipality. Under UEESA leadership this idea was brought forward to the UEESA executive committee and unanimously approved by the members. Thus, in collaboration with the County government of Transzoia County, and upon approval by the U.O.E administration, the 62 registered student participants proceeded to Kitale by using the University bus and were facilitated using the Environmental Sustainability committee budget. Participants were, Transzoia County Government Environmental Executives ,UEESA Members, UOE staff Representative, Kitale Town residents. The main activity of the day was the clean-up exercise in the Central Business District of municipality, The Headquarters of Transzoia County. This pioneering event was flagged off by the CEC of Land and Environment Transzoia County along. In attendance were Director Land and Environment and the National Environment Management Authority (NEMA). Most of the activities were carried out by the volunteering students and Residents; we picked litter and collected garbage at the designated areas orderly along the streets. As a prerequisite, the county government officials in liaison with the waste management department had in advance organized for the garbage truck to move around collecting the inappropriately discarded litter that

we had gathered. All this was consequently done after an introductory ceremony at the point where we first convened upon arrival (The Kitale National Museum.) Masks and gloves were dispatched to every participant together with rakes, spades, litter bins and sacks as personal protective equipment and for garbage collection respectively. Afterwards, the five team leaders from the garbage collection and waste management department of the county government was allocated a group of twelve volunteers, with whom they proceeded into 3 streets of Kitale municipality and others on the opposite sides along Kitale - Uganda Highway as they headed towards Kitale Mosque for a thorough cleaning exercise. This spanned approximately two and a half hours. Thereafter, closing remarks were addressed to the participants by the various leaders present, notably both the chairpersons of UEESA - Mr. Ian Kipchirchir and UOESO president - Evans kipchumba, staff present and later interviewed by Transzoia Communication Team where we Explained why we choose kitale for the Exercise and the role of University in steering Environmental sustainability Go On. The UEESA Organisation thank the university for their endless support in ensuring that the exercise was a success and facilitating the event. Climate change being a Global issue University of Eldoret Environmental students Association will be in the forefront in championing and Implementation for mitigation measures to combat climate change .We will continue to partner with Environmental lead Organisations to achieve the Governments top agenda on increasing forest cover ,Efficient

agricultural methods and Creating Awareness to the masses on the importance of Maintaining a clean and a greener Environment. UEESA recognize the support that we received from university of Eldoret administration through the support of our able Deputy vice chancellor(PRE) ,DVC (A&F) , Dean of Students, Dr. Lelei Kiboyi, Dean SENV, PROf. Simiyu, Chairman of the Environmental Sustainability Committee, DR. MUNYAO and

Madam Jane kiragu. Also, our able matron Dr. Georgine Kemboi for the esteemed support to make it a success. UEESA is forever grateful for your support. We continue to give credit and thanks to the university administration led by the Vice Chancellor for their continued support in ensuring that all events in Environmental calendar comes to a success.



# IN THE VALLEY

**In an event dubbed “UOE in the Valley”, Baringo Students Association in partnership with our premier university conducted a mentorship program, themed “ From the Hills and the valleys of Baringo County to the world”.**

There is a famous quote that goes, give an individual fish and he or she will use it for a single day, teach him or her how to fish and he or she will appreciate for a lifetime. This is the bedrock in which Baringo Students stood by as they visited Baringo Central schools on Saturday 11th February 2023.

In an event dubbed “UOE in the Valley”, Baringo Students Association led by its Chairperson Martin Kipruto and its executive members, in partnership with our premier university conducted a mentorship program, themed “ From the Hills and the valleys of Baringo County to the world”. This is an event aimed at boosting the academic fortunes of the students who study in the various institutions of Baringo Central constituency. Majority of the participants were the natives of the county of diversity and thus they were selling the message that it’s possible to join the university and pursue a course of your Choice.

The event was launched at Ainobmoi Boys High School, a school located a few meters from the famous Chebloch George and few kilometers before the famous “S” Road. The boys were so eager to hear from their big brothers and sisters from the university. The members were welcomed by the school Deputy principal “We welcome you to our institution, our learners are eager to learn from you today, we usually tell them its possible and with your presence here today indeed its possible” said Mr. Joshua Kibokiy the deputy principal amid the cheering and eager students in the dining hall. “We have deliberately come here today from the university of Eldoret to assure you that everything is possible with consistency, hard work and faith, don’t hesitate work hard and join Our University,” said Martin. The event was launched in pomp and color with the display of our great university banners and cheerful student after the national anthem and prayer from



the student's fraternity. The secretary general Brian Kipsoi, led a team of 25 in continuing with the mentorship at the school.

A team of 25 boarded our university bus and went deep into the valley at AIC Philemon Chelagat girls High School. Led by Brenda Kiptoo the Association's guidance and counseling director. The learners were eager cheerful girls they were. I can remember the ululations from the classes immediately our university bus reached the assembly square. It was really humbling; I felt great being an ambassador of our university. We were welcomed by the guidance and counseling head of department and their principal. They were really happy to see us. We then split into various groups and split ourselves. Several topics were covered which included: Academics, drug and substance abuse, the power of God in academics, why choose UOE, among many other topics. The girls were attentive amid the scorching sun of the valley.

A team of ten covered Kabarnet Hurth High School in the middle of Kabarnet town. The team led by Gillian Jemutai the organization's second year representative. "We appreciate the university of Eldoret and Baringo Students for remembering us God bless you" said the HOD guidance and counseling as she was cheerful. The learners were eager and they promised to work smart. "Work smart and choose university of Eldoret" reiterated Rian Chemosu the leader representing minority in the organization.

The entire team later converged at Kabarnet Boys High school one of the giants in academics across the county of diversity and the country. We were welcomed by the Head of Guidance and counseling department; the boys were eager. They split into four groups each group had various comrades. It was one of a kind the boys enjoyed the talk visible from their facial expression. Truly it was the climax of a day long talks. Truly from the hills and the valleys of Baringo we shall conquer the world.

Branded university of Eldoret pens were issued to the students after asking questions regarding the topics covered. Most of the students were visibly motivated and they were eager to join the University of Eldoret, the flame of knowledge and innovation. "We thank the university, God and the entire membership of our organization for sacrificing to make an impact back home" said Amos Cheptoo the organizing secretary. Visibly the valley was UOEnated! Bravo!





# THE CAREER TALK 2023

On 17th February comrades of our great university got a rare opportunity to refine their career paths in an event held at the University Kerio Hall which brought together players of various youth advocacy groups. The event themed “preparing graduates for the job market. The event dubbed “tubonge” by a section of the comrades was a great chance to learn, socialize and build a network.

The event was organized by the office of the dean of students under the careers department headed by Dr. Mubichakani “We need to prepare you to have the right knowledge skills and attitude towards the job market, always be flexible don’t have a rigid mind, said the dean Dr. Lelei Kiboiy (phd), as he opened the talk on behalf of the deputy vice chancellor academics and Students Affairs.

Some of the skills learnt included, preparing for job application and interview with tenets such as curriculum Vitae(cv) writing and identifying potential employers. The participants learnt a lot regarding building a resume for one to be spotted in the job market. This segment of the talk was headed by the university’s Human Resource department. What a day!

The presence of the Ajira team made the talk more active and practical. They sensitized the members to join the Ajira club within the university headed by Kellystone Odhiambo. Ajira digital is a platform by the government of Kenya meant to empower the youths with relevant skills to suit the job market as a way of reducing unemployment rates.

The platform offers both online and physical training’s of various skills such as data entry, crypto currency, free lancing among other skills. Through the website comrades can access some online gigs in platforms such as indeed and freelancer. It was one of a kind.

The event was as well made possible by the safaricom-PLC through its regional human resource Manager –rift valley region Mr. Rich Domonyang, who advised the participants to clean up their social media spaces as it is considered by many organizations when hiring. He as well explained the organizational structure of safaricom as a communication company and its role in the society as well as potential opportunities for graduates in the company. He encouraged comrades to do research when they are applying for opportunities



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and update their resumes to meet the needs of the given company. He as well talked about the gig economy and encouraged members to up skill themselves and sharpen their abilities in various emerging fields. Deans of schools were as well represented. The dean school of science was represented by HOD Mathematics who encouraged participants to learn skills on software development, cyber security, data science, research and risk analysis among other relevant skills she encouraged comrades to be flexible at all times especially now that employment opportunities are becoming scarce.

The event was organized by a team of comrades drawn from various organizations within the university and led by Sam Okemwa a 5th year Engineering student. The event was co-hosted by Martin Kiptalam Kipruto and Felix Zebedii a team that made the event not only active but also engaging and lively making comrades have a good time.

This events play a critical role in building up graduates for the current fluid job market. This is in line with the university vision of producing well-grounded professionals in various fields of academia and general personal growth of its graduates.



# NYAMIRA-KISII STUDENTS ASSOCIATION AT MOI UNIVERSITY

The university of Eldoret allows students to organize themselves into groups of common interests and origin. Nyamira -Kisii University of Eldoret Students' Association is one of the association recognized and registered by the University. Nyamira-Kisii University of Eldoret Students' Association has so many programs that they conduct in every academic year.

On 12th February,2023, NKUESA went to Moi university for a football friendly Match. The chair of the Association ensured that a strong team is well prepared from University of Eldoret to represent the University of Eldoret in Moi university. The Nyamira-Kisii University of Eldoret Students' Association were able to interact

well with Moi team, socialized and shared experiences. This even helped them to understand how Gusii Students from Moi conduct there own activities.The team portrayed a good image for the university all through the process.

Moi university Gusii Students Association promised also to pay a visit to University of Eldoret. They also planned on how to unite all Gusii Students within Uasin Gishu county.

It was really a great day for the NKUESA team and they appreciated the university of Eldoret for giving freedom of expression and for accommodating all the interest of students from different regions.



**University of Eldoret is a Premier university that natures global leaders and innovators.**



# PWD WORKSHOP



On 24th and 25th April, 2023, University of Eldoret Students with disability went to a workshop at Catholic Diocese of Bungoma (Kabula)

The workshop was organized through the dean of students' office. The officials who accompanied the students include:

- The acting assistant dean of students - Dr. Mubichakani
- The senior students' counselor- Dr. Esther Nyabuto
- Chaplain - Pastor Joseph Maamuli
- The chair disability mainstreaming committee - Dr. Remi Orai
- The student leader incharge of persons with disabilities-Pauline Nyaboke

The workshop was officially opened by the DVC ASA Professor Ruth Otunga who joined on day two. The Guest from National council persons with disabilities also joined in the workshop on day two; Mr. Ismael.

The following topics were covered on that day:

- Role of National council for persons with disability by Mr. Ismael
- Implementation of PWD mainstreaming policy at University of Eldoret by Dr. Remi Orai
- Coping with disability within the university by Professor Ruth Otunga DVC ASA.
- Emerging issues on Disability by Mr. Ismael.

University of Eldoret Students with disability was able to learn new things and be aware of their rights. They were also able to freely express their views and share their experiences. They were also free to ask questions for clarification. It was really a great day for University of Eldoret Students with disability as they had been taken to an environment outside the university.

They enjoyed new meals, shared experience with each other, interact with some of the staffs from the university one on one, and interact among themselves and so many other things. What a day!





# KARATE COMPETITION

The University of Eldoret Karate team participated in the Kenya University Sports Association (KUSA) nationals which were held at Meru University on 24th to 26th February 2023. A team of 6 men went for the games together with the Special member in charge of Entertainment, Games and Sports. They managed position 3 out of 18 institutions that participated. The men brought a big trophy back home. It was a very happy day for them as well as the University fraternity at large.

In addition to, the UoE Karate team went for KUSA women championship held at Rongo University on 2nd to 4th March 2023 and managed position 3 out of 12 institutions that participated in both Kata(drill) and Kumite(fighting). There were a total of 5 ladies who participated in the game. The girls brought medals home; one silver and four bronze. They were jovial having won in both games.

The Karate team was grateful to the University for the opportunity to interact with the other teams, for learning new skills and having fun. They also expressed their heartfelt gratitude towards the Entertainment captain for organizing the game and believing in them. There is a saying that goes, "the key to winning is not giving up. No famous sporting star has got to where they are today without having to overcome a few hurdles along the way. If you keep losing, keep trying twice as hard. Keep determined and motivated and you will succeed". I believe that next time the UoE Karate team will bring gold medals because winners will always be winners and winning motivates one to continue playing and continue winning.

The University of Eldoret as well appreciates the Karate team for the good impression they gave the institution, for all the hard work and for bringing all those rewards back home. It is an honor for both the team and the institution.





# CHAMA CHA KISWAHILI

Chama cha Kiswahili katika chuo kikuu cha Eldoret (CHAKIUOE) kilianzishwa mwaka wa 2016 kwa lengo la kuwapa wanachama jukwa maridhawa la kushabikia Kiswahili na kuimarisha utangamano wa kitaifa na kimataifa. Madhumuni mengine ya chama ni kuinua viwango vya utafiti miongoni mwa wanafunzi, kupiga jeki shughuli za idara ya Kiswahili na kulea vipaji vya wanachama katika Sanaa zinazifungamana na lugha. Ni miongoni mwa vyama chuoni kinachoshirikisha wanafunzi katika maswala ya lugha ashrafu ya Kiswahili. Kila mwanafunzi aliye na ari ya kukijua na kukikuza Kiswahili yu huru kujiunga na chama hiki. Vikao vya chama hufanyika mara tatu kwa muhula huku viongozi, huku viongozi wakikutana kila baada ya wiki mbili kutathmini maendeleo ya chama na kuweka mikakati ya kuchangia makuzi ya chama.

Baadhi ya shughuli zinazoendelezwa na Chama hiki ni kuuza sera za Lugha ya Kiswahili kwa wanafunzi chuoni na hata wa shule za upili jirani. Muhula uliopita, Chama kilizuru shule za upili ya Kimumu na wanafunzi wengi walifaharika na lugha ya Kiswahili. Wengi wao waliahidi kufanya Somo la Kiswahili watakapojiunga na Vyuo Vikuu mbalimbali nchini Kenya.

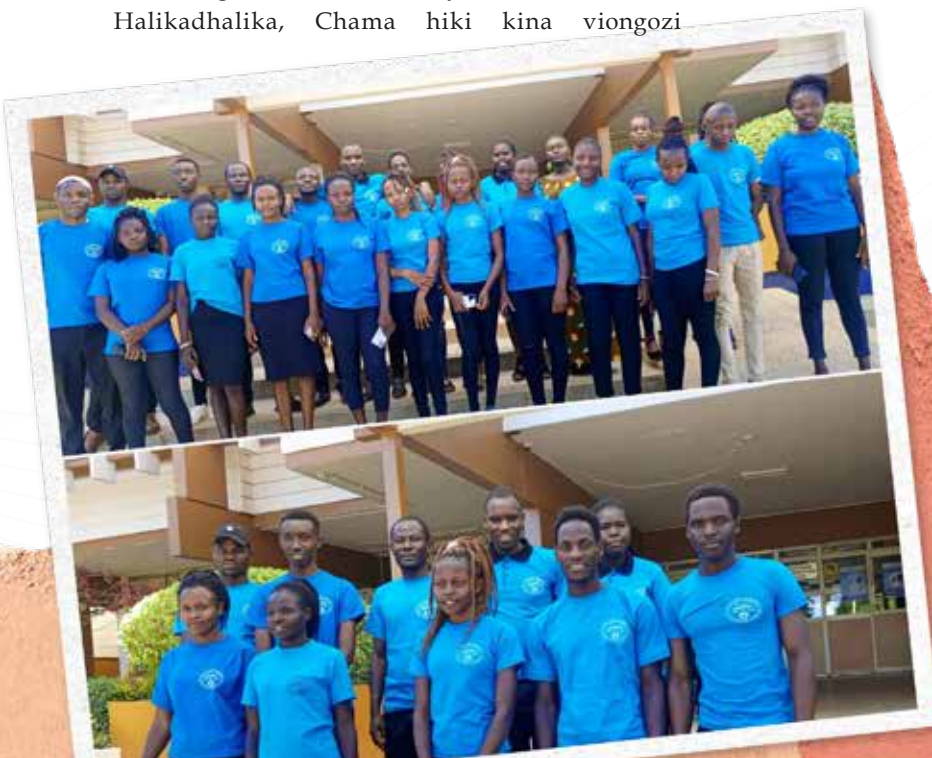
Mlezi wa chama kwa sasa ni Dkt Sophia Ali ambaye hushirikiana kwa karibu na viongozi waliochaguliwa kushikilia nyadhifa mbalimbali. Halikadhalika, Chama hiki kina viongozi

ambao in; Girishom James (Mwenyekiti), Mercy chepkoech (Naibu mwenyekiti), Siminyu Yasin (Katibu), Shalevya Ruto (Naibu katibu), Millicent Kimaiyo (Mwekahazina), Joshua Mwazuma (Mhariri), John Wekesa (Mratibu) Ann chebet (Naibu mratibu), Purity Jepting (Mwakilishi wa mwaka wa kwanza), Peter Vundi (Mwakilishi wa mwaka wa pili), Shanice Mutonyi (mwakilishi wa mwaka wa tatu), Erick Wabwire (Mwakilishi wa mwaka wa nne).

Isitoshe, Chama hiki ki miongoni mwa Chama cha Wanafunzi wa Kiswahili Afrika Mashariki \_Mkanda wa Kenya \*(CHAWAKAMA\_KENYA)\*. Kila mwaka panakuwepo mtagusano wa Vyuo Vikuu nchini Kenya ili kujadili maswala mbalimbali katika lugha ya Kiswahili. Aidha, mwaka huu kongamano la \*CHAWAKAMA\_KENYA\* litakuwepo katika Chuo Kikuu Cha Jaramogi Oginga Odinga (Bewa Kuu) kuanzia tarehe 10/ 03/2023. Kauli mbiu: \*SAYANSI NA TEKNOLOJIA. Vile vile mwaka huu, mwezi wa Novemba chama kitahudhuria kongamano la kitaifa katika chuo kikuu cha chuka.

Wasiliana nasi mtandaoni kupitia Facebook; \*Chama Cha Kiswahili University of Eldoret\*\_Kiswahili kwa maendeleo endelevu\*

**Baadhi ya shughuli  
zinazoendelezwa na  
Chama hiki ni kuuza sera  
za Lugha ya Kiswahili  
kwa wanafunzi chuoni  
na hata wa shule za upili  
jirani.**



# MUSLIM RALLY AT KIBABII



## He orders them with that which is good and forbids them that which is bad

The University of Eldoret Muslim Students Association (UoEMSA) went for a Muslim rally which was held on 11th March 2023 at Kibabii University in Bungoma county. There was a total of five students who went to the rally to represent the UoEMSA community. The main theme of the rally was "Our Youth in the Light of Quran." The event commenced at 11.00am. We were welcomed on behalf of the Vice Chancellor of Kibabii University by the patron of the Muslim Students Association of Kibabii University. There were various schools and institutions which participated in the event including Masinde Muliro University of Science and Technology, Jaramogi Oginga Odinga University of Science and Technology, Abrar Muslim Secondary School, Kisiwa Technical Institute and Ichiga Muslim secondary school. Not forgetting the respected Sheikhs who were the honored guests.

The Sheikhs talked about the challenges facing Muslim youths in the 21st century. The challenges were said to have been fashion, social media and LGBTQ. Fashion has made many Muslim youths to dress inappropriately against the teachings of Islam. Clothing is known as an expression of our faith and personal relationship with God and it symbolizes modesty and privacy in Islam. We were advised to dress properly and modestly. They also talked about social media and how it's affecting many youths and families at large. Despite the positive effects of social media on Muslim youths through Facebook, Twitter, Instagram and WhatsApp in passing meaningful information across the board, its negative effect of promoting moral decadence were also not to be overlooked. Social media has made the youths to lose their dignity.

The issue of LGBTQ was also talked about since

it was a major issue emerging in the country as at now making all the religious leaders to be verbal about it. We were urged to stay away from such immorality. Our leaders advised as about how Allah has condemned homosexuality and the punishments for such acts. We were encouraged to always follow the teachings of the Quran. There were several events that took place; one of the kids from Abrar high school recited some verses of the Holy Quran and a student from Jaramogi Oginga Odinga University of Science and Technology recited a poem on LGBTQ. Generally, the poem was forbidding homosexuality. We were told to command good and forbid evil as it is written in the Quran. "He orders them with that which is good and forbids them that which is bad. And he allows for them that which is clean and good, and forbids them that which is unclean and detestable. (Qur'an 7/157).

We had time to socialize with the other students and advise our younger sisters and brothers and ate lunch together. It was an honor to have been a part of such a wonderful event. We were really grateful for the invitation. We also appreciated the chaplain of Kibabi university for supporting and helping the Muslims students to organize such an event.

Finally, every school and institution were awarded certificates of participation. The trip back home was cheerful having been inspired, encouraged and happy to have learn a lot. We will always be grateful for the wonderful event.



# VARSIY GAMES 2022 NDEJJE UNIVERSITY - UGANDA

**The objectives of the games were, to sensitize communities about the role of sports as a major tool in community partnerships and development**

The eastern Africa university sports federation FEAUS university games dazzled sports lovers and have led to the development of sports talent since 1999. The year 2022 was no exception where the 12th edition went down on December 16th to 20th 2022 at Ndejje University which has been one of the best in the game's history. The University of Eldoret was among the 45 Universities across East Africa which took part and in several games and sports with over 3044 athletes across the community. Games are not just sports

instead it is a social and economic and political integration. The theme of this year's games was "Strengthening the integration of Eastern Africa Higher Education through University sports". This is one of the ways of building a strong community capable of dealing with its economic challenges as envisaged in the EAC vision. The objectives of the games were, to sensitize communities about the role of sports as a major tool in community partnerships and development, to advocate for unity, respect, friendships, fairness, integrity



and brotherhood to enhance collaboration with universities in Eastern Africa Communities and To support progress through laid out structures and patterns by setting targets and smooth transition in sports administration and management. Ndejje University have the facilities to accommodate many activities in its main campus at Luweero, which was made possible by government contributing money to renovate the sporting facilities. Several games took place which included, swimming, tennis, beach volleyball, handball, athletics among others. The competitors were drawn across the 45 east African universities. The University through the sports office under the sports officer Mr. Kibet and UESO sports director Vincent Kiplimo Chemitan managed to take at least sixty students to be part of this historical games. They were as well accompanied by Evans Kipchumba the UESO chairperson. This is in line with the University vision of nurturing global leaders in various spectrums including the field. We participated in athletics and one of our own comrades James Kurui, bagged a bronze medal

in 5000M and 1000M respectively. Leonard Sirma one of the University's sports man posted an exemplary performance by being the fourth and fifth position in 800M and 500M respectively. UOE ladies football team played to quarter finals level beating other giant teams across the East African community. We as well had indoor games which include badminton, tennis and Frisbe as well as handball that represented our university and posted exemplary performance putting the university of Eldoret in the road map to great success in the sports arena. Truly we are a flame of not only knowledge but also innovation and games.



# ENGINEERING STUDENTS' ASSOCIATION GALA NIGHT

## **Was an opportunity for various organizations and stakeholders to showcase their products and services**

On 1st April 2023, the Engineering Students Association (ESA) of UOE hosted an unforgettable Gala night at Rupa mall. The event commemorated the organization's first-ever Gala night, which brought together various stakeholders, including engineers from the North Rift region, Graduate engineers, student engineers from UOE and Moi University, and the Engineers Board of Kenya and The Institute of Engineers of Kenya. The ESA-UOE executive committee President, Sam Okemwa, spearheaded the event and received support from sponsors such as Samsung Northrift, the ESA-UOE executive team, Faculty members, the Engineers Board of Kenya, and the Institution of Engineers of Kenya.

The evening was an occasion to celebrate the achievements of the ESA-UOE and highlighted exemplary projects, exceptional performers in co-curricular activities, and top performers in the ESA-UOE football tournament. The highlight of the night was the handover of the ESA-UOE leadership from the outgoing president Sam Okemwa to the newly elected team.

Asides from the festivities, the night provided a platform for students to obtain opportunities for industrial attachment, employment, and internship. The presence of industrial linkages provided an avenue for students to gain industry-relevant knowledge and experience, making them more attractive to employers.

In addition, the gala night was an opportunity for various organizations and stakeholders to showcase their products and services to the students. The event illuminated the unity and spirit of camaraderie among students, members of the Engineering Profession and other stakeholders in attendance.

Overall, the Engineering Students Association's Gala night was a massive success, and it is hoped that it will become a tradition that students in the Engineering Faculty and the entire fraternity will look forward to every year. The event brought together different stakeholders, enabling them to learn, grow, and support each other in a spirit of camaraderie.



# GAMES & SPORT



**Humans work because they have to; they play because they want to. Play is autotelic—that is, it has its own goals. It is voluntary and unforced.**

Sports and games are part of every culture past and present, but each culture has its own definition of sports. The most useful definitions are those that clarify the relationship of sports to play, Sports are an important part of just about every society and country involving everyone, whether they are playing or watching. Sports, physical contests pursued for the goals and challenges they entail. Sports games, and contests. Humans work because they have to; they play because they want to. Play is autotelic—that is, it has its own goals. It is voluntary and unforced.

The University of Eldoret has provided the learners with various fields and pitches that help in displaying the skills and talents amongst the students. The University has got two standard playgrounds for football; that is Pavilion and the New Site abbreviated as NS ground. The Pavilion playground is located at the old site building where graduation ceremony takes place. The NS playground is located near the administration block along the road to main gate A. The university has tennis courts next to the Pavilion playground. The basketball court is located near the NS playground together with the cricket field and volleyball pitch

Football is rated as the main sport at the University. Other sports include athletics, basketball, rugby, table tennis, volleyball and cricket.

## Football

It is one of the common sports and most preferred by majority of the students. The football association nicknamed as Chep League is run by the students' association and sports coordinator of the University. The league normally starts at the beginning of the semester and ends towards its end. The students who are interested form teams which must be registered in the school. Each semester considered as the new season carries a maximum of 17 club teams with a minimum of 15 players. Each club management organizes for club Jerseys. The registration fee for each is about Kes 3,500 for every season inclusive of money for the referees.

The games are always played during the weekends where most of the students are free from classes and other duties. Students normally come to cheer up their favorite clubs as they play against their opponents. This is where you will notice the similarities between love of football and its passion. Being a fan of any of the club in the Chep League is a love above any hobby you can engaged in.

Fixtures of matches for every weekend are always drawn and sent to various clubs through WhatsApp groups before the weekends starts.



At the end of the season; that's the end of the semester, the club that has emerged champion is awarded a trophy, uniforms and some amount of money.

The top eight clubs are able to get a chance to play during the University Champion's League, that's the Vice-Chancellor Cup known as VC cup. This is where the players get a wonderful chance to shake the vice-chancellor hand. The winner of the VC cup is given medals and awarded certificates.

## Basketball

The sport of basketball is known as a fun past time among the students in school. Basketball is a great way of exercise and a great way to have fun with friends and possibly make some new ones. Its beauty lies in the moves of the players as they dribble the ball towards the dunk.

Apart from the Chep league, there are teams that play basketball under various coaches or the team managers. Unlike football, scoring in basketball is always there. The scores vary depending on the skills of the players. The playmaker, the passer, shooter, the dunker or the highflyer makes basketball a unique type of play. The modern basketball court is under construction and by the end of next year 2023 it will be launched.

## Volleyball

It is a sport that consists of a minimum of six players who have the ultimate goal to score twenty-five points before the opposite team. The objective of this game is to pass the ball nicely to the setter, who then sets the ball to the spikier, who then spikes the ball over the net, therefore, making it difficult for the other team to receive it, which results in earning a point.

The sports association in the school management offers the students a chance to play and participate in volleyball games. Sometimes UoE decides to bring in other teams from outside the school to compete with them. This creates passion among

the players in the school hence make them more competitive. By doing so, the players are able to equip their skills and gets scholarships to play abroad and further their studies.

## Athletics

Also called track-and-field sports, a variety of competitions in running, walking, jumping, and throwing events. The field event being marathon that normally happens towards the end of the semester. The school offers a track field where the students are able to participate in athletics. The event is usually run by the school management. All track events begin with the blow of the whistle. In races of one lap or less the runners remain in their marked lanes for the entire distance. In longer events the runners may ignore the lane markers and run as close to the inside edge of the track as is prudent. The school has a marked field; that's in Pavilion playground.

The best runner for every in every track event is always awarded presents and certificates for the completion of the race they participated.

## Rugby

This is one of the crucial sports played in the university. The pitch is located near the NS playground towards main gate A. Rugby is similar to football except that there are fewer rules in the pitch.

Sports often reflect the culture of the countries in which they are played. In many ways, sports define a society. They show how people can make a living by being athletic, and entertaining other people. They give people ways to test their athletic drill against other people. Most of all, they give people something to focus on and follow that is a sort of release from the stressful chores of everyday life.

# VC CUP 2022/2023

The Vice-Chancellor Cup abbreviated as the VC's cup is an event that normally takes place at the end of every academic year. It is a tournament that is initiated by the Vice-Chancellor of the University of Eldoret aimed at promoting and shaping students' talents and as well as their values.

In February 2023 the VC'S cup resumed as per the academic year 2022/2023 and a good number of students participated in a wide variety of physical and mental challenges. Football is the most adorable and cherished by many and it was given the first priority. The study areas with the highest number of participants were as follows; School of Education, School of Science, School of education Arts, School of Environment, School of Business, School of Engineering, School of Agriculture, Post Graduates. The eight teams were grouped into two pools that's pool A [ education, education Arts, Engineering, post graduates] and pool B [ School of Environment, Business, science and Agriculture] This is where the strongest and weak teams were determined and as usual the weak are eliminated in group stages.

Early preparation for each team's accounts for their success towards the end of the tournament and the eliminated comes in when you are not prepared. Four teams were eliminated and the other four made it to the semifinals. The eliminated teams were post graduates, education arts, business and entertainment. The semifinals were rescheduled to take place on the 15th and 16th of March. The first match was between School of Science and school of Agriculture. It was a match between two rivals. This rivalry started when school of science were eliminated by Agriculture in the previous academic year. The fans chanted and clapped for the favorite teams and for this case it was for them school. It was all chanting all over the side line of the New Site playground and this demonstrated them confidence and optimism suggesting that their team will win a game and promoted to the finals. The first half of the match showed capability of every player in each team. The second half resumed were various players were substituted. School of science is well known for good players with talents and ambition. Towards the end of the game the science students scooped a win of 3 goals against

The second game was between School of education and Engineering and took place on the 15th of March. As it has always been, that good football and passionate one is the tiki taka play. The two teams showed great emphasis on the tiki taka passes in the field without making blind and incomplete passes. As a fan of football, you don't like the game to come towards the end. It is worth watching football matches! The fans crowded the touchline of the new site play ground as they clap and chants for the schools. The school of education were able to score ending the first half 1-0. The second half resumed and towards the end, education was able to make the 2nd goal making it 2-0. Happiness and smile was written all over the education students for making it to the finals against the science students. 21st of March 2023 was the long-awaited day and its finally here with us. The big game as well as the big match between two schools, a day that determined the winner or as they say "The champion," between School of Science and school of education. Pavilion playground was surrounded by large number of students who came to support their respective schools. The environment was breathtaking. The referee together with linesmen match towards the field as the players shake their hands to show their sportsman's spirit.

It is a 90-minute game and immediately the referee's whistle sounded. Possession of the ball by two teams for the first 15 minutes were difficult to determine but every pass was worth watching. Towards the end of the first half, school of education made a long pass to their opponents' side and a little mistake made by the science defender resulted to giving education an early lead by 1-0. The goal was appreciated with thunderous applause by their supporters. Meanwhile, the goalkeeper from the school of education touched the ball outside the 18th yard and as usual, this is a direct red card. Within a few second the first half was declared to be over by the referee. The players took some rest with an interval of 10 minutes. The match again started with the whistle of the referee. The team of education was equipped with strategies to defeat the science team. At one time, education team appeared to be out of ball possession which caused a moral boosting to the science team. There were loud cheers from their

supporters. Each of the team was trying its best to win the match. The game was about to over. The game ended 1-0 in favor of education team. This was an amazing win which caused a great sensation in the ground. It was then the hour of giving awards to the winning team, the man of the match and the best goalkeeper. This was carried out by our Vice-Chancellor, Prof. Teresa Akenga, helped by the football management of

the University of Eldoret. Education team were crowned as the champions of the VC'S cup. Every player was given a medal to show sportsman's spirit and hard work since the beginning to the end of the tournament. There was an additional cash to the winning team and also some to the 2nd placed team.



## STUDENT ARTICLE

# The Gender-Based Violence

Gender-based violence (GBV) is a global issue that affects millions of people every year. It refers to any form of violence, abuse, or harm inflicted on individuals based on their gender or sex. GBV can take various forms, such as domestic violence, sexual harassment, forced marriage, female genital mutilation, honor killings, and trafficking. GBV is not limited to any particular group of people; it affects people of all ages, genders, religions, and socioeconomic backgrounds. This essay will examine the causes and consequences of GBV and possible solutions to this problem.

The root causes of gender-based violence are deeply entrenched in gender inequality and patriarchal social norms that favor men over women. The power imbalance between men and women creates a situation where men can dominate and control women through violence, intimidation, or coercion. Women are often considered inferior to men and are subject to discrimination, economic dependence, and social exclusion. Cultural norms that condone violence and oppression against women further reinforce gender inequality and contribute to GBV.

Gender-based violence has severe consequences on the health, well-being, and development of individuals, families, and communities. It leads to physical injuries, psychological trauma, and emotional distress. The impact of GBV is not limited to the individual victims but extends to their families, friends, and society as a whole. It can create a culture of fear and silence, which perpetuates the cycle of violence.

To address gender-based violence, we need to adopt a holistic approach that tackles the underlying social, cultural, and economic factors that perpetuate GBV. One way to achieve this is to promote gender equality and women's empowerment. This requires challenging gender stereotypes and discriminatory practices, providing access to education and training, and ensuring equal opportunities and rights for women and girls.

Another solution is to provide support services and protection to victims of GBV. This includes legal assistance, health care, counseling, and safe shelters. Governments should enact laws and policies that protect women's rights, criminalize GBV, and hold perpetrators accountable for their actions.

Education and awareness-raising campaigns are also essential to address GBV. These campaigns should target both men and women and aim to challenge gender norms and stereotypes that contribute to GBV. Schools, community centers, and religious institutions should be involved in these campaigns promote gender equality and encourage respect for women's rights.

Furthermore, community-based initiatives that engage men and boys in ending GBV have proved effective in reducing violence against women. These initiatives encourage men to reflection their attitudes and behaviors towards women and challenge harmful social norms that contribute to GBV.

In conclusion, gender-based violence is a global problem that requires a multifaceted approach to address it. Gender equality, women's empowerment, legal protection, and support services for victims are critical to ending GBV. Education and awareness-raising campaigns, as well as community-based initiatives that engage men and boys, are also crucial in challenging the root causes of GBV. By working together, we can create a society free from gender-based violence.

*By Briton Mwenda*



## STUDENT ARTICLE

# Life in the university

University is often a time of exploration and growth, but it's also a time for learning about how to be an upright person in the world. It is at the schooling age that people tend to discover more about themselves, it is at this time that people realize their strengths and weaknesses. One of the most important lessons that can be learned in the university is the value of moral uprightness. It is at the university that students are seen celebrating the freedom of doing whichever they want but at the same time heard complaining about skipping a meal (they call it *kuinama*).

Moral uprightness is a virtue that should be acquired in the university and practiced in day-to-day living. This does not mean that one should live a boring life but enjoy campus without exceeding the limits. Students should differentiate between enjoying life and destroying their future. Students should never put themselves in positions where they have to compromise their moral standards to fit in or please others.

Now that the university is the highest institution of learning, vices such as tribalism or any other form of discrimination should never be an issue. The students should make good use of the union of people from different regions of the country, different races, different religions, different political alignments, and any other disparities to benefit. The students should appreciate the difference and ensure that they learn something. When this is achieved, the cohesion of the nation will be achieved and therefore peaceful coexistence of the nation

Lastly, four years can be very little time if not used well or enough when utilized well. As much as degree attainment is the main goal, it is important when individuals explore their talents at this age and makes good use of them. Talents can take one further than studies but excellence in the two brings up an individual of value. As all this is done, the Almighty God should not be forgotten but served in truth and spirit.

*By Emmanuel Kiplimo*

## STUDENT ARTICLE

# Climate change

Climate change was just a dream and finally, it is here with us, and the effects can be felt for instance desertification and species extinction, the effects are immense and we need to take responsibility to ensure that the sustainable environment that existed has been restored. The climate change encroachment issue in Kenya started slowly and its effect was not felt but now, we are bearing the consequences. This climate change has been brought about by immense air, water and soil pollution in the process of industrialization and urbanization and this has led to food insecurity which has consequently crippled our country. We as a nation need to take action through a series of changes which include;

- The government to introduce subjects in all institutions that deal with environmental conservation,
- At an individual level effort, preserve the environment by proper waste disposal to curb this problem,
- Devote our effort towards planting more trees, for instance, this year the government aims at planting 2 a billion trees and to archive the goal let's be involved to safeguard our well-being.

For us to have a sustainable environment, we need to be responsible citizens of this country in matters regarding environmental conservation, this is for our and future generation well-being.

*By Isaiah Agika*

**STUDENT ARTICLE**

# Who is to Blame for our Current Confused Generation?

The entire society today especially this current generation seems confused, they seem not to understand themselves neither do they understand what they are doing, but the question is, who is responsible for all this confusion?

The past generation was focused, children were taught moral lessons by their parents and grandparents, there was no internet and the world was peaceful and beautiful. Discipline and respect were key and children were fed only with useful and healthy ideas which would help them fit in society. Children grew up believing in "eating from their sweat" as laziness was not tolerated. The current generation is a total mess! Society is rotten! Should we blame it on the internet, parents, teachers, or peers? There is a serious problem somewhere that needs to be addressed! Parents and guardians are blaming it on the tough economy, teachers on the other side blame it on parents and society blames the internet as the chief source of all this.

Parents have become too busy for their children; all they do is give their kids phones to avoid disturbance from them, as a result, children are exposed to harmful sites on the internet at very tender ages as no one cares even to inquire what they access online. Children have gone astray believing that what they see on the internet is the best, they have instead acquired very weird behaviors, characters, and even languages from the internet as no one is there to give guidelines and sieve what these children consume from the internet.

Parents/ guardians on the other hand have chosen to spare the rod and spoil their children, who have now become unruly, ruling over their parents who can no longer exercise any authority over them, what a pity! Lastly, Charity begins at home, parents, let's take up this responsibility to mould our children into responsible and morally upright citizens, let us sieve our children's friends, and what they consume online and create time for our children no matter how busy we are.

*By Omollo Jackline*

## STUDENT ARTICLE

# The Flame

Like a mother lets her child stand  
Step by step a flame of knowledge was lit  
Was lit by her mother Moi University  
Was lit in the city of Eldoret  
A city of champions

A flame has shown light to many  
Teachers can chalk down for you  
Engineers can construct for you  
a statistician can do statistics for you  
Scientists can experiment with you  
Agriculturalists can show and produce to you  
Managers can show their skills to you  
And many other professionals can testify  
Indeed, you are a flame of knowledge!

A flame has shown moral direction  
Learners can dress properly  
Creating a conducive environment to learn  
Corruption is an enemy of the flame  
Making education of the flame to be of quality  
Producing morally upright people in the society

We thank the Flame administrators  
For the strong policies that burn immoral acts  
Indeed, you are a flame of knowledge!

A flame has natured leaders  
By providing positions for learners to vie  
A flame is the lover of the environment  
For it has provided workshops to learners  
On the goodness of planting trees,  
Congrats our dear flame for this long walk  
Congrats on dispensing knowledge to many  
Congrats on your strong stand on moral uprightness  
Success as you will be doing more for others  
Indeed, you are a flame of knowledge!

*By Danford Oguta*

**STUDENT ARTICLE**

## Hazards of Environmental Pollution

Environmental pollution is one of the greatest threats to our planet today. It is a serious problem that affects all living organisms and has the potential to cause long-lasting damage to the environment. The hazards of environmental pollution are numerous and far-reaching, and they affect both human and non-human species.

One of the primary hazards of environmental pollution is the impact it has on human health. Pollution of the air, water, and soil can cause a range of health problems, including respiratory diseases, neurological disorders, and cancer. In areas where pollution is particularly high, such as densely populated cities, the risk of developing these health problems is even higher.

Children, the elderly, and people with pre-existing health conditions are especially vulnerable. Environmental pollution can also have a devastating effect on the natural environment. Polluted water bodies can harm aquatic life and disrupt entire ecosystems, causing species to become endangered or extinct. Polluted air can harm plants and crops, reducing agricultural productivity and causing food shortages. In addition, pollution can damage the ozone layer, leading to climate change and global warming.

Environmental pollution also has social impacts. People who live in polluted areas are often subjected to a lower quality of life, with increased rates of crime, poverty, and social unrest. In addition, environmental pollution can lead to a loss of cultural heritage and the destruction of important natural and historical landmarks.

In conclusion, environmental pollution is a serious and growing problem that has far-reaching and long-lasting consequences. The hazards of environmental pollution are many and affect all living organisms, from human health to the natural environment and the economy. It is up to all of us to take responsibility for our actions and do our part to reduce pollution and protect our planet for future generations. By working together, we can create a cleaner and healthier world for ourselves and future generations.

*By Shekinna Binale*

## STUDENT ARTICLE

# The Dark Side

Human nature is characterized by quite a lot of tendencies, among them masking. This is when an individual tends to hide behind a facade to get something or a desired outcome. But again this only happens when one knows their dark side (their negative trait), after all, one can't hide what they aren't aware of. One discovers their dark side after some adverse conditions. The best thing one could do after is confront it, manipulate it and tame it to work for you as no one wants to be a slave to it.

Just like demons. Everyone has their demons (that part of an individual that is negatively triggered) during unpleasant circumstances. Demons are helpful in that they help us to understand our shortcomings. Demons are destructive too. Untamed demons destroy our souls in bits. How about we look at it this way for better understanding: In religion, we have an instance where Job is ailing a lot that his wife tells him to insult God and die. Satan is always portrayed as the negative energy but God uses him to test Job's faith in him. This brings out Job's faithful trait.

Finally, check this out, how about every individual making peace with the fact that everyone has a dark side instead of destroying it, they manipulate and make it work in their favor instead of the other way around co-curriculum Activities within the Institutions.

Engaging in activities supported by the school is a source of exposure to the outside world and showcase what one can do outside the classroom. The tertiary institution has offered the community and the country individual who have represented the country and brought merits to our country and source of earning to the participant. Research that I have conducted within our institution and by the groups and clubs existing within the school, many students don't engage in activities other than classwork, hence, minimizing their chance of being exposed through co-curriculum activities hence limiting their network.

Co-curriculum activities within our school need to be mobilized by the clubs and groups. Student claim they are not aware of certain clubs existing within the school and hence their passion and ability to engage in club activity is reduced and hence our clubs will not perform to their optimal. I advocate that groups should popularize with students and also market their clubs in order to get competitive participants and members.

Accruing benefit from engaging in co-curriculum is that one is exposed to other institutions performing the same activity, exposed to a different part of the country and even outside our country. On the other hand, one gains experience with the activity they are engaged with. I, therefore, recommend that student should take their time in identifying sports and other activities that they can engage in school apart from their intended school work within the institution. Some of the clubs existing in our school include an athletic club, school football club, hockey club, basketball team, netball team, volleyball team, taekwondo club, lawn tennis, and drama club. And other. In all these clubs both males and females are allowed to participate without discrimination of any kind.

Engaging in co-curriculum activity is not only for the betterment of the brain but also for betterment of our health, before the lapse of your time in school engages at least in one activity.

*By Elsie Moraa*

## STUDENT ARTICLE

# Self-Care is the Best Care

The dressing is not wearing clothes to cover body parts but can be defined as supplements to the body. Clothing choices express different emotions and affect general confidence. The way one dress reveals the kind of person you are, generate a positive and negative perception of individuals and show people status and the role they play in society. There is a new trend in dressing among young youths which has vogue at a moment. It involves dressing in provocative outfits that expose the most revered part of the body, unlike gone days when dressing to cover vital parts was considered a trend. The young generation has abandoned the culture feeding them.

The most susceptible victims of immodest dressing are universities and college students as they are influenced by peer pressure, media, and foreign influence. This indecent dressing encourages sexual harassment of men, contribute to poor academic performance, and aid in sexual relationships due to seductive dressing. Fashion trends affect the psychology of young generations since the usual term used "dressing to kill"; is their driving force making them dress inappropriately. This has become common among many students especially ladies as they aim at looking tantalizing and sexy instead of dressing responsibly. The youth generation should know that immodest dressing increases immorality in society. The sweet slogan "my dress my choice" has become a confusing element among young youths. Youths should keep in mind that it's not good to add flame to the fire by not dressing well for sake of the curating look.

Monkey see monkey do! It's contagious living in an environment where people don't dress well. Educational institutions should ensure that generations grew up without damaging stereotypes by providing education and advocating for good behavior. The main causes of indecent dressing among campus students are lack of parental attention as they have no idea of what is suitable for different situations and the fashions which aim at the sense of self-identification. It's necessary to inform youths of inappropriate styles and the consequences of getting dressed this way. Schools should introduce dress code rules that will exclude the possibility of wearing provocative clothes for entire personnel of the educational facility.

The information should not be only verbal because it will have no effect. Combating the immodest is by devising strategies for mitigating the situation. This aspect is by encouraging parents to play their role by controlling the information children receive from the internet and television; teach them to think critically about their choices so they to distinguish between what they want and what culture is feeding them. Also, religious leaders should take efforts and fight immorality in society by teaching young people what is expected of them in society. Tertiary institutions counseling units should be set up in halls of the department to make it easier to reach out to affected students and use moral suasion to effect changes. As a last resort, institutions can also embark on the use of dress codes within campuses. This can be achieved by making students know the type of dress styles to put on and the ones to avoid. This can be achieved by using billboards to show a pictorial representation of unapproved and approved modes of dressing. The sanction for flouting the rules should also be spelled out as fear of sanction will prevent some students from dressing indecently and may get used to dressing codes after school. These steps will undoubtedly help to reduce the ills associated with improper dressing in higher institutions of learning. Modest is the way to go.

*By Faith Jebet*

## STUDENT ARTICLE

# Why Everyone Should Make Technical Education Their Top Priority in Today's Kenya

Technical education in Kenya refers to vocational and technical training programs that aim to improve access, quality, and relevance of technical education and entrepreneurship training for youth employment. The term "technical" in Kenyan education encompasses various fields such as engineering, agriculture, health sciences, and business studies. With the increasing number of University graduates competing for limited job positions in Kenya, vocational education is seen as a possible tool for accommodating many Kenyan students.

The Ministry of Education/Directorate of Technical and Vocational Education and Training (DTEVT) oversees the implementation of technical education policies in Kenya. Technical skills are necessary for Kenya to help employers grow their businesses and to improve the Kenyan economy. Skills development is key for economic transformation as it contributes towards transitioning the country into a knowledge-based economy. The lack of adequate skills is hampering labor productivity in Kenya, so industry-led skills policies must be developed and implemented to ensure that human skills are up-to-date with current technology trends. Technical Vocational Education and Training (TVET) is an important part of this process as it provides knowledge and skills for employment.

It is important to pursue a technical course in any TVET Institution because it focuses on the learning and mastery of specialized techniques and scientific principles underlying those techniques. TVET is particularly important for promoting economic development, expanding employment size, and creating work readiness. Pursuing a vocational education has its advantages as it offers opportunities to further careers and earning power. You may be asking yourself some of the economic benefits of studying in TVET Institutions. Well, Pursuing TVET courses have positive economic impacts. TVET is viewed as a tool for productivity enhancement and poverty reduction. Post-secondary technical and vocational education and training can impact labor market outcomes positively. Additionally, the role of technical and vocational education and training (TVET) in financing education has a significant impact on economic performance as well as individual and social well-being. TVET is regarded as a suitable means to enhance employ-ability, reduce unemployment, increase productivity, and promote social inclusion.

*By Kiunga Jediel*



**STUDENT ARTICLE**

## The Poison that Hurts in Every Sip

It is a rite for many young people, alcohol is a social lubricant that helps many people navigate through a life of parties, clubbing, dating, and new experiences. But behind this shimmering façade of youth culture, there is a naked truth: alcoholism consumption among the youth is on the rise, and with it comes consequences that last a lifetime. From binge drinking to alcoholism, from car accidents to sexual assaults.

It is not uncommon to see young indulge in parties, clubs, and social gatherings that involve drinking. One of the primary reasons is peer pressure, the desire to fit in and be accepted. Young people think they need to be considered cool and fit into social groups which often leads to addiction. The misconception that alcohol relieves stress and anxiety makes this young generation take more sips of alcohol. The notion that it helps them forget problems and feel relaxed has gained more popularity. However, it is the vice versa, alcohol is a depressant and it causes mental health problems. Not leaving serious diseases such as liver damage and heart disease.

Moreover, excessive alcohol consumption has led to academic problems which result in school dropout, and poor job performance which causes termination of employment and may impact the future of young people negatively. Social relationships with family and friends may be ruined leading to violence.

To conclude, alcoholism among young people is a serious problem that has led to devastating effects on physical and mental health. It is therefore important to educate young people at an early stage. Parents, teachers, and authority figures should be involved in supporting those struggling with addiction and offer them counseling and therapy. Furthermore, young people should engage in alternative activities such as sports, hobbies, and voluntary services.

*By Winnie Jerotich*

## STUDENT ARTICLE

# Mother Teresa and her pretty pubescent girl

Wow! Look at our pretty pubescent girl, she is only 10 years, and her mother is Prof. Teresa Akenga. Someone can be born thus something can, here I exist and thus it does, She has a stepsister in Town. Just look at the face(gate), nose(Library) neck (admin block) breast (Ed and Ns) thin waist (Bs) thin legs(new amphitheater) she is just cute like her mother Prof. Teresa Akenga. Some call her Chep, UOE, University of Eldoret while I call her Universe it is of Education "with all its components arranged. C, VC, DVCs, Registrars, Deans, HOD's, Lectures, Students, Staff. Competent and ready to serve.

Her body and brain are going through tremendous changes, hormonal, emotional, physical, social circle, economic and expertise skills are all in flux. A period of monumental transition that can deal with challenges and offer delights as she starts to embrace the approach of packed learning and rapid-paced cognitive growth. Passing through growth spurts at 10 years she has learned experience is knowledge (Empiricism) Oh! John Locke is right. We expect nothing but the best version of our pretty girl at 10 years. We wish her luck and blessings from the almighty God.

Good quality institute blooming in an environment that fosters competitiveness, creative thinking, and innovation, 10 years of a pretty pubescent girl competing with adults. Now she can look around and say Oh! Which then helps her to have resilience, perseverance, tenacity Thank you, Mum, UoE is now pubescent. Yaaay! Let's celebrate!!!!!!!

*By Gillion Ruto*

## STUDENT ARTICLE

# Impact of Creativity On University Education

Creativity as a wholesome and impact skill in the human race is quite something to delve and discuss in broad, especially for graduates in higher learning. A simpler meaning: that it is an the interactive relationship between the environment, socially, physically, and emotionally, while paying attention to the attributes and culture of a given context to bring an echo of difference in the existence of an individual.

Creativity goes a long way in shaping a university student in that it guides them in responding to challenges and difficulties that arise in the course of study. Since this is the case, we cannot conclude that it helps overcome challenges; it is also a gateway to many opportunities in life: from an individual's benefit to the societal cradle of hope.

Tabal Lo Liyong in *Another Last Word*, "takes his readers to accept him as a formidable creative writer as an astute literary critic and determined to teach undergraduate students basic critical concepts to foster their capacity for individual and collective research, (Antony Nazombe)". From the above, we can attest that every creative can take responsibility for the treating of the world's sickness in relying on scholarly research, where we end up having duplicated research papers at expense of our generation and generations to come. Can we also allude to that Taban was right when he said East Africa is a literary waste field. Let's take a walk in the University setting.

One, creativity is never a collective responsibility but it gives birth to a collective responsibility, that in turn gives a mature generation to the organization of thoughts and arguments that are solid and concrete. The best way to progress, as one scholar cites, is to derange Africans, to make the selfish, individualist, and goal-conscious..." If such a policy is cultivated in our Kenyan Universities, believe me, we will develop people who will be effective in determined values, organizational performance; - a culture of strategical execution and effective leadership shortly.

Two, there is a purpose to ridicule the performance of students upon graduation. That the students should be taken through a panel of creatives, (though rare to find) to argue out their research papers. Liyong says '...East Africa we knew and loved is no longer there...have developed nationalism...'. This argues out that people have developed a WE interest rather than a How may I perspective? Elon Musk, the CEO of Twitter, argues that one process becomes a substitute for thinking, (and) creativity goes outside the window. He further argues that this 'nationalism' or the WE perspective allows people who are not smart nor creative to survive and, or grow.

To cap it all, we can inculcate the spirit of brain sketching, laddering and concept mapping in our university students to ensure we vanquish the menace of "copying" once and for all. For brain sketching, the students are given room for idea generation, arguing these, putting into a series of effectiveness tests, and stimulating the practice to save a rigmarole sketch. Laddering aids in the cementing of domains concerning creative sets of features and cultivates a range of innovative performances. Concept mapping goes a long way in leaving an imaginative and visual impression on the minds of anyone who listens to the argument presented. Fostering all the above goes a long way in the indoctrination of creativity in the University Education is kept at a pace that will lead to motivation for culture adoption and an overall organizational performance.

*By Berusei Kipkirui*

## STUDENT ARTICLE

# The Degree of Stress

College campuses are busier than ever. With midterm and final exams fast approaching, college student's stress levels are always skyrocketing. Murife, the only hope of Oto's family, beautiful, figure eight, the dream of every man on campus. The weakness of every man. Speak of the students and several young lecturers at the institution. She gets exam papers earlier than the Heads of Departments! Speak of her tightly mini dresses, tall fingernails, and modeling shape.

The strict university rules on dress code. Was she affected by that? Well-dressed at the entrance. A few meters from the lecture halls are the lady's washrooms. Getting out, she is in her normal half-naked fashion. Weekends, parties, bashes, and road trips are waiting for her. Almost all chep matatu Sacco's know her. How does she manage to do the cats, assignments?

When the exam timetable is out. During these hours, especially during the night, nobody chats on the WhatsApp platform. If you try then, "utabaki ukijiongelesha. 'Overnight reading! In 1h7, exam venue, she come early, her seat is booked. Try to sit at her place, "wee! Wee! Hio kiti...!" Quiet and calm she is, Jayden the comedian once replied, "nikiongea Sana nitasahau what I read, so tuongee after paper. "The wall around is inscribed with writings, 'formations' they will always say 'degree ni harambee.'" Her phone was always between her legs. Exams are over, marking is completed, and results are out and posted. Murife has a first-class honors degree in pure sciences. Did she work for it? Graduates are released into the job market to secure employment. Unlucky Murife, how to defend her first class. Jobless Murife. She joins, "mitumba" sellers at the KTD market. Viral all over magazines, citizen TV, and in media. "CAMPUS NI SCUM. "The headline. Murife is now depressed, her hopeless poor family, empty sacrifices for their daughter. Murife did not encounter INTEGRITY in her entire campus life.

*By Seka Wilson*

**STUDENT ARTICLE**

## Rule of Morality

Where is the sense of morality? The first instance was different, from the beginning to the latter it's like a street lamp that was long ago forgotten its shade filled with dirt and stain. We have all heard the cry, "Somebody's got to be the boss," and I suppose no one would seriously disagree. But it is dangerous to confuse the chain of command or table of organization with a method of getting things done. It is instead comparable to the diagram of a football play which shows a general plan and how each individual contributes to it.

Men are complex, and men are different. Human beings respond not only to the traditional stick used by the driver of a donkey but also to ambition, patriotism, love of the good and the beautiful, boredom, self-doubt, and many more dimensions and patterns of thought and feeling that make them men. The moon can not shine to its bloom when competing with artificial lights. That is it with the sense of morality, light never mixes with darkness either. Mistakes are inevitable. What we must expect; is that we learn from our mistakes, not that we never make them. Keeping the lane and following the path upright is the greatest link to thriving through. The sense of character will be defined by the values we hold. Which are more or less morality.

Could be a little different from region to region, community, or even nation. But the key is universality and relativity. If eating meat causes your brother to sin why do you eat it then? Every day the patterns keep changing and new rules dictated, do this and so that. But the only anchor and driving force would be the intrinsic value. What the other thinks it's okay and right might be a little bit different from yours. Be firm to stand for the right and speak against conformists, controversy, and the mythical mysteries that stir up strife. This is what I term rules of morality!

*By Gloria Chepng'eno*

## STUDENT ARTICLE

# The Value of Books

Books are an essential part of human culture, and they hold great value in our lives. Reading books is not only a great way to entertain ourselves, but it also provides us with knowledge, wisdom, and inspiration. Books have the power to shape our minds, broaden our perspectives, and transform our lives. Books are a great source of knowledge. They provide us with information on various topics and help us gain a deeper understanding of the world around us. From history to science, from philosophy to psychology, books cover a vast range of subjects, and they help us learn and grow intellectually. Reading books is a great way to expand our horizons and gain new insights into the world.

Books inspire us. They tell us stories of courage, resilience, and triumph over adversity. They introduce us to characters who face challenges and overcome them, and in doing so, they inspire us to do the same. Whether it is through biographies, memoirs, or fictional stories, books have the power to inspire us and motivate us to be our best selves.

Finally, books can provide us with a sense of community and belonging. Reading is a solitary activity, but it can also be a shared experience. By discussing books with others, we can form connections and build relationships with people who share our interests and values. Books can bring people together and create a sense of community and belonging. In conclusion, books are an invaluable part of human culture, and they hold great value in our lives. They provide us with knowledge, inspiration, and a much-needed escape from the stresses of daily life. They help us develop empathy and understanding, and they can even provide us with a sense of community and belonging. Reading books is a wonderful way to enrich our lives and to become better informed, more empathetic, and more compassionate human beings.

*By Sharon Chebet*

**STUDENT ARTICLE**

## Moral learning in higher education

Moral learning is the guidelines that people live by to make sure they are doing the right thing. This includes things like fairness and equality. Moral principles can be different for everyone because it depends on how a person was raised and what is important to them in their life. Moral education is not a new concept in universities. As part of a learning and teaching study conducted within the University of Eldoret from two different undergraduate classes, this study explores the campus student's perception of getting lessons on moral learning.

Moral learning data were mainly collected through student interviews and reflective journals. Most The University of Eldoret students supported the learning of moral education. They asserted that moral education has a lifelong nature; thus, they should introduce it to Kenyan Universities. The study reveals that moral learning can facilitate the campus learning students' personal and social betterment, showing moral education's intrinsic and instrumental values.

This study supplements the literature on the understanding of the development of moral learning in higher education. This study also reflects the necessity to rethink the moral aim and the moral education curriculum of higher education different from disciplinary education. Summing up, efforts fostering the moral development of people of all intellectual abilities are important because morality influences all aspects of human functioning. People with intellectual disabilities deserve special attention in this regard because attempts to help them overcome the consequences of cognitive abilities have frequently been made at the cost of other spheres of their functioning.

In conclusion, it must be noted that imparting value and moral learning in Kenyan Universities is as important as a subject in mathematics or science. A doctorate in these subjects is of no use without a sound moral character. Knowledge will most definitely give the students power, but good character will earn respect. The truth of one's character is judged by a choice of actions. These actions are guided by moral principles learned over the years. The importance of moral learning can never be undermined.

*By Ignatius Wafula*

## STUDENT ARTICLE

# Redefining our Identity

I believe a time has come when we need to redefine our title. The title University, has been soiled and dragged in the mud for a long time. Well, truth be told, we earned it ourselves. In this time of technology, little that is done in secret is eventually brought out in public over a short period. Little cases of examination irregularities, acts that defy the basic laws of morality, frequent strikes of no pertinent issues, name it have all gotten their way into the public space. Parents, nowadays, to some degree are losing the trust once bestowed on Universities as institutions of higher learning. Members of the community who once held fundraisers to send young men and women to universities are in shock with what they see at the moment. What went wrong?

My belief perhaps might be supported by the minority, but that good start I say. A time of self-examination and introspection has come. We need to redefine our title for no one will do it for us. It doesn't matter how small an effort we make, it is a step toward a greater goal. As books of history will be written, our efforts won't miss the pages of glory. Maintaining examination integrity, settling pertinent issues diplomatically, saying no to corruption, and maintaining high standards of morality are all the small aspects that when we put a key eye on, we are good to go. We are already suffering violence, and those of us audacious enough will cause the transformation. I call upon my comrades to rise, claim the lost glory, and redefine our glorious identity.

*By Rhema Omoloki*



## STUDENT ARTICLE

# Restore wetlands, and save the planet

The term 'wetland' refers to a diverse range of shallow water and intertidal habitats, which occur in various locations around the world. Wetland restoration relates to the rehabilitation of previously existing wetland functions from a more impaired to a less impaired or unimpaired state of overall function. Techniques have been developed to reintroduce coastal wetlands to areas where they previously existed and to areas where they did not, but conditions will allow. The diversity of wetland types means there are numerous methods for restoring wetlands. The method adopted will depend on the habitat which is being restored. To carry out this restoration, there are four basic steps:

- Treatment of Invasive Species
- Placement of Clean Sand and Sediment
- Seeding and Planting
- Maintenance and Monitoring

Wetlands restoration benefits to our lands include:

Far from being useless, disease-ridden places, wetlands provide values that no other ecosystem can. These include natural water quality improvement, flood protection, shoreline erosion control, opportunities for recreation and aesthetic appreciation, and natural products for our use at no cost.

Protecting wetlands can protect our safety and welfare.

We use a wealth of natural products from wetlands, including fish and shellfish, blueberries, cranberries, timber, and wild rice. Some medicines are derived from wetland soils and plants. Many of the nation's fishing and shell fishing industries harvest wetland-dependent species. In the Southeast, for example, nearly all the commercial catches and over half of the recreational harvest are fish and shellfish that depend on the estuary-coastal wetland system. Louisiana's coastal marshes are tremendously valuable for their commercial fish and shellfish harvest. Wetlands are habitats for fur-bearers like muskrats, beavers, and mink, as well as reptiles such as alligators

Improving management of wetlands, brings health, food, and water security benefits - critical to the health and livelihoods of 4 billion people reliant on wetlands' services, says the Global Wetland Outlook. Wetlands purify our water by removing sediments and other pollutants including chemicals. Wetlands also filter and process excess nutrients that may runoff from agricultural and development sites. Wetlands have been called "the kidneys of our watersheds."

In summary, we can see that Wetlands perform essential services to us that we are mostly not even aware of mitigate flooding, provide a source of water in droughts, prevent erosion, clean our water, and can even help to mitigate climate change by helping to store greenhouse gases. Restoring our wetlands might not be an easy task but it will help us save our planet from many harmfulness.

*By Mercy Chebet*

## STUDENT ARTICLE

# The Silent Struggle: Understanding Youth Depression and Finding Hope

Depression often called the silent killer, is nowhere truer than among young people. With the rise of social media and the pressure of modern life, youth depression has become a growing concern, affecting millions of young people around the world. But what exactly is youth depression? And how can we help those who are struggling? Youth depression is a mental health disorder that affects young people between the ages of 14 to 28. It can be caused by environmental factors such as poor parenting, societal pressure, and genetic, or chemical imbalance in the brain. Symptoms of depression can include hopelessness, the feeling of sadness, loss of concentration, irritability, etc. In severe cases, it can lead to suicidal thoughts or actions.

“Denis was so innocent, very calm lad, full of laughter and very welcoming”, said Dennis’s brother. “We noticed unusual behavior of excessive aggression, feeling of sadness and being violent with use of vulgar language in official setting”. The specific case on development of mental health. The stigma surrounding mental health disorders often prevents young people from seeking help, hence worsening the situation. Young people feel ashamed or embarrassed to talk about their struggles, fearing they can be judged or misunderstood. This is therefore an important aspect that will help create a safe environment for young people to talk about their mental health, and offer them the support and resources they need.

Thus, one way of combating youth depression is by promoting mental health awareness and education in schools and communities. Teaching should revolve around warning signs of depression and mental health disorders. Also, we can provide a hotline, counseling services, and support groups to help them cope with their struggles. we can reduce the stigma surrounding mental health: by creating a culture where it is okay to talk about mental struggles. In conclusion, by breaking down stigma and creating a safe space for young people, we can help reduce its prevalence. depression is not a sign of weakness, but a sign of strength for those who seek help. As always said; even the heaviest rain ceases.

*By Ronex Ngeywok*

## STUDENT ARTICLE

# How to resolve conflict as a university student?

We are all faced with conflict at some point in our lives, why is it that some people can resolve conflict better than others? The answer is in conflict resolution skills. Conflict is simply a serious disagreement and argument about something. When two or more people conflict, they have had a serious disagreement or argument and have not yet reached an agreement. Some of the common situations that lead to conflict among the University of Eldoret students are relationship issues, delayed debt repayment, different religious and political beliefs, theft, differences with roommates, challenges with lecturers, and differences in football club affiliation, among many other situations. These situations can lead to conflict when the people concerned do not communicate clearly or listen respectfully. Therefore, students must learn to communicate clearly so that they deal with situations that are likely to escalate to conflict.

Conflict can be used as an opportunity for growth and can be an effective means of learning from others and embracing diversity. It is normal for human beings to have disagreements, but when you respond to conflict by lashing out in fear or anger then it makes it very difficult for you to be heard or to hear what someone else is trying to say. When conflict among students begins to lead to poor academic performance and cases of indiscipline and misconduct, then conflict resolution skills are used.

Conflict resolution is a process by which two or more parties work together toward a peaceful solution to a problem or a dispute. Students can use the steps below to try and resolve conflict.

- If you are in public and find yourself in a conflict, stop and ask to meet the other person in a neutral private, and safe setting at a time that suits you both, so that you can both speak confidentially without creating a scene and without being interrupted.
- Look at the other person as they too should look at you. Listen to the other person as they too should be listening to you. This means that each of you feels heard and understood, and has had your views acknowledged.
- Offer options with an open mind, using negotiation skills between you to meet the expressed concerns, needs, and interests of each of you.
- Conclude the negotiations with agreements made in good faith that have been specified and which satisfy both of you.

In conclusion, students may not be able to solve some conflicts on their own and may need a third party to intervene. Some of the people that you can contact are the student leaders including class representatives, peer counselors, lecturers, hostel wardens, and the Dean of Students office.

*By Fadhilar N. Opanda*

## STUDENT ARTICLE

# Vitality of Education for Women

Women's Education gives rise to the overall development and move of a democratic country. Women do crucial roles in society, such as being a wife, a sister, a nurse, and even nowadays caretakers, and many more that are unmentionable. They have a better understanding of the social strata and tend to be more sympathetic toward the needs of others. An educated mother will testify and affirm the vitality of female Education, the same as Men or prevalent as boys.

Education is a weapon that heaves confident and ambitious women. They become aware of their rights and responsibilities, which gives them the audacity and tenacity to raise their voice against the clock of discrimination, misuse, or any other form of social injustice. A famous and anonymous black proverb states the importance of Education for women in society. It indicates, "If you Educate a man, you educate an individual, but if you Educate a woman, then you Educate a nation." Education is a tool that promotes the progressive path for women and families.

### **The Importance of Education for Women.**

Promotes self-reliance: Education is lucrative for women as it fosters women's self-reliance and does away with an intense need to depend on a third party for her and her family's survival. It makes her aware of her rights and responsibilities, thus, securing an equal plank with men and succor to her family's needs. Financial autonomous women raise their voices against the imposed social customs and injustices.

Elimination of social crimes against women: Women need to be educated to do away with many social evils which emerge as fiddle leaves. Social customs such as female infanticide, Dowry, Flesh trade, and many other toxic customs can be eradicated through female Education.

Quality standards of living: Female Education escalates and elevates living standards. A family's thoughts on double wages lead to a more engaging and enthralling family over a family that relies on a single screwed parent. An educated women's family member earns equal screws as the male members, elevating the family's financial wants and standards of living.

Prevents social exclusion: Most female children or women work as domestic helpers or, in some cases, extreme cases, and this fosters the probability of becoming victims of the Flesh trade over the masculine one. As they spend their lives as domestic helpers or perhaps any other menial jobs, often they get hermit from society. The seclusion of women in society gives a chance to physical and psychological traumatic ailments. This implies that balance in society will only be if the female gender gets educated.

*By Dominic Ombui*

**STUDENT ARTICLE**

## Impact of Social Media on The Society

Social media are applications that enable people to interact with each other and build a social network that increases social capital. In this modern world, social media has occupied a separate place in our life; it has become a part and parcel of our life. Generally, social media is a group of applications or websites where we can share our thoughts, ideas, moments, and different information in no time. The use of social media plays a vital role in society and it has brought a remarkable change in the field of communication in society. Social media describes how publishers can distribute their messages to thousands of people, encouraging them to build strong connections and firm loyalty. It is the use of Facebook, Blogs, Twitter, Instagram, and many more for communication, and sharing a photo as well as videos.

Social media's impact on people in society is significant. People are using their laptops, smartphones, and many more to check status updates from their friends and family. It has pressured people to accept the new and different lifestyle. Social media platforms allow users to have conversations, it is a web-based form of data communication that uses different forms, together with blogs, video sharing, photo sharing sites, and many more. Billions of people around the world use social media to share information and make the connection. Social media is an innovative idea with very brilliant opportunities. With the advancement of social media, organizations are making use of this opportunity to better their practices. They use social media platforms to advertise their products to their customers. Appearance on social media platforms, for example, Facebook for Business generates a significant impact on their products and services. It helps business organizations to improve their brands in several ways and get back to a genuine audience. Thus, we can say social media is helpful in society in many ways.

Social media also has a harmful effect if not used wisely and judiciously. Some people get addicted to social media platforms like Instagram, Twitter, Facebook, TikTok, WhatsApp, and many more. This leads to a decrease in their productivity mostly economically and this may cause a downfall of society due to increased crimes since people are not working to earn a living but concentrating on social media platforms most of the time. Social media can also cause health problems, for example, eye problems to people who use it most of the time and this also causes negativity in society. By exposing young people to things that are not friendly like nudes, social media has also caused moral decay in society.

*By Nahashon Gitonga*

## STUDENT ARTICLE

# Youth Empowerment

Youth empowerment is one of the most essential things that everyone should support. Every youth should be given equal rights, power, and opportunity to present their ideas and be involved in decision-making. For decades' youths have been subjected to injustices and have been ignored for so long. Many youths have been struggling academically, some are through with high-level education, only for their efforts to go in vain, because they are unemployed. Youths have been treated as non-existent for years.

Youths should be allowed to grow and become the people they want to be. Many youths have big dreams, but their dreams have been shuttered because they are considered valueless. They have been considered to be weak and cannot help society in any way. They have been seen as people who have no sense in society. Some youths have ended up giving up on their dreams and careers because they know that they have not been heard and will never be heard by anyone in society.

Youths have a right to be educated and counseled and have a right to participate in any decisions in society. By educating the youth, they will know to grow themselves by starting or growing a business. They have to be taught to be independent, this comes only after educating them. Youths have to be given a chance to prove to themselves that they can lead society. Youths have to be taken care of as they are the future of tomorrow and without them, there is no tomorrow. The youths have to be counseled and guided so that they cannot engage in activities like; drug dealing or robbery. By rescuing the youths from such things that can destroy them, the future is likely to be brighter. The future is promised if the youth's voices are heard and responded to. Youth empowerment is therefore necessary and should be considered great and the youths should be heard and have to be involved in matters regarding society.

*By Senteina Lopusiye*

**STUDENT ARTICLE**

# Internet Connectivity and How It Enhances Learning

One of the most impressive innovations of modern times is Internet technology. Internet technology has made what was previously a daunting task become so easy at the click of a button. Modern institutions of learning have employed this technology in sourcing for information to enhance learners' knowledge and skills. Students have enjoyed the immense flow of data through the school wireless fidelity connection (Wi-Fi) which has quite facilitated fast research on class assignments and term papers.

Our lecturers stream live lectures online and students can watch from the comfort of their rooms and in this way save a lot of time that could have been spent while catching up with physical classes. Students can also connect on social media and class WhatsApp groups or university forums for student organizations. This makes the experience captivating as young learners enjoy socializing through university platforms.

The Internet has facilitated various educational programs such as open and distance learning programs (ODEL) where learners receive instructional documents through e-mail from their lecturers and they submit their assignments and take away CATS through e-mail. Such learning has reduced overcrowding in classes and also makes learning interesting and captivating to students, for example, video conferencing.

However, although WIFI makes learning easy, internet speed is something of great concern within the university. The internet speed connection is sometimes very low and this delays the process of individual research and connection. Therefore, internet speeds need to be increased within the university hotspots. Special rooms (Internet hubs) with increased speeds should be allocated within the school to enhance student incubation of their ideas on various research and development programs. This will make students more productive and innovative as they build their Imaginations

*By Eliud Koech*

## STUDENT ARTICLE

# Transformation Growth and Development of the UoE

### WINNER - CHARLENE J. KIMUTAI

The University of Eldoret used to be a small, outdated university, but in recent years it has undoubtedly experienced radical change. Due to the university forward-thinking administration and well-thought-out plans, the university has become a top-tier educational institution in the country, known for its many cutting-edge courses and cutting-edge research. First, there was an intensified effort to improve the educational experience for students. The institution has upgraded its infrastructure to include cutting-edge classroom technology. New academic buildings such as the Business Complex, libraries, and student centers have been constructed as part of the campus expansion and modernization. To adapt to the demands of its students and the labor market, the institution has developed several new programs and courses.

The institution has developed robust collaborations with regional sectors and firms, providing students with expanded access to internships, co-ops, and networking events. Research centers and institutions focusing on topics including sustainability, healthcare, and cybersecurity have emerged as a result of these collaborations. The University of Eldoret has also made great strides toward expanding its global reach. It has established exchange programs with top colleges across Africa and other continents attracting students from all over the globe. With these alliances, students and teachers have been able to work together on international research initiatives.

The faculty at the institution has also changed to suit the new atmosphere. Several of the world's preeminent academics and researchers have chosen to make their careers at this institution, bringing with them a wealth of expertise and insight to the classroom. The University of Eldoret has also put money into initiatives to help teachers and researchers improve their skills by sending them outside the country in search of new pieces of knowledge. Due to these initiatives, the institution is now considered one of the best in the country not only for academics but also for co-curriculum activities. It is quite definite that employers have a strong interest in its grandaunts, and the results of its research have made important contributions to Kenya and the world at large. This university has consistently demonstrated excellence in all aspects of academia, from teaching and research to student life and community engagement. One of the things that makes UOE exceptional is its faculty. They are highly respected in their fields and are committed to providing their students with a world-class education which then inspires extensive development and innovation. They are also dedicated to research, constantly pushing the boundaries of knowledge in their respective areas. The students at this university are equally impressive. They are passionate, engaged, and highly motivated. Students from this institution come from diverse backgrounds and bring a wealth of experiences and perspectives to the classroom. The University of Eldoret also has a strong commitment to community engagement. It recognizes the importance of giving back and works to build strong partnerships with local organizations to address important social issues.

With this in mind, the university evolution has been quite exceptional. It is a model for how a school can weather the challenges of a changing environment and come out on top. The University of Eldoret is a shining example of excellence in higher education. Its commitment to academic rigor, community engagement, and student success is truly inspiring. The University's achievements demonstrate the value of foresight, organization, and teamwork in bringing about revolutionary change, and with that, Hongera Professor Terresa! Hongera Comrades!



## STUDENT ARTICLE

# Transformation Growth and Development of the UoE

## FIRST RUNNER - JOB INYUNDO

Since its inception, the University of Eldoret has come a long way. Founded in 1946 as a teacher training college, elevated to a university college in 2009 and later granted a charter in 2013, becoming a fully-fledged university. The University approaches its 10th anniversary since receiving its charter, hence it is a fitting time to reflect on the transformational growth and development the university has undergone.

In just a decade, the University has experienced incredible transformational growth and development. The institution has quickly emerged as a center of excellence in higher education in Kenya and beyond. The University of Eldoret has been able to establish itself as a leader in research and innovation, producing graduates who are making significant contributions to society. As we mark its 10th anniversary, it is worth reflecting on the remarkable growth and development of this great institution.

The University of Eldoret has also embraced technology in its operations, including e-learning and the use of digital platforms to facilitate communication and academic work. This has enabled the university to reach more students, including those in remote areas, and to offer quality education that is on par with international standards. The university has also invested heavily in infrastructure development to accommodate the growing number of students. It has built modern lecture halls, and laboratories, among other facilities, to enhance the quality of teaching and learning. The university has also put in place measures to ensure the safety and security of students, including the installation of CCTV cameras and the deployment of security personnel.

The Agribusiness Trade Fair of the University of Eldoret is an annual event that provides a platform for farmers, agribusinesses, and other stakeholders in the agricultural sector to showcase their products and services. The event features exhibitions, workshops, and networking opportunities, which enable participants to learn about new agricultural technologies, trends, and market opportunities. The trade fair promotes the development of the agricultural sector in the region and encourages innovation and entrepreneurship among young people. It is a significant event for the University of Eldoret and contributes to its mission of providing relevant education and research in agriculture and allied fields.

The University of Eldoret has also faced several challenges in its quest for transformational growth and development. One of the main challenges has been the lack of adequate funding. The university has had to rely heavily on government funding, which has often been insufficient. This has led to a situation where the university has had to cut back on its expenditure to stay afloat. Despite these challenges, the University of Eldoret remains committed to its goal of becoming a leading center of excellence in education and research. The university has undertaken several initiatives to improve its financial situation and upgrade its infrastructure. It is also working closely with the government and other partners to ensure that its students and staff are safe. With continued effort and support, the University of Eldoret is confident that it will overcome these challenges and emerge as a world-class institution. In conclusion, the University of Eldoret has come a long way in its journey since being granted its charter 10 years ago. This milestone achievement should be celebrated and recognized as a testament to the institution unwavering commitment to providing quality education and preparing students for a rapidly changing global society. The University of Eldoret has undoubtedly made significant strides in becoming a leading center of academic excellence, and it is poised to continue making a significant impact in the years to come.

## STUDENT ARTICLE

# Transformation Growth and Development of the UoE

## SECOND RUNNER - OWINO BRIAN

The University of Eldoret is a public university in Eldoret town, Uasin Gishu County, Kenya. The university has undergone significant transformation, growth, and development since its inception in 1946. Initially, it was established as a Large Scale Farmers; Training Centre, but it has since evolved into a reputable institution of higher learning. This article examines the transformation, growth, and development of the University of Eldoret. Transformation of the University of Eldoret was founded in 1946 by white settlers as a Large Scale.

The institution was primarily meant to train white farmers on modern farming techniques. However, the institution's mandate changed over the years, leading to its transformation into a teacher; training college in 1984. The college was renamed Moi Teachers; Training College and started offering Diplomas to Science Teachers Training. Due to the double intake crisis that faced Moi University in 1990, the institution took over Moi Teachers; Training College as a campus and renamed it Chepkoilel Campus. The university then started offering Natural, Basic, and Applied Science programs. The move aimed to expand the institution's mandate and provide more diverse programs to students. In August 2010, President Mwai Kibaki upgraded the Chepkoilel Campus into a University College through Legal Notice No. 125 of 13 August 2010. The college was named Chepkoilel University College and became a Constituent College of Moi University. The upgrade was a significant milestone for the institution, as it marked a move towards full university status. In March 2013, the University of Eldoret was awarded a charter by the president, officially recognizing it as a fully-fledged university. The university was renamed the University of Eldoret and started operating as an independent institution of higher learning. The charter award was a significant achievement for the institution, as it demonstrated the university is committed to providing quality education and promoting academic excellence.

Growth of the University of Eldoret Since its inception, the University of Eldoret has undergone significant growth and development. The institution has expanded its mandate and increased the number of programs it offers. The university offers over 50 undergraduate and postgraduate programs in various fields, including Agriculture, Education, Business, Engineering, and Health Sciences. The university has also established partnerships with other institutions of higher learning, both locally and internationally, enabling it to provide its students with more diverse programs and opportunities. The University of Eldoret has also invested in research and innovation, which has helped to advance knowledge and promote socio-economic development. The university has established research centers and institutes focusing on various areas, including Agriculture, Education, Health Sciences, and Technology. The research centers and institutes have helped promote research and innovation and contributed significantly to the country's development.

Development of the University of Eldoret has also invested in infrastructure development, which has enabled it to provide a conducive learning environment for students. The university has constructed modern lecture halls, laboratories, libraries, and hostels, which have helped enhance students' learning experiences. The institution has also invested in modern technology, including e-learning platforms, which have enabled students to access learning materials and resources from anywhere at any time.



# Gallery: Student's Cultural Week



# Gallery: Student's Cultural Week



# Gallery: Student's Cultural Week



# Gallery: Student's Cultural Week



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# Gallery: Student's Cultural Week



# Gallery: Student's Cultural Week





## Gallery: UoE@10 Celebrations



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## WHY STUDY AT UOE

### AMPLE ENVIRONMENT

UoE is located off-town where it offers a conducive environment for quality training, research and innovation to students.

### ADEQUATE SECURITY

The University has put in place measures and personnel to ensure protection of school resources and students to prevent any risk or loss.

### ADEQUATE RESOURCES

The University of Eldoret is adequately equipped with enough lectures halls a library, health clinics, computer, laboratory and lecture parlor.

### ASSURED TIMELY COMPLETION OF STUDIES

UoE offers timely completion of studies. Teaching and learning is going on in university through

various modes including blended mode of learning .

### QUALITY EDUCATION

Teaching is done by highly qualified academic staff with digital resources to offer the best learning experience to students.

### NURTURE TALENTS

The University offers opportunity to all students to discover their talents through various activities.

### STUDY TOP RANKED SUBJECTS

The university is committed to providing academic programs which are relevant and have practical application to ever changing need of the environment in line with vision 2030 and sustainable goal and development goals.

## CONTACTS

University of Eldoret  
P. O .Box 1125-30100,  
Eldoret, Kenya

Vice Chancellor  
+254(0) 788 232 004

Academic Enquiries  
+254 (0) 74 249 552

Students' & Admission Enquiries  
+254 746 490 082

<https://www.uoeld.ac.ke>

