

Welcome to the second edition of The Flame Magazine for the academic year 2023/2024, brought to you by the University of Eldoret 10th Student Governing Council! We are thrilled to invite you to dive into the pages of our magazine, where you will find a captivating blend of thought-provoking insights, informative features, and engaging news about campus life. From student achievements to faculty highlights, campus events to community initiatives, The Flame Magazine is your go-to source for staying connected and informed about all things happening within our university community. We hope you enjoy exploring the diverse range of articles and stories that reflect the vibrant spirit and dynamic culture of the University of Eldoret. Happy reading!

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Goodbye!

& THANK YOU

I am thrilled to invite every one of you to delve into the latest edition of The Flame Magazine, a proud creation of the 10th Student Council. This magazine is a testament to our collective dedication and hard work, summarizing insightful articles, thought-provoking content, and comprehensive campus news. It serves as a reflection of the vibrant and diverse perspectives within our university.

I want to express my heartfelt gratitude to everyone who has supported and contributed to the success of The Flame Semester 2, 2023/2024 Magazine. Your commitment has been instrumental in shaping this publication into a valuable source of information and inspiration for our university community.

As I bid farewell to my role as the Editor-in-Chief, I want to extend my deepest appreciation for the privilege of serving you all. It has been an honor to be part of this incredible journey, and I am confident that the incoming leadership will continue to elevate The Flame to new heights.

I encourage you to immerse yourselves in the pages of The Flame Magazine and explore the myriad stories and insights it holds. Thank you for your unwavering support, and I look forward to witnessing the continued success and growth of this remarkable publication.

10th Student Council

As the term of the 10th Student Council draws to a close, we, the outgoing council members, want to express our heartfelt gratitude to the entire University of Eldoret community. Your unwavering support, encouragement, and collaboration have been the driving force behind our achievements and the successful execution of our initiatives. We extend our sincere thanks to the administration, dedicated staff, and the vibrant student body for their collective efforts in making this term impactful.

To our fellow students, your enthusiasm and active participation have been pivotal in shaping our endeavors, and we are grateful for your trust and cooperation. The sense of unity within the university has undoubtedly contributed to the positive atmosphere during our tenure.

As we bid farewell, we eagerly anticipate the forthcoming leadership under the 11th Student Council. We offer our best wishes and full support to the incoming council members who will take on the mantle in April 2024. May they continue to foster collaboration, innovation, and progress within our beloved University of Eldoret.

Thank you once again for being the driving force behind the achievements of the 10th Student Council. Your support has made a lasting impact, and we are confident that the spirit of unity will continue to flourish in the times ahead.

Adios

10th Student Council

Prof. Thomas K. Cheruiyot installed University of Eldoret's 2nd Vice- Chancellor

Prof. Thomas Kimeli Cheruiyot was officially installed as the 2nd Vice-Chancellor of the University of Eldoret during the 12th Graduation Ceremony on Thursday, November 30, 2023. The installation marked a significant milestone in the university's history, welcoming a visionary leader with a proven dedication to excellence in academics and administration. Prof. Cheruiyot, a Professor of Corporate Social Responsibility, Sustainability, and Strategy with over 28 years of experience, embodies the motto "From Hardships to Heights: Embrace Transformation and Ignite Growth." His academic journey showcases a commitment to fostering scholarly growth and intellectual excellence, aligned with the university's core values.

Gowned by fellow Vice-Chancellors, Prof. Cheruiyot received the instruments of power, including the University Mace, Seal, Logo, Charter, Statutes, and Academic Programmes. Rev. Fr. Kiprop Kangogo dedicated him to serve as the Vice-Chancellor. The occasion was witnessed by dignitaries, including Dr. Beatrice Inyangala (Principal Secretary, State Department of Higher Education and Research), UoE Council members, Management Board, Senate members, and local government representatives. Congratulations to Prof. Thomas Kimeli Cheruiyot on his appointment, and may his tenure bring remarkable achievements and transformative progress to the University of Eldoret!



University Council

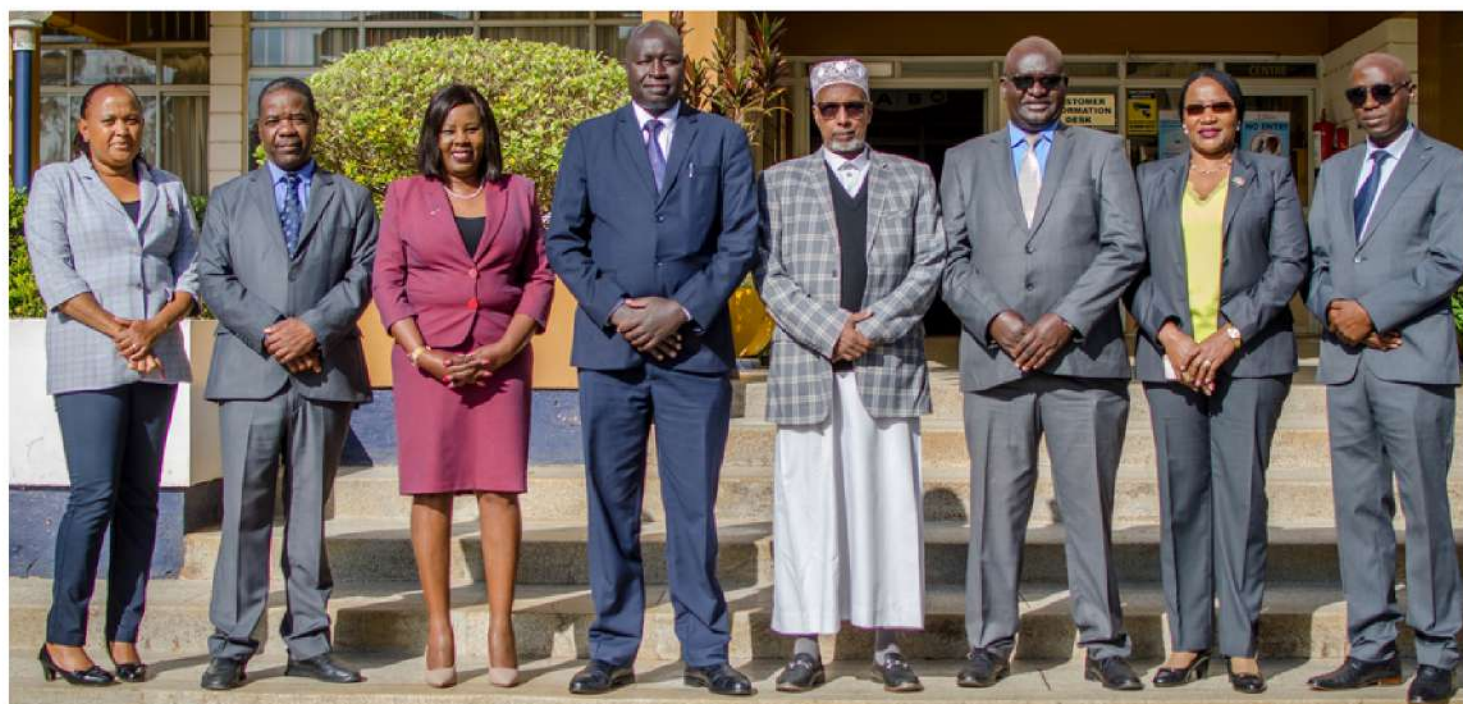


Following the Kenya gazette Notice Vol. CXXV - No.257 of 8th December, 2023 and Vol. CXXVI - No.5 of 12th January, 2024, Hon. David Kibet Koech and Ms. Grace J. Sugut were appointed to be members of the University of Eldoret Council. The University Council, University Management Board, University Senate, Staff, and Students welcome our new Council members.



UNIVERSITY COUNCIL MEMBERS

26th JANUARY 2024



From left to right: CPA ELIZABETH SHUNGULA Rep. National Treasury, DAVID KIBET KOECH. Member, MS. GRACE SUGUT . Member, PROF. THOMAS KIMELI CHERUIYOT. Vice-Chancellor, R. ISMAIL BURO HASSAN, Chairman of Council, MR. ARCHER ARINA OMOLLO. Rep. CS MOE, MARGARET KATHAMBI GITONGA. Member and DR. PETER ONCHARI KERERI, Member



UoE 12th Graduation

The University of Eldoret celebrated its first physical graduation after five virtual ceremonies, conferring degrees and diplomas to 3,178 graduands. The ceremony included the installation of the 2nd Vice-Chancellor, Prof. Thomas Cheruiyot, who received the instruments of power.

During the event, 213 graduands were awarded diplomas, 2,841 received undergraduate degrees, 32 obtained post-graduate diplomas, 65 received master's degrees, and 27 were conferred with doctorates. Notable Ph.D. recipients included Dr. Mispah Werunga, Dr. Silah Misoi, and Dr. Stephen Kimno.

The Chief Guest, Felix Kosgei, Chief of Staff and Head of the Public Service, congratulated the graduands and emphasized the importance of education in addressing societal challenges. He encouraged them to be creative, innovative, and proactive in facing the world.

The Principal Secretary, Dr. Beatrice Inyangala, highlighted the university's role in nurturing leaders and pledged Ministry support for Prof. Cheruiyot's transformative leadership. The UoE community was encouraged to rally behind the Vice-Chancellor.

In conclusion, the speakers emphasized the transformative power of education and urged the class of 2023 to carry the university's name proudly, be innovative, and contribute positively to society.

Other speakers, including the Uasin Gishu Governor, Elgeyo Marakwet Governor, Deputy Governor of Nandi County, Moiben Constituency Member of Parliament, and Chairperson of the UoE Endowment Fund Trust, shared valuable advice, urging the graduands to be job creators, innovators, and contributors to societal development.





It's a New Dawn at University of Eldoret

A recent University of Eldoret Town Hall session marked a new era, featuring the Vice-Chancellor, Prof. Thomas Cheruiyot, and staff. Addressing concerns, Mr. Oyugi thanked the V.C. for guidance, emphasizing the anticipation of benefiting from his vision. KUSU's Mr. Kibet acknowledged positive changes in staff welfare but raised concerns about arrears and promotions. UASU's Mr. Nakola appreciated positive changes, urging the V.C. to address staff injustices, enhance allowances, and align programs with industry trends.

Professors Otieno, Were, and Ng'etich discussed transformation initiatives in revenue generation, personal development, and repositioning the university for global recognition. Prof. Cheruiyot, expressing pride in the institution's history, emphasized its untapped potential. He highlighted the need for enhanced sharing of innovative activities on the university website, envisioning the University of Eldoret as a hub of innovation and knowledge.



MaMa Doing Good

Prof. Thomas Cheruiyot welcomed Dr. John K. Chumo, CEO of MaMa Doing Good, to discuss an upcoming collaboration between the two institutions. The collaboration will cover various programs, including those related to climate change and social protection. MaMa Doing Good, a grassroots organization in Kenya, focuses on empowering women, youth, and vulnerable individuals, playing a key role in fostering inclusivity and socio-economic transformation.



The University and The Church

Prof. Thomas Cheruiyot held discussions with Bishop Dominic Kimengich from the Catholic Diocese of Eldoret. The talks covered a wide range of issues mutually beneficial to the University, the Church and the Society and how the University and the Church can partner to ensure wholistic upbringing of the youth in Educational institutions like Universities.



Drama Club excels at the National KUPAA Drama Festival

The University of Eldoret Drama Club achieved remarkable success at the National KUPAA Drama Festival following their triumph in the Regional KUPAA Drama Festival. Held at Dedan Kimathi University of Technology, the national event featured various Performing Arts Categories, Beauty Pageantry, and Fine Art. The UoE Drama Club received 4 Trophies, 2 Sashes, a Tiara, and Certificates in recognition of their outstanding performances.

Performing Arts Awards:

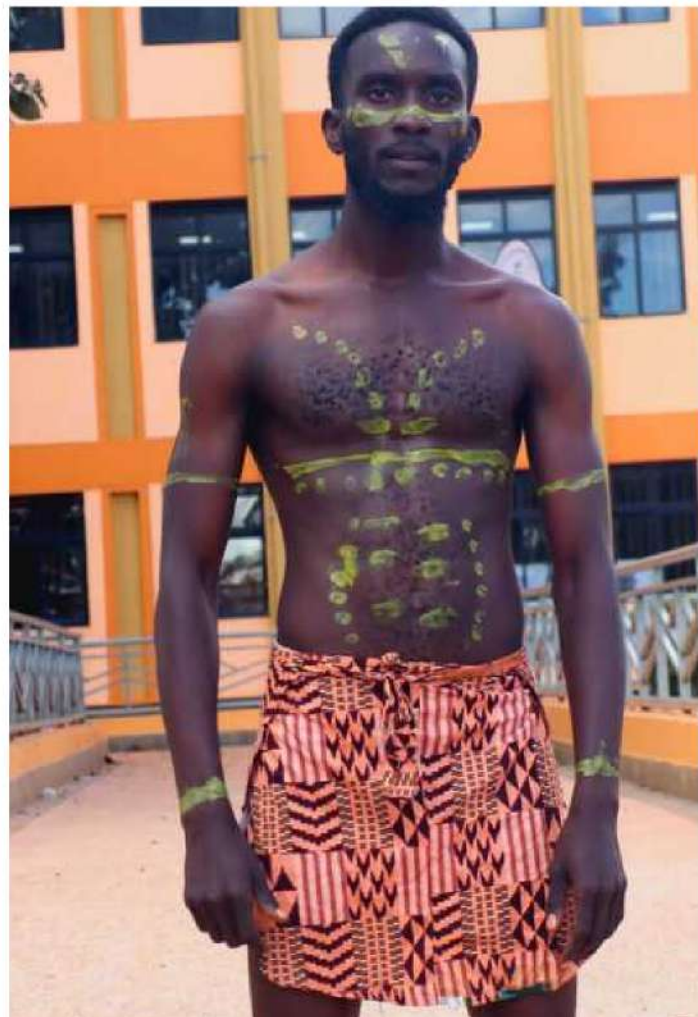
Praise Poetry - "Huyu ni Jomo" (1st Position)
Solo Verse - "Terms and Conditions" (2nd Position)
One-person Play - "Twisted" (2nd Position)
Narrative - "Wangiangani" (3rd Position)
Kiswahili Play - "Sakata ya Matata" (4th Position)
Mash-Up - "Domestic Violence" (4th Position)
Choral Verse - "Zilizala" (4th Position)
Street Comedy - "Dare Dream" (4th Position)
Comedy - "Mpaka Usiku" (4th Position)
Spoken Word - "Matrix za Maisha" (4th Position)
Historical Play - "Mnyazi" (4th Position)
English Play - "Operation Tandaza" (6th Position)

Ladies and Men's Pageantry Awards:

Miss. Curvaceous Universities Kenya (1st Position)
Mr. Congeniality Universities Kenya (1st Position)
Mr. Flex Universities Kenya (1st Position)

Congratulations to the UoE Drama Club and their Patron, Dr. Seraphine Chepkosgei!

Hongera!



University of Eldoret and VIVES University

To strengthen our partnership with VIVES University from Belgium, a delegation from VIVES visited our University on December 6, 2023. The visit aimed to advance discussions for the partnership and conduct a seminar.

The delegation, led by Dr. Ir. Isabel Vanslebrouck and Mr. Evert Cottyn, was warmly received at the Vice-Chancellor's office. The seminar, held at the School of Education Conference Room 1, was opened by Prof. Phillip Raburu, the Deputy Vice-Chancellor Planning Research and Extension.

Prof. Raburu appreciated the VIVES delegation for actively implementing the signed Memorandum of Understanding. He encouraged participants to engage in the presentations and ask questions for a better understanding of the potential benefits.

The seminar covered Research Methodology, Circular Economy and Sustainability by Dr. Vanslebrouck, and insights into mutual collaborations, facilities, and courses at VIVES University by Mr. Cottyn. Attendees included postgraduate students, School Research and Extension Committee members, Heads of Departments, and staff.

Notable attendees included Mr. Stephen Munuve, Liaison Officer at the Office of the Vice-Chancellor, Prof. Beatrice Were, Ag. Deputy Vice-Chancellor Academic and Students' Affairs, Dr. Frank Masese, Ag. Director, Industrial Linkages, Partnerships and Collaborations, and other university officials.





Innovation and Patent

In the past, the University has generated numerous innovations from both students and staff. Unfortunately, only a small number of these innovations have been safeguarded because individuals lack proper training in drafting patents.

To tackle this issue, the University organized a patent drafting workshop, facilitated by Mr. Benson Baituru, a patent examiner from the Kenya Industrial Property Institute (KIPI). The workshop, held at EKA Hotel, Eldoret on November 14-15, 2023, was attended by innovators and members of the Intellectual Property Management Committee.

The Director of Research and Innovation, Prof. Lizzy A. Mwamburi, was also present during the workshop. The primary goal was to empower innovators with the knowledge and skills necessary to draft and protect their intellectual properties effectively.

This initiative aimed to encourage the protection of intellectual properties from the University, potentially facilitating their commercialization and knowledge sharing. The training is anticipated to boost the number of applications for Intellectual Property protection from the University, aligning with the institution's vision to nurture global leaders and innovators. The workshop served as an extension of the 5th Annual Innovation Week and Public Lecture.



BARCOUSA Students Mentorship Program

‘Creating a Path to a bright Furture through Education System’

The Baringo County Students Association from the University of Eldoret held their annual mentorship program by visiting schools within Baringo. The mentorship program is an annual calender event for the association whereby the BARCOUSA students visit different regions within Baringo County to encourage and empower high school students.

Centered on the theme ‘Creating a Path to a bright Furture through Education System’ the sixty-one (61) university students led by their chairman Dunson Kibet visited Mogotio Girls, Athinai Secondary School and Eminging Boys where they spent time speaking with the students on the various University programs, career opportunites and encouraging them to excel in their studies for a brighter future.



Visit by the Ghent University

A delegation from Ghent University, led by Rector Prof. Rik Van de Walle, visited the University of Eldoret (UoE) to explore collaboration. The objectives included establishing mutual interests between UGhent and UoE, fostering links within the Geography Department, and building on past projects. Discussions focused on agricultural sciences, humanities, and international educational affairs.

Priority areas for collaboration were identified, such as academic exchange visits, guest speakers, and joint response to proposal calls. The Ghent delegation also toured laboratories at SAGR, exploring ways to enhance teaching and research initiatives. Present during the visit were key UoE representatives, including Ag. Vice-Chancellor Prof. Wilson Ng'etich and Ag. Deputy Vice-Chancellor (PRE) Dr. Ben Mwasi.



STEM Mentorship at Butere Girls High

On February 11, 2024, Dr. Becky Aloo, Dr. Emily Chemoiwa, and Dr. Argwings Otieno from the School of Science, along with Ms. Marystella Injete, a University of Eldoret alumna and Young Ambassador for the American Society for Microbiology, conducted a STEM mentorship session at Butere Girls' High School. The event aimed to empower the Science Club students and commemorate the International Day for Girls and Women in Science. The session included engaging activities like the "Dance with the Microbes" and an online learning quiz.

The team informed students about the School of Science programs at the University of Eldoret and various STEM career options. Presentations on Young Scientists Kenya (YSK) highlighted opportunities for science club students in research projects, competitions, and mentorship programs. The mentorship session concluded with a science-themed cake, celebrating the students' engagement and success in the Kahoot quizzes. Overall, the event provided valuable insights and encouragement for Butere Girls High School students to pursue STEM careers and learn about University of Eldoret programs.



KNATCOM and UoE

The Kenya National Commission for UNESCO (KNATCOM) concluded its three-week mobile app development competition on February 16th, 2024, with University of Eldoret students shining. The workshop aimed to address societal challenges and contribute to the United Nations Sustainable Development Goals (SDGs).

Five student teams from the University of Eldoret participated, developing apps such as Carbocalc, Ustawinest, Jengacost, and Streetkids. University of Eldoret students secured the 1st and 3rd positions, winning cash prizes. The winning teams received awards from KNATCOM and will receive further assistance to finalize and launch their apps.

The initiative was led by the Department of Intellectual Property Management under the Directorate of Research and Extension, focusing on mentorship, incubation, and support for the student teams. This program equipped students with valuable skills in mobile app development, contributing to their growth in this dynamic field.



Career Day

The students at the University of Eldoret were provided with a valuable opportunity to engage directly with the University's HR Team and the Ajira Digital Team. This interactive session focused on equipping students with essential skills and knowledge related to entering the job market. The session covered a broad spectrum, including guidance on seeking opportunities, personal branding, and the intricacies of crafting a compelling CV.

The aim was to empower students in developing their professional capacities and navigating the complexities of the professional space effectively. The event served as a comprehensive platform, offering insights and practical advice for students as they embark on their journey towards a successful career.



President's Awards Kenya

President Awards Kenya is a global club, bringing together participants aged 14 to 24, with the main goal of nurturing students' skills and encouraging them to think big beyond the usual classroom stuff. The University of Eldoret, a place that loves innovation and creativity, wholeheartedly embraced the club and gave it maximum sponsorship.

Led by Marvine Sikolia Okechi, the club discovered a school in Elgeyo Marakwet called Kaptere Primary School, facing a unique challenge. Both boys and girls were sharing a wooden toilet. This problem became apparent during the students' Adventure Journey from Soy Girls to Murkomet Hill Top, Kapkenda Girls, Changach Barach Secondary School, and finally to Agatha Mokwa Girls via Kaptere Primary School.

Feeling a surge of empathy, the participants presented the issue along with a solution – building a new toilet. They went all out, preparing budgets and even designing the toilet themselves. Victor Oluoch, an engineering student and PAK participant, volunteered to design the four-door toilet. They shared this plan with their mentor, Dr. Emily Chemoiwa, who then presented the proposal to the Dean of Students office.

The university fully sponsored the students, who went on to build the four-door toilet from February 29 to March 4, 2024. They also took the time to visit Changach Barach Secondary School for a mentorship program for high schoolers.

The four-door toilet was officially opened by Dr. Lelei Kiboiy, the Dean of Students, in the presence of all PAK participants, the BOM of Kaptere, teachers, and students. The community greatly appreciated the resolution of their main challenge and promised to keep advocating for students finishing form four, encouraging them to join the University of Eldoret. They recognized that the university doesn't just nurture academic matters but also all aspects of social life.





World Engineering Day

On March 4, 2024, the World Engineering Day for Sustainable Development was joyously commemorated by The Engineering Students' Association under the theme, 'Engineering Solutions for Sustainable Development.' The primary objective of the event was to accentuate the vital role of engineering in tackling global challenges while fostering collaboration and innovation among field engineers and students, aiming to bridge the gap between industry and academia.

Field engineers from diverse sectors, including civil, mechanical, agricultural, and electrical engineering, actively participated in the event. These seasoned professionals generously shared their expertise, experiences, and insights, offering invaluable mentorship and inspiration to the next generation of engineers.

Students from the engineering faculty at Moi University actively engaged in the event through interactive workshops, panel discussions, and networking sessions. These activities provided them with the opportunity to interact with engineers, exchange ideas, and explore potential career paths. The students also showcased their innovative projects and research initiatives, highlighting their dedication to contributing to a sustainable future.

As part of the World Engineering Day celebrations, the Engineering Students' Association organized a tree-planting initiative, symbolizing the collective commitment to environmental sustainability. Students, faculty members, and engineers came together to plant saplings, reinforcing the interconnectedness between engineering and environmental stewardship.

A notable aspect of the event was an exhibition featuring innovations developed by engineering students. From renewable energy technologies to eco-friendly construction materials, the showcased projects demonstrated a diverse range of sustainable engineering solutions. Students presented prototypes, models, and research findings, showcasing their creativity, ingenuity, and dedication to addressing global challenges.

The World Engineering Day celebration emerged as a resounding success, uniting engineers, students, and faculty members in the exploration and promotion of sustainable engineering solutions. Through collaboration, innovation, and environmental consciousness, the event underscored the pivotal role of engineering in constructing a more sustainable world.





2nd National Economic Debate: Navigating Economic Progress in the Digital Age

The 2nd National Economic Debate, organized by the Kenya Economic Students Association (KESA), was a dynamic forum focused on fostering economic progress in the digital age. Held on October 19, 2023, at Maseno University, the event strategically leveraged the advantages of youth and harnessed the advances in Information and Communication Technology (ICT) for inclusive and accelerated socio-economic development. Participants engaged in insightful discussions, exploring innovative approaches to propel the nation forward in this era of digital transformation. Held at Maseno University, the debate provided a platform for thought leaders, students, and professionals to collaborate on shaping Kenya's economic landscape for a prosperous future. The Economics Students Association from our university took part in the debate.



University of Eldoret League

The University of Eldoret League, colloquially known as the "Cheap League," was established in 2015 to organize soccer/football activities for students. Led by the UESO Special Member in charge of Games and Sports, it comprises an Executive Council consisting of the Chairperson, Deputy Chairperson, Secretary General, Treasurer, Head of Officiation, and Team Representatives, including Team Coaches and Captains.

This league serves several essential purposes within the University of Eldoret community. Firstly, it fosters leadership skills among team representatives and executives, promoting integrity and responsibility. Secondly, by bringing together students from diverse backgrounds, it encourages unity and understanding of different cultures.

Fairness in matches reinforces values of equity and equality. Football's physical demands contribute to participants' fitness and overall health, reducing the risk of obesity and promoting cardiovascular well-being. Additionally, football provides an enjoyable outlet for leisure time, diverting students from negative activities like substance abuse and violence.

The league serves as a platform for nurturing talented players who may represent the university in competitions like KUSA and KUSF games, enhancing the university's success in various leagues.

by

Inocent Juma Barasa

Ezra Conference

The University of Eldoret fosters a comprehensive approach to life, emphasizing spiritual growth alongside academic pursuits. Recently, the Christian Union of UOE exemplified this commitment by participating in the Ezra Conference held at Kabarak University from December 27, 2023, to January 1, 2024. Under the theme "Back to Basics," 55 members from UOE joined the gathering, organized by the Fellowship of Christian Unions Kenya. The primary goal of the conference was to encourage students to dedicate themselves to the study and practice of the teachings of the Lord, while also equipping them to share these teachings with others. This event not only reinforced the university's dedication to holistic development but also provided a valuable opportunity for spiritual enrichment and community engagement.





CULTURAL WEEK

The comrades of the University of Eldoret recently enjoyed an exhilarating Cultural Week, organized by the Student Governing Council under the leadership of Elvis Barseen, the Director in charge of sports, games, and entertainment. The week was filled with a plethora of activities, including talent shows, modeling contests, and cultural exhibitions.

Among the diverse displays, the Luyha community particularly shone, earning recognition as the best-displayed culture of the event. Additionally, the day saw the election of Mr. UoE, Mrs. UoE, and Mr. Flex. Notable dignitaries including the Vice Chancellor, Dean of Students, and Principal Security Officer graced the occasion, adding to the festivities. The week's entertainment was further heightened by the presence of Kenyan Afro dancehall artist, Godfrey Masambu, popularly known as Gody Tendor. It was truly a memorable and grateful event for all involved.



Student Article**NO TO FEMICIDE**

One cannot sit idly by and witness the horrifying sight of dismembered body parts, some inexplicably absent. Severed heads, gouged eyes, and broken bones are displayed horrifically for all to see, leaving behind the stench of death. What was once a beautiful and vibrant life has been reduced to mere sustenance for insects. The grieving families are left speechless and in a state of confusion, with constant interviews only adding to their suffering. Their plea to be shielded from the intrusive world of the media is understandable; the reality is more horrifying than words can convey. Unfortunately, this has become the distressing reality presented by the press in recent months. What were once shocking and heartbreaking accounts have now become mundane narratives that clutter the media space.

A glimpse into the crime scene reveals more than words can describe. The blood-stained walls tell a tale of desperate struggle against death. The tools of the perpetrator lie idle, as if reproaching their master. Bloody footprints betray no remorse from the killer. The room remains eerily silent, as if stunned by the atrocities witnessed within. Evidence is strewn about, begging to be pieced together into a coherent story. It may seem like a work of fiction, but it is happening here and now, to such an extent that the heart and the eyes seem to be at odds with each other. The heart refuses to accept what the eyes have seen. To what end?

Lawlessness has crept in, and respect for life has been discarded. These human predators are snuffing out the lives of promising young women. Urgent action is needed to combat this barbarism. Pragmatic measures must be implemented to combat such brutality. Men who harbor violent tendencies must face the full force of the law. I reject the normalization of such behavior and call for unity in curbing this anomaly. Our words of heroism must not be mere rhetoric but a catalyst for ending these heinous acts. Together, we stand in solidarity in the pursuit of justice for the lives unjustly taken. Law enforcement must step up its efforts. Legislation must be enacted and enforced to punish these perpetrators. No stone must be left unturned until they are all behind bars.

To our sisters, I urge you to prioritize your safety and cultivate contentment. Engaging in cutthroat competition for a "better lifestyle" may lead to more than just figurative cuts. Life is too precious to be squandered. No parent wants to see their child become a cautionary tale due to reckless living. While we strongly condemn femicide, we also oppose careless living. Develop self-worth and adhere to strict principles. As men, we have a collective responsibility to protect women. Let us rise to the occasion and root out those who seek to harm rather than protect. This inhumanity must end, and it must end now. Let us forge our own destiny and join women in the streets, collectively saying no to femicide!

By Rhema Omuleki



WINNER

Student Article

A COLLECTION OF INSCRIPTION

SANITY

Ever felt like your thoughts are a maze of fears and ambitions? Is there an escape from this mental captivity? We're called rational beings, yet why does it often feel like our thoughts imprison us? Perhaps, instead of dividing thoughts, we should focus on positive ones—like aiming to be the best. But beware, these lofty aspirations, while positive, can lead to stress and, in extreme cases, the loss of sanity. The pursuit of rational goals might push us to desperate, irrational actions. The ball is in our court, free will allowing us to choose between right and wrong. Consider this: which thoughts truly bring sanity?

PARTLY

Do we each have a role to play in the grand scheme of daily occurrences? The heart seeks, and the mind analyzes, revealing how our experiences shape us. Attempts to find similarities in others often result in personal repulsion, prompting a deliberate distance from certain connections. Embracing uniqueness becomes essential. The uncertain discussions and what-ifs are like bumps on the road—necessary obstacles that don't hinder progress. Rejecting routine in favor of cautious accommodation serves better. Rather than filtering or ranking, maximize the privilege of being an oil-water reaction. Utilize the talent of the present hour to strategically place building stones for the coming hours.

THE LEADER I'LL CHOOSE

Winners quit not out of fear but from an understanding that diverging from their direction is a win for courage and boldness. Some may claim we failed to choose them, yet they couldn't endure. Others say we forgot them, but they left on their terms. The value lies not in forgetting but in the high regard they held. Some assert we never meant anything, yet they were highly valued. And those who promise to treat us as we portray miss the depth of a love that covers multitude—a love that doesn't fail. It's not a downfall of walks but alignment. Let's embrace these invaluable intangible gifts that can never be robbed.

By Gloria Chepngeno

Student Article

CURBING FEMICIDE ON UNIVERSITY CAMPUSES

Femicide, the killing of women and girls because of their gender, is a grave issue that extends its shadow to university campuses. To address this urgent concern, a comprehensive approach encompassing prevention, intervention, and systemic changes is imperative. This essay delineates actionable strategies aimed at curbing femicide on university campuses.

Education and awareness incorporating gender-sensitive education into the curriculum to foster an understanding of gender equality, respect, and consent is paramount. Awareness campaigns should spotlight the warning signs of abusive relationships and empower students to recognize and report them.

Strengthening support systems universities must bolster support services tailored to victims of gender-based violence, including counseling, legal aid, and medical assistance. These services should be readily accessible, confidential, and culturally sensitive. Implementing zero-tolerance policies adopting and enforcing zero-tolerance policies against gender-based violence sends a clear message that such behavior will not be tolerated within the university community. Transparent disciplinary procedures should be in place to swiftly address reports of harassment, assault, and stalking.

Empowering women empowerment initiatives aimed at women and girls can mitigate their vulnerability to gender-based violence. These initiatives encompass leadership programs, self-defense classes, and mentorship opportunities. Conducting research and data collection robust research and data collection are essential to understanding the prevalence and dynamics of gender-based violence on university campuses. Conducting campus climate surveys, collecting disaggregated data, and analyzing trends enable universities to tailor interventions and allocate resources effectively

In conclusion, curbing femicide on university campuses demands a multifaceted approach that addresses root causes, empowers survivors, and fosters a culture of respect and equality. By prioritizing education, support services, policy enforcement, empowerment, male engagement, and research, universities can create safer environments where every student, regardless of gender, can thrive. Together, we can dismantle the structures of oppression and create campuses that embody the values of dignity, justice, and solidarity.

by Briton Mwendia

Student Article

THE SUPPLEMENTS OF STUDENTHOOD

Every student's journey is like a unique story, woven with dedication, hard work, and a strong desire to succeed. The usual idea of an outstanding student often centers on just one thing: books. Many believe that a good student is only someone who focuses on academics—attending classes, managing projects, studying hard in libraries, and doing extensive research. But this limited view and the high standards we set for 'excellent studenthood' can discourage many potential learners from fully embracing the student experience.

I believe learning can be fun, and the daily routine can be made more interesting by adding different activities. A well-rounded education has many benefits, exposing individuals to the real world. Graduates realize that, along with academic achievements, certain experiences and skills gained early in life enhance their value in the job market.

Apart from studies, I strongly suggest:

1. **Acquiring skills:** Take advantage of short courses offered by the University of Eldoret, like the computer course. In today's fast-changing world, understanding computers is essential, and the sooner you equip yourself, the better prepared you'll be for the future.
2. **Associations:** Get involved in clubs and groups. The student journey can be tough, but being part of a supportive group makes challenges more manageable. Lifelong friendships and connections can be forged during these times.
3. **Leadership:** Don't be afraid to take on leadership roles. Leadership is not just for some; with enough training, anyone can lead. The rewards and fulfillment that come with leadership are valuable experiences that can open doors in your future career.
4. **Leisure time:** While being a student involves discipline and hard work, it's crucial to unwind and explore. Engaging in leisure activities refreshes us, making us more eager to get back to our active lives. Cherish experiences like hikes or outings—they are not only memorable but also essential for maintaining balance and well-being.

Remember, every student's experience is different. Student life doesn't have to be stressful. While achieving academic goals is crucial, incorporating other elements from your surroundings can make the adventure exciting. By taking these actions, you can ensure that you realize your full potential and are ready for what lies ahead.

by **Darlene Kayeli.**

Student Article

FLAMED BY KNOWLEDGE

Many years ago, our cries echoed in our villages and hospital wards—a promise of a new world, bringing hope to our families, a hope to lift them from poverty. Our mothers persevered, nurturing and raising us, preparing us to nourish our minds with the wisdom imparted by our teachers. From the early days to the completion of our O level, we find ourselves now at the flame of knowledge, ready to grasp the degrees that symbolize our long-awaited aspirations.

Keep the flame burning.

This journey is filled with challenges, each obstacle shaping us into resilient individuals poised for success. Skipped meals, heartbreaks, and fee shortages are just a few trials comrades endure, toughening us for the unpredictable and demanding world ahead.

Keep the flame burning.

The degree we strive for will be our ultimate victory, the knowledge kindled within us over four years becoming a transformative force. We'll emerge as professionals in various fields, even in an unpredictable job market. Don't lose hope; let the acquired knowledge empower us to think creatively and generate opportunities to improve our country.

May the connections and unity we've forged serve us well—a network of individuals from diverse parts of the country, representing various communities and cultures.

Keep the flame burning.

by **Danford Oguta**

Student Article

THE PRESSURE OF MAKING IT IN LIFE

Do you ever find yourself drowning in a sea of tasks, unsure where to begin? The weight of others' expectations and the disappointment in your progress can feel overwhelming. Philosopher Thomas Carlyle once said, "No pressure, no diamonds," suggesting that in the right doses, pressure can spark motivation and achievement. However, finding the elusive "sweet spot" between too little and too much pressure is key. But where does this pressure originate?

There are internal pressures, self-imposed and driven by doubts about meeting expectations. On the flip side, external pressures come from circumstances or people around you. A micromanager or a heavy workload can add to the strain. Balancing these pressures is crucial for maintaining a healthy work-life equilibrium.

The toll of excessive pressure can lead to dissatisfaction, deteriorating work quality, and, in extreme cases, burnout. Psychologists Yerkes and Dodson found that while pressure can boost performance, excessive amounts lead to the opposite effect. It's crucial to distinguish pressure from stress, as the former can be a positive force when managed effectively.

So, how can you not only cope but thrive under pressure?

Maintaining a sensible lifestyle is a foundation – regular exercise, moderate alcohol consumption, a healthy diet, and ample sleep. Yet, proactive responses to pressure are equally vital. Take charge of the situation, understand your influences, manage your response, stay organized, boost self-belief, work on self-control, energize yourself, and don't hesitate to seek help.

Remember, pressure is an opportunity to shine and grow. By responding positively and confidently, you can move beyond mere coping and truly thrive under pressure, unleashing your full potential.

by **Griffin Barasa**

Student Article

GENDER MAINSTREAMING

In everyday life, people are talking more about gender. This is because after looking closely at the issue, we've noticed differences between how men and women are treated. Often, women don't get the same opportunities as men, like jobs or fair pay for the same work. This creates a gap in how much money men and women make, which can lead to women having less money and struggling financially.

Women and girls also face more violence, like domestic abuse or forced marriages. Some communities even force girls to have Female Genital Mutilation (FGM), which is against their rights and makes them feel sad and disrespected. Women also don't have as many chances to be leaders in places like government or business. This happens because they're not given the same chances to make decisions and show their skills.

Another problem is that men often get promoted more at work than women, because people think men are better suited for certain jobs. Women also don't always feel safe at work or in public places, because they can be harassed without any consequences for the people doing the harassing.

In schools, girls are often left out of subjects like Science or Math, which can make them feel less confident. This happens because society has certain ideas about how men and women should act, which can limit what girls feel they can do.

To make things better, everyone should have the same access to education, regardless of their gender. Women should also have more opportunities at work, and resources like jobs and promotions should be shared equally. The government is working to make things fairer too, by making sure that both men and women have a say in decisions that affect them. This helps create a society where everyone is treated equally, regardless of their gender.

By Bonita Wanyama

Student Article

MAADILI NA MAISHA YA VIJANA KATIKA VYUO VIKUU

Kukiuka maadili ni vitendo au tabia ambavyo vinakiuka au kudharau kanuni au maadili yanayokubalika katika jamii au taasisi fulani. Huenda ikajumuisha kufanya mambo yaliyoharamishwa au yasiyofaa kulingana na viwango vya maadili vinavyotambulika. Katika vyuo vikuu, ukengeushi wa maadili unaweza kuwa na madhara mengi kwa vijana. Kwanza kabisa, inaweza kusababisha kupoteza uaminifu na uwajibikaji miongoni mwa wanafunzi, wakiona kuwa ni kawaida kufanya udanganyifu au kukiuka sheria na kanuni. Hii inaweza kuwaathiri katika siku zijazo kwa sababu wanaweza kushindwa kupata ujuzi wa kweli. Shinikizo la kiakili na kiemosheni linaweza kutokea, wakijisikia hatia au wasiwasi kuhusu tabia zao.

Hii inaweza kuchangia mawazo ya kihisia na hata kusababisha maswala ya kiafya. Vijana walio na mmomonyoko wa maadili wanaweza kuathiri sana soko la kazi kwa kukosa fursa nzuri za ajira. Kwa hiyo, ni muhimu kwa taasisi za elimu na jamii kwa ujumla kuchukua hatua za kukabiliana na ukengeushi wa maadili ili kulinda maadili ya vijana na kuhakikisha maendeleo yao ya kielimu na kijamii.

by Collins Kimutai

Student Article

NANI WA KULAUMU?

Lawama ni kitu cha kawaida sana katika maisha yetu. Mara nyingi, tunahisi haja ya kumlaumu mtu mwingine tunapokabiliwa na matatizo au changamoto. Hii ni sawa na jinsi Adamu na Hawa walivyomlaumu nyoka kwa kula tunda lililowekwa kwenye bustani ya Edeni. Lawama huzuka katika familia, shuleni, kazini, na hata katika dini. Kwa mfano, familia zinaweza kumlaumu mzazi kwa kufanya maamuzi yasiyofaa au walimu kwa kutofundisha vizuri.

Katika dini, watu wanaweza kumlaumu kiongozi wa kidini au waumini wenzao. Hata katika siasa, lawama hutokea sana, haswa wakati viongozi wanaposhindwa kutekeleza ahadi zao. Hata hivyo, ni muhimu kutambua kwamba kulaumu hakuwi na manufaa mengi. Badala yake, tunapaswa kutafuta suluhisho la matatizo yanayotukabili ili kuondoa lawama na kuleta mabadiliko chanya katika jamii yetu.

by Onyango Ochieng Felix

Student Article

EMBRACING CULTURAL DIVERSITY

Imagine a world where every person is a unique color in a vibrant tapestry of human existence. That's the beauty of culture—it shapes who we are, how we connect with others, and adds flavor to our lives. Universities, like bright beacons of knowledge, play a vital role in celebrating this rich diversity. Think of culture as a treasure chest waiting to be opened—a treasure chest filled with the richness of traditions, beliefs, and customs from all corners of the globe. It's about recognizing and appreciating the differences that make each culture special.

So why is it important to embrace cultural diversity? Well, for starters, it's like having a buffet of ideas, perspectives, and solutions at our fingertips. Each culture brings something unique to the table, enriching our collective experience. But it's not just about acknowledging differences; it's about respecting and valuing them. Whether it's language, art, or customs, every cultural expression deserves validation and celebration.

In the world of education, cultural diversity is like adding spice to a dish—it makes learning dynamic and exciting. By exposing students to different cultures, we not only broaden their horizons but also help them grow into confident, well-rounded individuals ready to thrive in a globalized world. So let's remember, cultural diversity isn't just about tolerance—it's about embracing the beautiful symphony of humanity, where every culture adds its unique melody to the song of life.

by **Mercy Chebet**

Student Article

OUR TOMORROW'S SHAME

In the year 2150, I, at the age of 110, find myself reflecting on the state of our world. They call me a remnant, for there are few left who have lived as long as I have. Sitting indoors with my 12-year-old grandson, I feel a pang of shame as he asks me about the "big five" animals that once roamed our Earth. I struggle to find an answer, for the world I knew is now a distant memory.

I remember the majestic elephant, the noble rhino, the powerful buffalo, the fierce lion, and the elusive leopard. These creatures were once the pride of our biodiverse world, but now they are mere legends, lost to the ravages of time and human neglect. As a retired professor of Environment, I cannot help but feel responsible for this loss.

Our environment deteriorated, deserts spreading like a cancer across the globe, leading to the extinction of countless species. We implemented environmental education in our institutions, but we failed to educate the broader community. We treated it as a subject, not as a global imperative.

As I grapple with my own guilt, I am filled with hope. I know that it is not too late to make a difference. I reach out to Mr. Sustainable, a leader in our country, and share my ideas for restoring our environment. He shares my concerns and agrees that universities must lead the way in creating positive change.

Together, we vow to invest in environmental clubs and ensure that students engage in community activities like tree planting. We recognize the power of education and the influence of intellectuals in society. It is our duty to be agents of change, to heal the wounds of our past and create a brighter future for generations to come.

by **Harington Aganda**

Student Article

DON'T QUIT

Sometimes we feel like giving up; of course we all do. Some do so willingly, others unwillingly while others are forced to. There's one thing that we should keep in mind; there is no need to hurry. No need to sparkle. No need to be anybody but oneself. There is no gate, no lock, no bolt that you can set upon the freedom of your mind. You are the captain of your soul. You control everything around you. Learn to be alone, don't be defined by anyone around you. A solitary mind is the best; so they say.

One thing about relying on yourself is the peace of mind that you normally get at the end. The hope, the independence and most importantly, the genuine success.

Avoid shortcuts, but when they are good; take them. Don't even try to procrastinate, DON'T. It's either you win now or win later. There is no room for failures. If you won't make it, your child will. If your child won't make it, your sibling's child will. Success is cycle, when one wins, we all do.

Don't give up though the pace seems slow, you may succeed with another blow.

by Duncan Okwemba



Gallery: Cultural Week





Gallery: Cultural Week





Gallery: Cultural Week





Gallery: Cultural Week





Gallery: Cultural Week



THE FLAME

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WHY STUDY AT UOE

AMPLE ENVIRONMENT

The University of Eldoret (UoE) is situated off-town, providing a conducive environment for high-quality training, research, and innovation for students.

ADEQUATE SECURITY

The university has implemented measures and deployed personnel to safeguard school resources and students, minimizing the risk of loss or harm.

ADEQUATE RESOURCES

UoE is well-equipped with sufficient lecture halls, a library, a health clinic, computer laboratories, and lecture parlors to cater to the needs of its students.

ACCELERATED COMPLETION OF STUDIES

UoE ensures the timely completion of studies. Teaching and learning activities are conducted through various modes, including blended learning, to facilitate efficient progress.

QUALITY EDUCATION

Teaching is conducted by highly qualified academic staff who utilize digital resources to provide students with the best learning experiences.

NURTURING TALENTS

The university provides opportunities for all students to discover their talents through various activities and programs.

FOCUS ON TOP-RANKED SUBJECTS

The University is dedicated to offering academic programs that are relevant and have practical applications to meet the evolving needs of the environment, aligning with Vision 2030 and sustainable development goals.

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